

Zara & Mika

Kwebempera Empinduka
Nungyi omu Kyaanga Kyaabo

Rehmah Kasule



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Ebiri omu kitabo eki nibibaasa kutagaruka kushoohozibwa, kwookyibwamu nari kurabibwamu haba hatariho okweikiriziibwa kw'omubuhandiikye kuruga ow'omuhandiiki waakyo nari ow'akishohoize.

Tihariho embeera yona erireteera okujunanwa nari okwomeserezibwa omu biraagiho ahari ogwo owashohoize nari owahandikire ekitaabo eki, kuhakubaho okusisikarirwa, enkaitisi, nari okufeerwa sente ahabw'amakuru agari omukitabo eki kabiibe ebya butunu nari nari ebitarikurebekyeraho.

Okumanyisibwa Kw'ebiragiho:

Torikubaasa kukihinduramu, kukigaba, kukiguza, kukikozesa, kukyeihamu ebigambo n'obu kyaakuba omukicweeka kyaakyo otaikirizeibwe Rehmah Kasule nari aba Mastercard Foundation.

Maanya ebi:

Nomanyisibwa ngu ebiri omukihandiiko eki bigyendereire okushomesa hamwe n'okushememeza kwoonka. Tukoziire ekirikubaasika kureeta amakuru gahikire, agariho hati, agarikwesiigwa kandi agaijweire. Tihariho kuhamizibwa kw'okugarurirwaho okw'omuringo gwoona okuteirweho. Abarakishome mumanye ngu omuhandiiki waakyo tihaine kyoona eki ariyo nakora kuhabura omu biragiho, ebya sente, amagara nari eby'obuhangu. Ebiri omukitabo eki byehirwe ahantu haingi. Nahabw'ekyo yehabuze aha muhangu oikiriziibwe obwo otakateire omunkora ebihandikirwe omukitabo eki. Washoma ekitabo eki, nooba w'eikiriza ngu omuhandiiki waakyo naba atarikukwatwaho omu muringo gwoona ku wakufeerwa nari okarabanamu bwanyima y'okukozesa amakuru nari ebihandikirwe omukitabo eki, obarairemu baitu zitari enshobi zoonka, okugira ebyaburaamu nari okubamu ebitatereire kurungi.

Kikahandiikwa kandi kyashohorezibwa omu'eihanga rya Uganda.

Okuhayo

Nituhereeza ekitabo eki abaana boona omunsi yona. Twiine amatsiko ngu ku murakishome, nimuza kugarukwamu amaani kandi mugire ebi mwata omunkora mube neimwe mwajunanizibwa amagara ganyu kandi mwebembere empinduka omu byaanga byanyu. Ensi neyenteenga kuhurira ebirikubakwataho, ebikwatiraine n'okutiina okumwiine, obumanzi, amatsiko hamwe n'ebimuteireho omutima kuhikiriza. Mugambe, e'iraka ryaanyu nirikuru!

Okusiima – Amaani gaitu

Okuhandiika hamwe n'okushohooza ekitabo nikweteenga amaani gahamwe narishi tiimu. N'obu ndaabe naretsire ekiteiso kirungi, nkaba ninyeteenga tiimu y'abantu kureeba ngu ekiteiso ekyo kyarugamu ekintu kyabaho. Ninsiima munonga tiimu eyanshagikiire kimwe obu nabaire nintebeekanisa ekitabo eki. Okusiima kw'omutaano nikuza ow'abacencuzi bebembirwe Pheona Nakishero na Zura Nakiwoga Mukasa. Omugaitisi w'ebigambo nebishushani hamwe n'omutebenkaniisa w'endebeeka y'ekitabo, mwebare kuboneza ekitabo hamwe n'okuhikiriza ebiteiso byangye. Abandi ninsiima abaana abahangahangyi Asra, Amaal na Rahma abashagikire omweshongozi waitu w'enyonyoozi eri kwimuka kandi omukozi w'emigane Kauthar Lukwanzi.

Ninsiima ntaine bugarukiro abaana omu'eihanga ryona ababagaine naitwe ebirikubakwataho. Ebirikubakwataho biriyo nibhindukamu amashomo g'amaani agaraije kuhamya abandi baana omunsi yona. Nabwo hoonna ninsiima abazaire abyemeriire n'abaana baabo kugira ngu batugambire ebirikubakwataho. Mwebare mweena ahabw'okwehayo.

Omutebekaniisa w'endebeeka yakyo ni: Davis Bamwine

Omugaitisi w'ebigambo nebishushani ni: Patricia Businge

Ebiri Kukwata Ahari Mastercard Foundation

Mastercard Foundation neekora n'ebitongore birikuranzya hare kuhweera abantu bato omu Africa hamwe n'abantu ba kashangirwe b'omuri Canada kugira ngu batungye emirimo emirimo mirungi kandi erikumara. N'emwe aha bitongore ebirikukirayo obuhango ebiri ahamusingye gw'abantu buntu omunsi yona ekyeine ekigyendererwa ky'okweinegyeza okweega hamwe n'empiiha kuhika boona kwenda kuhangaho oburinganiza omunsi. Mastercard ekatandiika Ekitongore narishi Foundation omugwa 2006 nk'ekitongore kitarikugweera orubaju kandi kyeine orukiiko orurikukuriira hamwe n'bebembezi baakyo.

Ekitongore kiriyo nikita omunkora hururu y'okumanyisa muranga ahabya COVID-19 omumwaka 2021 obu oburemeezi bwayo aha bantu, amaka hamwe n'ebyanganga bukanyire kimwe omumahanga ga Africa. Hururu agi erikuteibwa omunkora omuri Ghana, Kenya, Nigeria, Uganda, Senegal, Rwanda na Ethiopia, nehereeza abantu bato omugisha gw'okubagana emigane yaabo ekwatiraine n'okugumisiriza, okuhangahangaho hamwe n'obwanyekundaire omunteekateeka empango y'okurwanisa COVID-19. Ebiri kukorwa byeine omutwe ogurikugira ngu yeriinde, rinda eka yaawe, rinda ekyaanga, nokuhamya ekyeteengo kya buri muntu kutwara obujunanzibwa ahansi y'engamba eri ahakadaara narishi haashitaag #KiriAhariEitwe.

Kumanya ebyakiraho ebikwatiraine n'ekitongore, tayayira omukutu <https://mastercardfdn.org/>; kwenda ngu omanyeye byingi ahabikwatiraine n'oku abantu bato omu Africa barikugumisiriza omumagingo gendwara egi, tayayira: www.covidhqafrika.com



Obutumwa Kuruga aha Muhandiiki

Rehmah Kasule

Abaana Abakundwa,

Taata akafa obu nabaire nkiri muto, kandi amagara ga kaguma munonga, baitu eka yangye terahanikire! Maama akatutamu omutima gw'okumanya omugasho oguri omu kweega. Nka bamwe omuri'eimwe, nkazaarwa ndi omwaishikiyi w'omukyaaro, baitu tindahindikiremu omukazi w'ekyaaro ahabwokuba nkatunga omugisha gw'okutunga obwegyetse.

Omu'eishomero ryangye ry'omukyaroy, tukaba tutaine bitabo. Kunahikire omu siiniya, banywani bangye bakanyanjuriira ensi y'ebitabo, kandi amagara gangye gakahinduka ebiro byoona! Kuraba omukushoma, nkaihamu obwengye, nk'ombeka okweikirizamu, nkantandika kuroota ebihango kandi amatsiko gakakurira omunda omurinye. Nahabw'ekyo nkakora n'amaani kandi nkatunga diiguri ey'ekika ky'okubanza omumishomo yangye ya Yuniivasite.

Nkaba nyine emyaka 24 yoonka y'obukuru obu natandikire emirimo yangye y'okuguza ebintu kandi bwanyima nkatandika ekitongore kitari kya gavuumenti ekjirikweetwa CEDA Yintanashoonoro. Ninshomeesa abaana nk'eimwe kwejumbura mukamanya e'kimuri, kwesiimisa ahumurikuruga, kandi mukaroota ahu murikwenda kuza. Nabwo ninshagika abaana kutunga obwegyetse bw'omutindo kwenda ngu babe abebembezi ba nyentsya kandi abatandiki b'emirimo.

Buri'eizooba, ninyijutsya bahara bangye babiri ngu k'orikuroota, n'ohikiriiza kandi tihariho ekirooto ngu kyo nkihango ekirengaine. Nyowe, ekirooto kyangye ky'obwaana kukaba kuri kushomera omu Harvard Yuniivasite ey'omuri America. Emyaka mikye eyenyima, Nkahikiriza ekirooto ekyo obu naayetsirwe kuza kushomerayo kumara emyaka ebiri ebikwatiraine n'obwebembezi obw'ahaiguru obwo amaani ndikugata aha bwegyetse hamwe na nyentsya y'emirimo omu Africa.

Eri'eizooba, ndiyo nindeeta eshuura ntsya omu Africa obwo ndikuha abaana amaani gokugamba ebiri kubakwataho kuraba omu bitabo nk'eki. Nyehiireyo kushagika abaana kumanya kushoma, ninyikiriza ngu abashomi nibo bebeembezi!

Obuhabuzi obundikuha abaana hoona ei bari nibwo obu "Oburugo bwaawe tiburikusharamu ahu orikuza, nobaasa kuhindura nyentsya yaawe wataho omutima kandi okaikiriza ngu nikibaasika."



Oburemeezi Bwa COVID-19

Endwaara ya COVID-19 narishi akakooko ka corona, nimbi munonga, eri nka senyiga kandi neyiita. Ekatandika omukweezi kwa 12 omwaka 2019 omuri China, etyo yajanjara omunsi yoono. Amaka hamwe n'ebyaanga bishobeirwe endwaara egyi, ekiragarukyeho tikirikumanywa. N'obu abaana baraabe nibarebwa nkabatari ahakabi kamaani kokukwatwa COVID-19, bateganisiibwe munonga omu mahanga maingi ga Africa.

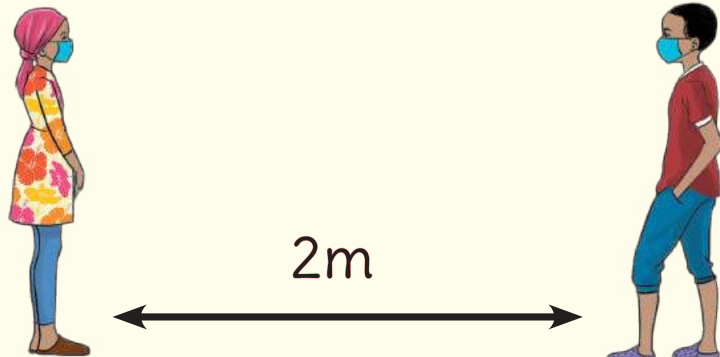
Omu Uganda, abaana bahaansi y'emyaka 14 nibahika ebicweeka 65 ahari 100 by'abantu boona. Kandi kwiha COVID-19 eteera ensi, amashomero maingi gakakingwa. Ekitongore ekirikukora ahabikwatiraine n'abaana ekya *Save the Children*, nikigira ngu abaana abarikhika nk'obukaikuru 100 babaasa kutagaruka omumashomero n'obu endwara egi eriba yahweireho. Oburemeezi obuhango buri omu baana abarikutuura omumyaanya etarimu buhooro nk'omunkambi z'empungi hamwe n'omu byaanga ebya abooro narishi abentatsya nkye. Abaana tibaine ebitabo byokushoma narishi ebikwaato byokubahweera kuguma nibega hamwe nokubagana ebibarikumanya hamwe n'ebibarikurabanamu. Bikye ebiraho tibirikushoborera baana ebibashemereire kumanya kandi tibirikujwekyera ebibarikurabamu hamwe n'amaraka gaabo. Eki kiri haihi kuhinduka!



Jwaara masiiki



Naaba engaro zaawe na sabuuni nari kozesa saanitayiiza



Orekye omwaanya gwa miita ibiri ahagati yaawe n'omuntu okuri haihi

Ebirikukwata aha Kitabo eki

E'iraka ry'Abaana, n'ekitabo kirikugaaniira kandi kirimu emigane narishi ebirikukwata aha baana kuruga hoona omu Uganda obwo nibagamba ahabibarikurabamu omumagingo ga COVID-19.

Ekitabo nikikwata ahabiri omu Uganda kandi nikikutwara aha rugyendo rurikushemeza, nikikworeka eby'okurya, eby'obuhangwa, emituriire y'abantu hamwe n'emitwarize byoona ebirikhindura Uganda eshemeire n'obu hakuba hariho oburemeezi.

Kuraba omukutebya emigane, ekitabo eki nikikumanyisa emiringo y'omugasho eri kukuhweera kwerinda COVID-19 kandi kikihabura oku orikubaasa kubaho kurungi n'obu oraabe otari ahaishomero, kikumanyisa ngu obundi nobaasa n'okufeerwa abantu b'omuka yaawe, hamwe nebindi ebirikureetwa oburemeezi bwa COVID-19. Nooza kweegyera aha migane y'abaana abandi erikugaruramu amaani, okugumisiriza, amatsiko, okweyongyera kumanya, okuta omunkora hamwe n'okubahweera kweega kugira omutima gwokutandikaho emirimo. Ekitabo eki nikiza kuha e'iraka ryaawe amaani kandi kikuhe okumanya, ebiteekyerezo, hamwe n'obwengye ah'abikwatiraine n'oburwaire bwa COVID-19.

Omukitabo eki nabwo harimu eby'okweega nari kuta omunkora ebirimu okusiima, okuteekateka n'obwengye hamwe nokugira emyooga yokumaraho oburemeezi kwenda ngu oyehangaane, obeho kurungi, ogire amagara kandi otuure gye. Ebihandikirwe omu kitabo eki, nibiza kukuhweera kweega hamwe n'okwebembera empinduka omuka yaawe hamwe n'ekyaanga kyaawe. Abaana nabwo nibaza kweega, baate omunkora kandi bahabure banywani baabo, abazaire hamwe n'abantu kuguma nibakuratiira obuhabuzi omukurwaniisa endwara ya COVID-19.

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EBIRIMU

Eky'Okubanza

Eihunga Ryoona
Rihingura

Ekya Kabiri

Okusiima
n'Okuhandiika

Ekya Kashatu

Kumanya Ow'ori

Ekya'Kana

Gaamba, Ei'raka
Ryaawe n'erya
Amaani

Ekya Kataano

Oku Oratuureho
mu Bweire bwa
COVID-19

Ekya Mukaaga

Ebirungi ebi
twetoroire

Ekya Mushaanju

Amatsiko ga
Nyentsya

Ekya Munaana

Amaani Gaitu-
Turi ab'Amaani
munonga Twaguma
Hamwe

Ekya Mweenda

Eimuka Oyakye

Ekya Ikumi

Biite Omunkora

Emigane

Emigane y'abaana
erikuha Amatsiko,
kugaruramu
amaani,
okugumisiriza
hamwe n'okukora

Eby'okukorwa

Ekitabo eki nikiheebwayo nk'ekicoonco ahari

“Oburugo bwaawe tiburikusharamu ahu orikuza. Nobaasa kuhindura nyentsya yaawe wataho omutima kandi okaikiriza ngu nikibaasika.”

Rehmah Kasule



Eky'Okubaanza

Eihunga Ryoona Rihingura

N'orwakatano omwehangwe. Akahooho k'ebitookye biteekyire hamwe n'emboga z'ekyenyanya kitekiirwe omu binyoobwa keijweire omukiyuungu ky'abeeka ya Kego ahu bashutami kurya kyamushana. Akahooho nikaraba omu diriisa y'ekiyungu kagumizamu kahika omuri Nkumba omumihegyeyo y' Entebbe.

"Ebi nibyo by'okurya ebi ndikukirayo kukunda! Nimbaasa kubirya bur'eizooba", Mika owemyaka 11 nikwo yaagira.

"Ebi nibyo byoonka ebi orikuteeka kweiha oyeega kuteeka ebyokurya, Mika. Nyoowe nimbaasa kuteeka oruwoombo runuzire kukiza oru orikuteeka," Zara atyo yamugarukamu. Mika namukira n'omwaka gumwe gwoonka kandi nibakunda kuguma nibahayahayana.



Omukyara Kego ya mweenya obwo ariyo nareeba abaana be. "Reeba, Maama nawe naikirizana naanye. Nakunda emboga ezi ndikuteeka," Mika agarukamu aine okwesiima kw'amaani.

"Yeego nikwo, kandi ni nungyi ahabw'amagara gangye," Omukyara Kego agarukamu.

Ahonaho enkuba yahinda kandi enjura yatandika kugwa obwo neyeshuka ah'ibati ryenju yaabo. Amaizi maingi gayeshuka omu baraza yenyima y'enju, gakora ebyagaana ahansi.

"Sho ku aragarukye omuka naza kutereeza ibaati rirekye kutura," omukyara Kego agamba. Ariyo naitnya kubi arikuburwa omwitsyo n'obu arabe nagamba.

"Maama, ori kurungi? Wagaruka shi wa rwaara?" Mika yabuuza, ayerarikiriire.

"Ingaaha tinkiri murwaire," omukyara Kego agarukamu, "baitu nikibaasa kutwara obwire buraingwa ntakagarukire kuba gye nk'oku nabaire ndi."

Omukyara Kego akakwatwa COVID-19 esande nkye ezihwaire. N'obu arabe yakizire endwara, nahati taine maani. Omushaho akamuhabura kuguma natambatambura kandi na yoota akashana bur'eizooba kwenda ngu agarukye abe kurungi.

Aheru, enjura yakyendeera juba nk'oku yaaba etandikire. Hati eizooba ririyo niryaaka kuraba omumatondo makye genjura agakiriyo.

"Maweenkuru akaba agira ngu eki kikaba kikira kubaho entare yaaba nezaara!" Susan owemyaka mushanju nawe agamba obwo arikurebera omu diriisa. "Maama nitubaasa kuza aheru kwenda ngu otambatamburemu?"

Omukyara Kego amugarukamu ati, "Bwanyima y'okwoozya amasohaani, nitubaasa kuza aheru kandi tutungye n'akashana.



Bwanyima yedakiika nkye, abaana hamwe na nyinabo bashohora nibaraba omu rwiigi orw'enyima nibaruga omunju yaabo eyombeskiise amatafari garikutukura. Batambura bahika ahamuti muhango gw'omuyembe oguri omu mbuga. Abaana bashemereirwe ahabwokuza omukashana. Suzan yakurura akatambara ka Zara ak'omumutwe, batyo batandika kweiruka nibetoroora.

Kubayeyongyerayo, Mika yareeba abaana bamwe nibazanira omukishayi.

Atyo ati "haa timpereera kuzaana omupiira gw'ebigyere na' banywani bangye."

Kwaiha obu gavumeenti ekinga e'ihanga kumara amazooba 42 ahabwa COVID-19, abaana tibakishohora kuruga omumaka.

"Ninkimanya baitu okutsigara omuka nikutuhweera kwemereza okujanjara kwa COVID -19," omukyara Kego yagamba.

"Nitubaasa kuzaana emizaano ku twakuba tutahikaine kandi tukajwaara za masiiki?" Susan yabuuza.

"Shaa! Tinkarebaga omuntu weena orikuzaana omupiira gw'ebigyere obwo ajwaire masiiki," Mika yahakana.

"Obundi shaana tuzaanire omuka," omukyara Kego yabagarukamu.

"Nka eiteeka tiimu yangye niyo erasiingye," Mika ya bagambira.

"Kare nituza kureeba," Zara ya mugarukamu. N'obu Zara arabe atarikukunda omupiira gw'ebigyere, tarikubaasa kureeka kuhayana. Yayegaita ahari mukyara Kego kuhayana na Suzan hamwe na Mika.

Omuzano gwaaba ogw'amaani. Zara yateeba gooro yokubanza, yashamba akapiira n'obwiira bw'amaani. Ngugwo yateeba gooro ya kabiiri.

"Maama, nyiine hoomu waaka y'okukoora," Suzan yagamba omuzano gutakagarukire kutandika.

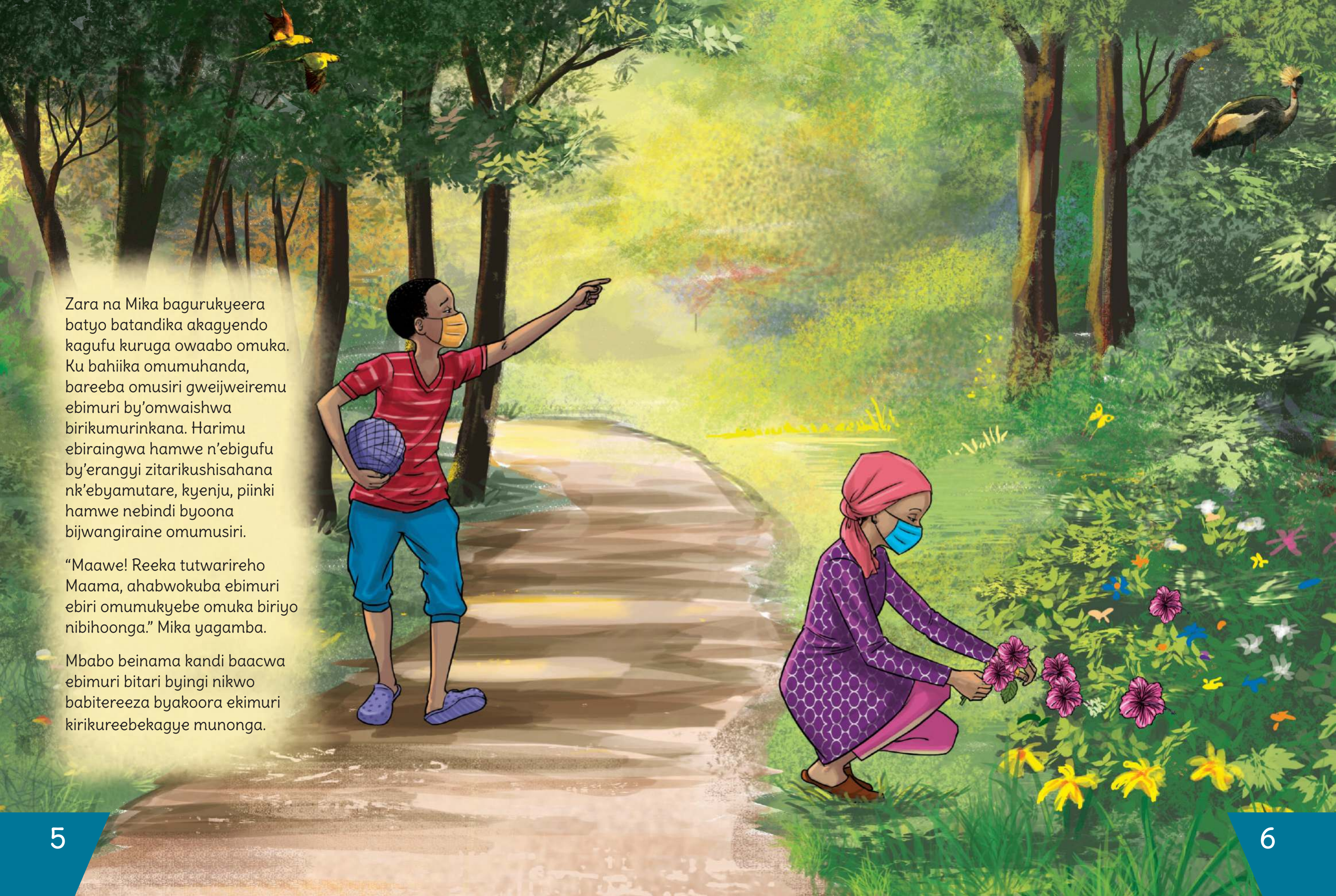
"N'ahabwokuba tiimu yaawe eriyo nesiingwa nari?" Zara yabuuza.

Mukyara Kego yasheka. "Ingaaha, reeka tuze omunda. Okuzaana oku naanye nikuumara."

"Maama, nyowe na Zara nitubaasa kutamburira kuriya omu rukuuto?" Mika yabuza. "Nituza kuramutsya banywani baitu tutabahikire haihi."

"Nituza kuguma tujwaire masiiki zaitu obwaire bwoona," Zara yayongyereraho, obwo naiha masiiki omunshaho yekiteteyi kye kyerangi ya bururu ekirimu ebimuri.

"Nimanya muri abaana b'obujunanizibwa. Baitu mwegyendesereze kandi mwijukye kunaaba engaro zanyu kumuragarukye. Mutoore mugureyo ebijuma kumuraabe nimugaruka omuka," Omukyara Kego yabagambira, obwo arikukwatsa Mika shiringi 5000.



Zara na Mika bagurukyeera batyo batandika akagyendo kagufu kuruga owaabo omuka. Ku bahiika omumuhanda, bareeba omusiri gweijweiremu ebimuri by'omwaishwa birikumurinkana. Harimu ebiraingwa hamwe n'ebigufu by'erangyi zitarikushisahana nk'ebyamutare, kyenju, piinki hamwe nebindi byoona bijwangiraine omumusiri.

“Maawe! Reeka tutwarireho Maama, ahabwokuba ebimuri ebiri omumukyebe omuka biriyo nibihoonga.” Mika yagamba.

Mbabo beinama kandi baacwa ebimuri bitari byingi nikwo babitereeza byakoora ekimuri kirikureebekagye munonga.

Ekya Kabiri



Okusiima n'Okuhandiika

Mika na Zara bacwekanisa orutindo rukye rw'embaho oruri kubahitsya aha kishayi n'okwegyendesereza. Okwo babuganayo banywani ba Mika aba ahaishomero abarimu- Alice, Abdu, na Justin. Baramukanya nibakozesa enkokora nk'oku abazaire baabo na abashomesa baabo baabegyitse kukora kweiha obu COVID-19 etandiika.

"Noyeenda ku'twegaitaho, Mika?" Justin yabuuza.

"Yeego!" Mika yabagarukamu aine amashemerwa.



Aherize obwaire buraingwa atarikureeba banywani be. Kuruga obu nyina arwaara akooko ka corona, bakaba batarikwikirizibwa kushohooro aheru. Boona batwaire nibegyendesereza. Haati aine amashemererwa ahabwokuba yarugaho yahika aheru ogundi murundi kuzaana na banywani be.

"Omwaishiki murungi ogu shi n'oha?" Alice yabuuza.

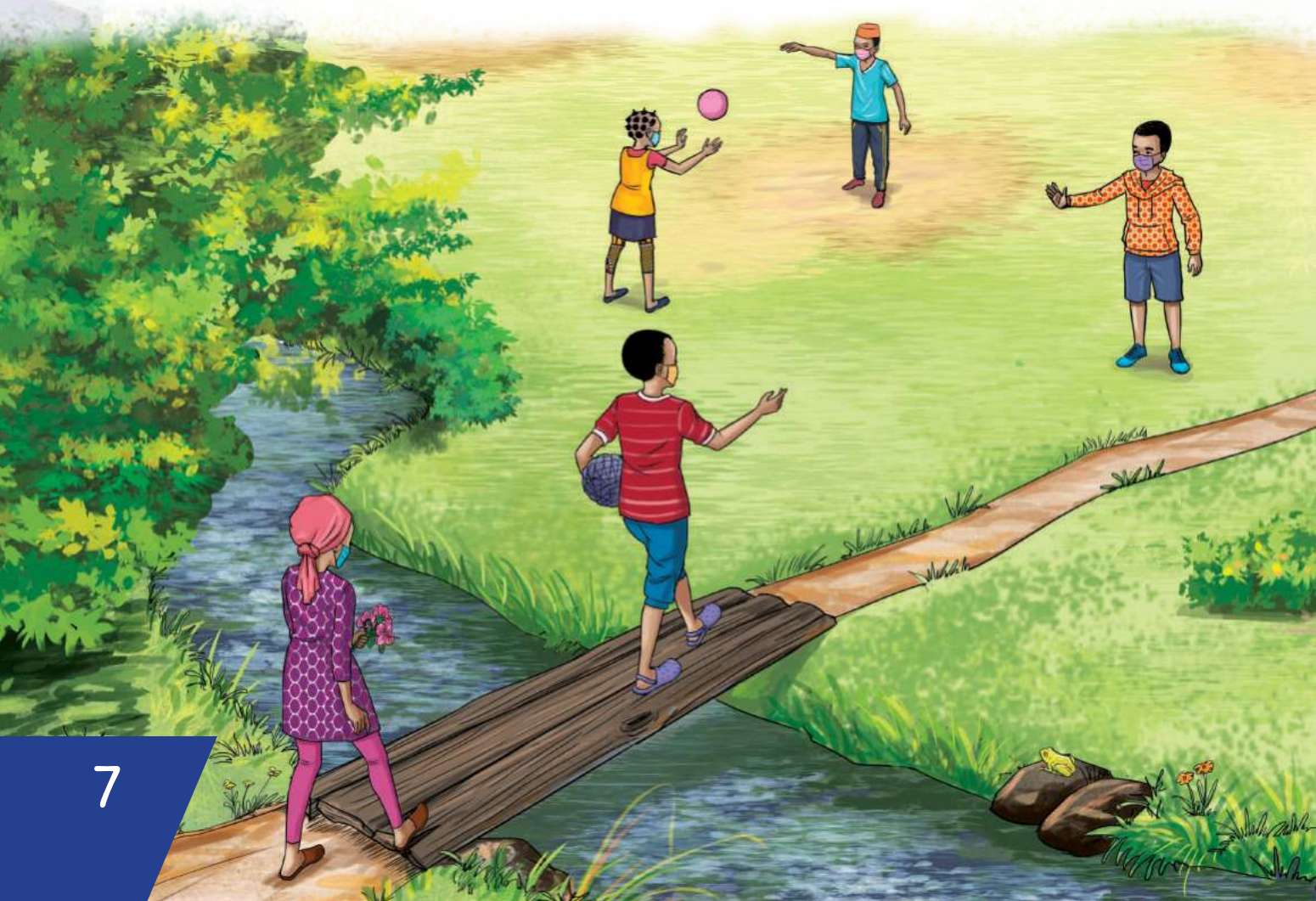
Alice aine emyaka 10 y'obukuru nka Zara Kandi Aine ekihika ky'okukora abanywaani batsya. We Zara akomire omumutwe gwe ekitambara ky'omu mutwe baitu we Alice eishokye rye aritsibire mu ebitutu by'enyabushatu.

"Ogu ni muzaara wangye Zara," Mika yagamba. "Taat'ento na Mawe'ento ku bafiire, abazaire bangyebakareeta Zara owaitu bwanyima y'okuziika."

"Yeego, naijuka. Naashaaha naiwe Zara," Alice atyo agamba.

"Asalam Aleikum, Zara," Abdu amuramutsya.

"Walaikum Salaam," Zara agarukamu.



Bwanyima y'okweyanjurirana, Mika yabuuza banywani be ekibatwiire nibakora nk'oku amashomero gaakingirwe.

"Tihariho ky'amaani, obumwe nimba nimpuriira ntashemereirwe" atyo Alice agamba. Abazaire be tibarikubaasa kumushashurira kushomera aha mukutu gwa kanyabwengye.

"Haza teiwe weenka," Zara amugarukamu. "Nkareeba aha TV ngu miriyooni z'abaana omu Africa tibiari omumashomero kuruga endwaara ya Covid-19 etandika. Abaana abamwe, okukira munonga abari omunkambi z'empungi hamwe n'omu byaaro, tibaine n'ebitabo by'okushoma."

"Nyine okushemererwa ahabw'okuba amashomero nigaza kweigura okweezi okuri kweija," Mika agamba.

"Yeego," Alice aikirizaana nawe. "Hati nu tindayerarikirire ekyokugaruka kushoma P.6 omwaaka ogurikwiiya, baitu kwoonka ntsigaire enyima omu bya hoomu waaka."

Mika atyo agira, "Nyiiine ekiteiso! Nitutunga nootiisi zokushoma kuruga omu kiraasi zaitu ezaha mikutu. Ahabwenki ntarikushaba Maama kuzipuriintingana nikwo tukabagana na Abdu hamwe na Alice, nabo bakakora ebyeishomero?"

"Ahaa! Ekyo nikiza kuba kirungi munonga," Alice agarukamu, "Yebare, twasiima munonga, Mika."

Zara yahinduruura ahamaisho obwo ariyo nateekateeka, atyo agambiira ahaiguru, ati, "Hati murekye tuzaane akazaano ako kusiima!"

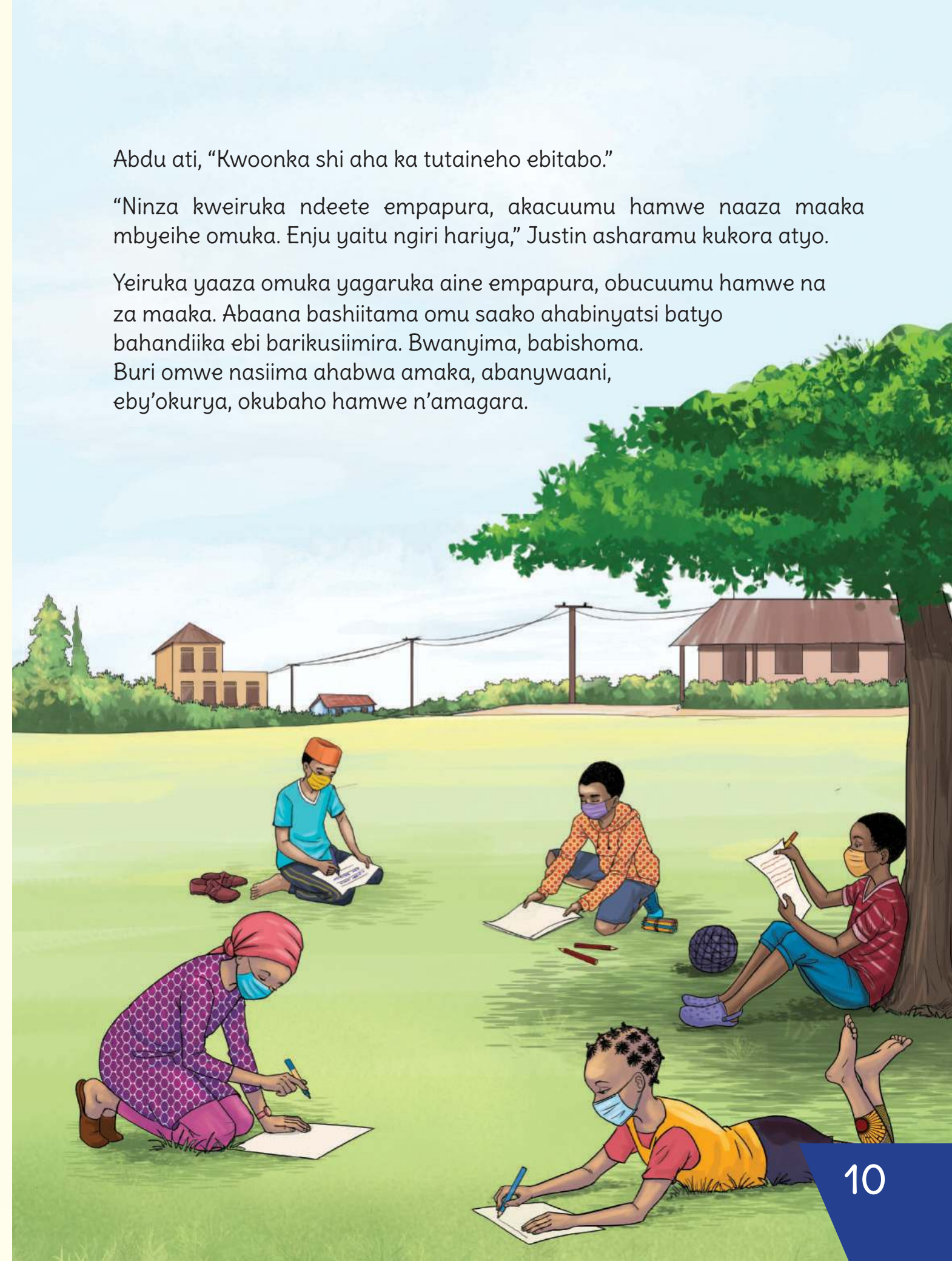
Abdu abuuza, "Ogwo shi ni muzaano ki?"

Zara agarukamu ati, "Maaw'ento Madina akanyegyeesa obu abazaire bangye babaire barwaire. Ngu buri'ezooba, noohandika omukitabo ebintu ikumi ebi orikuhurira nosiima narishi ebyakushemeza.

Abdu ati, "Kwoonka shi aha ka tutaineho ebitabo."

"Ninza kweiruka ndeete empapura, akacuumu hamwe naaza maaka mbyeihe omuka. Enju yaitu ngiri hariya," Justin asharamu kukora atyo.

Yeiruka yaaza omuka yagaruka aine empapura, obucuumu hamwe na za maaka. Abaana bashiitama omu saako ahabinyatsi batyo bahandiika ebi barikusiimira. Bwanyima, babishoma. Buri omwe nasiima ahabwa amaka, abanywaani, eby'okurya, okubaho hamwe n'amagara.





Kumanya Ow'ori

Mika atyo ayemereera omukashana. "Eki kyanyijutsya ekintu kikuru munonga."

Zara atyo amuzaniisa ati, "Kandi nenki, Mika? Gutaba kandi guri gumwe ahari yamigane yaawe erikushetsya!"

"Ingaha, ingaha, ingaha. Murekye tukitekatekyeho kumara. Niinye oha?" Mika ayeta banywani be naabo kweebuza ahakintuekyo nawe. Mika ashoborora ati, "Tukamara obweire turikweebuza ahakintu ekyi obu twabaire turi omu puroguraamu y'okutendeeka bakuru b'abeegi ah'aishomero. Mbweenu Niinye oha?" Mika abuuza.

Abdu ati, "Ekyo nikyeyoreka! Ndi omwoojo."

Zara amweenya. "Nookira ahakuba omwoojo kyoona. Ebirooto byaawe, ebi orikukunda, hamwe n'ahu orikuruga byoona nibikukoramumu omuntu Ow'ori."

Mika ati, "Yeego, omutendeki waitu akagira ngu wamanya ow'ori, notunga eki orikweteenga."

Zara abuuza Mika kubagambira ebi barikukora ku barikweimuka buri kasheeshe. Buri omwe ahindikira Mika kwenda ngu abahabure obwo ari kubakoreeramu ebya "NIINYE OHA?" enkora y'okweyikirizamu. Mika atyo agira ngu noteekwa kureeba omu ndebeerwamu nikwo oyebuuzze ekibuuzo ekyo.

Mika agira ati, "Kozesa amaani mingyi nka agorikukozesa waaba noshagika omuzaano gw'omupiira gw'ebigyere. "Hati, kundaabuuzze nti niinye oha, mweena mugarukyemu," Mika abahabura.



"Niinye oha?" Mika abuuza.

"Ndi enyonyozi," bagarukamu mukono gumwe.

"Niinye oha?"

"Ndi kyampiyooni."

"Niinye oha?"

"Ndi omwebembezi."

"Niinye oha?"


"Ndi omusinguzi."

"Niinye oha?"

"Ndi omwana wa Africa otyariize."

Boona baashemererwa kandi baimutsya emikono ahaiguru babumba entomi.

Mika abagambira ngu, "Waheezza kwegambira ebyo kweyikirizamu, tihariho ekirikukugarura ahansi kyoona.



Obwo akiri hareho, Susan yeija nairuka nabahika haihi arikuruga omuka. Ku yabahika, enkwanzi eziri omu'eishokye rye eririmu ebitsibo bireingwa by'enyabushatu zaguma nizihondana zirikugamba—kirinki, kirinki, kirinki. Taine gaitsya, baitu yagumizamu obwo arikugambira ahaiguru.

"Iwe Mika na Zara, Maama yagira ngu obweire bwokugaruka omuka kumuhweera omu kiyuungu bwahika.

"Kare baayi. Eri ryaaba eizooba ririkushemeza,"

"Yeego, hati nimpurira ndigye kukira oku naaba ndi omukasheeshe keizooba eri. Alice atyo abagambira.

Justin asiibura kandi arundaana empapura ezatsigaraho hamwe n'ekaraamu. "Mwekuume, mutsigaregye, kandi mwijukye ku—" Justin atakaherize kugamba, boona bagambira hamwe ngu, "**Jwaara masiiki yaawe, naaba engaro zaawe kandi orekye omwaanya ahagati yawe hamwe n'abantu abandi.**"





Ku baaba nibatambura nibaza omuka, baraba aha duuka ya Nalongo erikuguza ebijuma. Harimu za karoti, endimu, entangahuuzi, enanaasi, hamwe nebijuma hamwe n'emboga zirikwiragura z'emiringo mingyi. Mika agura oruhagara rw'eminekye.

Omukyara Kego obu yabaire arwaire, bakaba nibakira kumugurira za karoti, entangahuuzi, endimu hamwe n'enanansi omuduuka egi. Kandi nabwo akagura omubazi mwingi omumaduuka gomubazi hamwe n'omumarwariro. Omwe ahari banywani be akamureteera ebishaka by'okweyoteeza.

Mbwenu bakaba batinire munonga buzima. Ekyomugisha, tihariho ondeijo owakwatsirwe akakooko ako. Baakegyendesereza munonga obwo barikuguma nibanaaba omungaro, nibajwaara masiiki, kandi batarikuhikaana.

Bakataho oburyo bwokukoreramu emirimo y'omuka, kwenda ngu omukyara Kego ataguma nayerarikirira ahabw'emirimo egyo.

Bareebera aharubaju rw'omuhanda boda boda ehikire omushabazi erikubaraho nka enjuungu etyo ekatsiga enyima akacuucu. Buri omwe ariyo narahuka kugira ngu atakwaatwa obwaire bwa kafyu shaaha emwe yomwebazyo. Nikwo batandiika kutambura nobwiira.

Kubahika omuka, eizooba ririyo niringarenga kandi omukyara Kego abategyerereize aheru. Batakatahire omunju, yabagambira kunabiira engaro aha taapu eri aheru.

"Tunaabe engaro zaitu kumara obwiire burikwingana buta?" Susan abuuza.

Zara ati, "Kumara habaasa edakiika ibiri,"

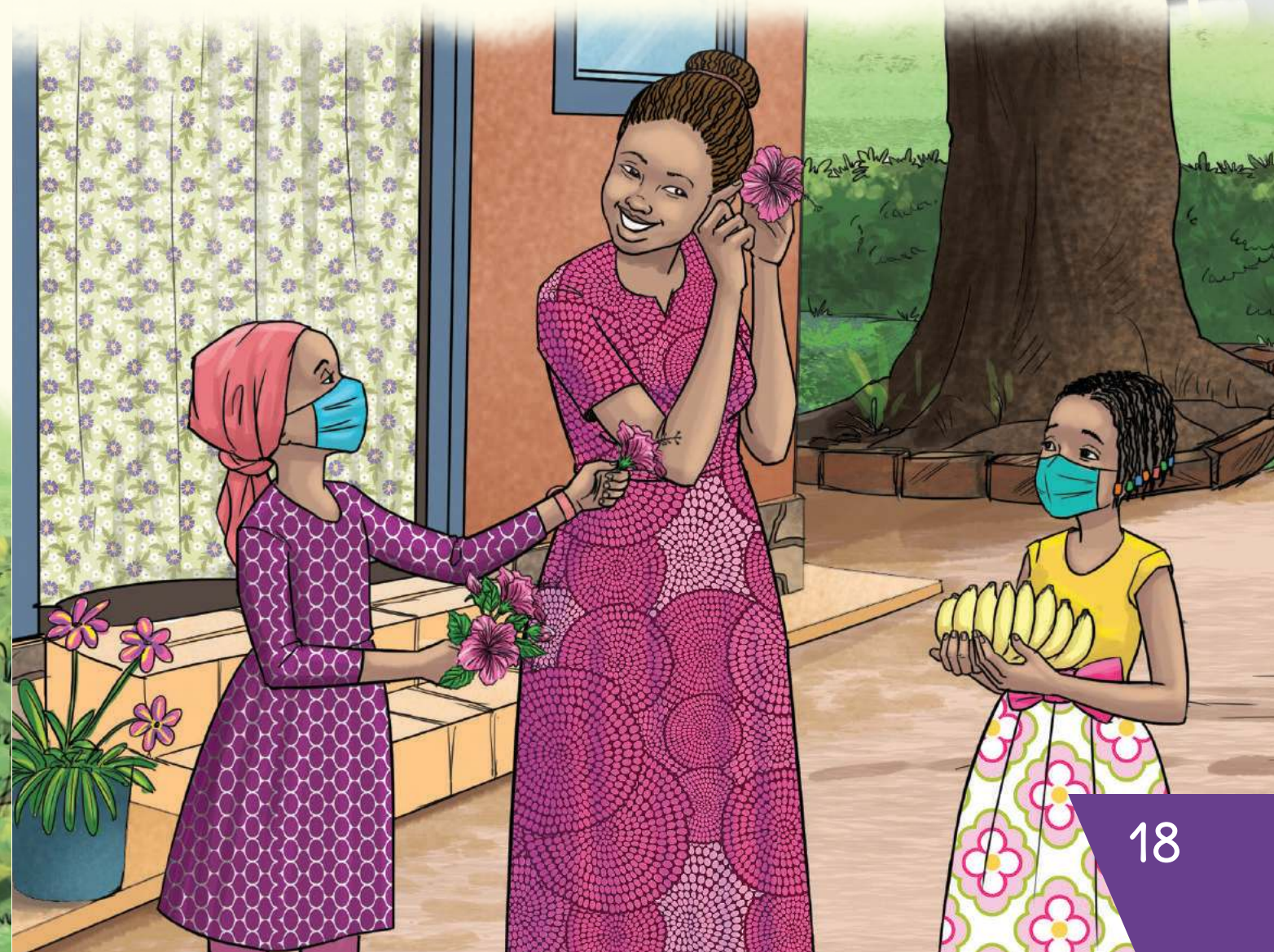
"Nitubaasa kweshongora enyuguta za alifabeeti emirundi etaano mpaaka tuhikize obwiire oburi bwo," Mika ayongyereraho.

Bwanyima y'okunaaba engaro zaabo hamwe n'eminekye, Zara yamukwaatsa ekimuri. Omukyara Kego ebimuri byamushemeza munonga. Yehamu eky'erangi ya piinki yaakita omu eishokye rye kandi yaboreeka okukirikugyenderagye aha kiteteyi kye kya piinki.

Zara yaayozya eminekye yagitwaara omukiyuungu omukiibo ekirikubiikwamu ebijuma.

Zara amweenya, ati, "Maaw'ento hariho ekiri kunuuka gye munonga."

"Ninkimanya. Nabatebekanitsiza ekintu ky'omutaano. Hati, mugyende mwoogye, muhindure ebijwaaro nikwo mweije ahari kyaakiro," Omukyara Kego abagambira.



Ekya Kana



Gaamba, Eiraka Ryawe n'erya Amaani

Ku bataaha omu iriiro, abaana batangaara kushaanga ahameeza eby'okurya bitsya. Neshushana nka chapatti baitu yo nimpango kukiraho kandi eine omubiri mukye.

"Taata, Ebi ni by'okurya ki?" Susan abuzza.

"Egi neyeetwa *Injera* kandi neruga Ethiopia," Omwaami Kego agarukamu.

"Enuzire munonga," Mika yagamba.



Omwaami Kego abuzza, "Nobaasa kuteeba ekindi eki Ethiopia erikumanywaho?"

"Ninkimanya! Omwaani!" Zara agamba. "Nka Uganda, Omwaani nikimwe aha bihingwa ebi Ethiopia erikukirayo kuguza omumahanga agaheru.

"Ohikire, Zara," Omwaami Kego agarukamu n'amatwengye mingyi.

"Tata Mika, tugambire ah'eizooba ryawe ry'okubanza ahamurimo bwanyima ya y'eihanga kwigurwa kuruga omu rokidawuunu," Omukyara Kego agamba. Iba ashoborora mpoora mpoora ku emirimo emingyi ekikingirwe kandi ku omu rurembo harimu abantu bakye bakye.

"Endwara egi etambwiize ensi maguru makye, baitu kwoonka eyongyeire eka yaitu kuhama, Twiine omugisha gwokuriira hamwe tweena." Omwaami Kego yagamba.

Batakagiire omubitanda, Omukyara Kego aijutsya abaana ku akakooko ka Covid-19 nahati kukakiriho nikajanjara. Ngu kandi baaba bagiire ahamashomero, nibateekwa kuguma nibajwaara za masiiki zaabo obwire bwoona.

"Kwooka Taata, kandi abashomesa kubakutugira ngu tujuremu za masiiki zaitu twaaba nitugamba?" Mika abuzza.

"Ekyo kigwiire. Waaba nogaamba, yimutsya omukono gwaawe kyoonka. Boorekye ngu, nobu wakuba ojwiire masiiki, nobaasa kugamba kandi ohuriwe," Omwaami Kego agarukamu.

"Reeka tugyezeemu. Nimbaasa n'okweshongora munonga kandi njwiire masiiki, reeba? Zara agamba kandi atandika n'okweshongora.

“Ninkunda ekyo kyeshongoro. Nikitweijutsya kutatiina, n’obu hakubahoki,” Mika agamba.

“Ohikire Mika. Nikitugaruramu amaani kuguma twine ebigyendererwa byaitu.” Zara ayongyeraho kandi atandika kweshongorera ahaiguru.

Boona batyo begaita ahari Zara omukweshongora batakagiire kubyama.



“Ndi enyonyoozi eriyo n’eimuka,

Tindi w’obutoosha,

Nindoota, yeego Ni ndoota,
Nindoota ahabwokuba ndi
enyonyoozi eriyo n’eimuka.

Mpamiirekimwe,
kureebana n’ebindikutiina,
ngyendereire kuhika
enyonyoozi, haza mpikiriize
amaani g’ebirooto byangye.

Ku orikuroota, nobaasa kuhikiriiza,
kujumbura eki kirikumanyisa kutuura omubusingye
kandi okaimuka kukira n’oku wara kirotsireho
omunda omuri iwe.

Omunda omuri buri mutima,
harimu amaani agari kwaatsya ebiteekateko byaawe,
gakakuhindura okaza omu maani, otyo okahikiriiza
ebirooto byaawe hamwe n’amaani gaabyo.

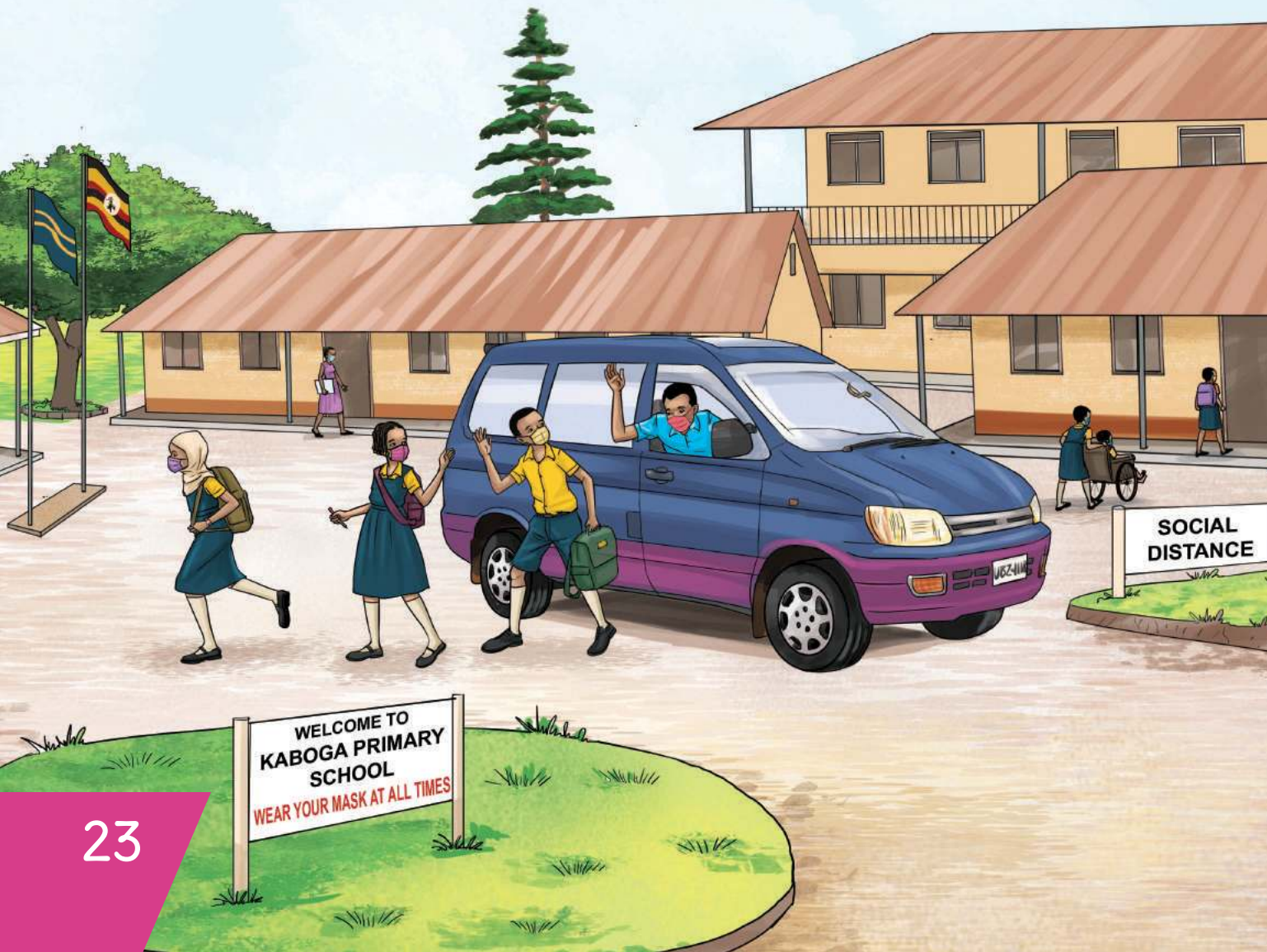


Ekya Kataano



Oku Oratureeho Omubweire bwa Covid-19

Bwanyima y'emyeezi mukaaga abaana batari mumashomero, omwami Kego yatwara abaana ahari Kaboga Primary School kare omukasheshe. Ahamuryango gw'eishomero hariho ebipande hamwe n'omukishayi ebirikweijutsya abantu kujwara za masiiki, kunaaba omungaro hamwe n'okureeka omwanya ahagati yaabo kwenda kurwaniisa okujanjara kwa COVID-19.



Eizooba ry'okubanza ahashomero ryagira embeho n'obufukiriizi, baitu abaana baine amashemererwa g'okugarukayo bwanyima y'okugaruka kuruga omukukiingwaho. Baramukanya baine enshoni baitu batari kukwaatana omungaro kureeka bakozeesa za haayi fayivu hamwe n'okuhondaniisa enkookora. Kubatandiika ebisasayiizi by'akasheeshe, bayemereera batahikaine, batsiga omwanya gwa za miita ahagati ya buri omwe.

Kubaheza kweshongora ekyeshongoro ky'eishomero hamwe n'okushaba, omushomesa, omukyara Akwi, yabaakiira omwai-shomero kandi yabaha amakuru agarikukwata aha ndwara ya COVID-19 hamwe n'okugyerinda. Yabagira ngu berondemu babiri babiri na banywaani baabo, bakwate ebipaande, bakyebere obu bokiisi obuhikire.

Mariam munywani wa Susan munonga, tari haishomero, Susan hati yabura owu arakwatane nawe. "Omushomesa, ahabwenki Mariam ataija ahaishomero ereizooba?" Susan abuuza.

Omushomesa ashoborora ku Mariam ataraije kuba yagaruka ahaishomero. Abeeka yaabo bakakorwa kubi COVID-19. Munyaanya kuyagarukire omuka kuruga ahaishomero ahu yabaire naraara, tibaramanyire ngu akaba aine akakooko ka Corona, nikwo kajanjara kakwaata ab'omuka boona, otairemu ishe, nyina na nyineto. Abandi bo bakakira, baitu we nyina wa Mariam akafa.

"Munyaanya Mariam nateekwa kuba arikwecweera orubanja ahabwo kujanjaza akakooko omuka yaabo," Abdu ayongyereraho.

"Okukwatwa COVID-19 tikirikushwaaza, abantu kubarikutwaza kubi omurwaire wa COVID-19, nayecweera orubanja," omukyara Akwi abagambira.

Abdu abuuza ati, "Nitubaasa tuta kwerinda kutuntuza abarwaire ba COVID-19?"

Omukyara Akwi agarukamu ati, "Twaaba nitumanyiisa abantu amazima aha bya COVID-19 kutari kutiniisa, twagira embabazi kandi tukahweera abarwaire hamwe n'amaka gaabo."

Abaana bairuka baaza omu kibiina. Omukibiina kya Mika, omushomesa abuuza abaana kugamba oku COVID-19 ebateganiise.

Alice abanza. "Ndebiire embeera omuka yahinduka. Omurimo gwa Taata ku gwa kingire, tukaba tutarikubaasa kutunga eby'okurya. Abazaire bangye bakahinduka nabo. Hati, baine ekiniga kandi nibaba nibarwaana buri kaire."

Mika aimutsya omukono ayongyereraho, "Nkareeba amakuru garikworeeka ngu omumahanga maingyi amashomero gakakingwa, kandi abaana bamwe kubagumire omumaka batwaziibwa kubi."

"Yeego, emihondano y'omumaka egiire ahaiguru omumagingo gokukingwaho," omushomesa aikirizana nawe.

Omushomesa ashoboroora ngu abazaire bashemeraire kuba abobujunanizibwa. Abazaire abamwe batwairwe omubihome, kwoonka abaana bingyi tibarikugambira omuntu weena ahabwokuba ni batiina.

"Ekyo nikisaasa munonga. Abaana bashemeraire kugamba!" Zara agamba. "Nyiine ekiteiso. Nitweetenga kuhweera abandi baana kugira ngu beegye kusharamu hamwe n'okwegambiira."

"Ekiteiso ekyo nikirungyi munonga," Alice agamba. "Mukahuriraho ebyabaire ahari Ayitte owa Busia aha mwatano? We akahoona emihondano y'omumaka kandi ariyo nahweera abandi baana omu kyaanga kye, omu Uganda hamwe n'omuri Kenya."



Alice atyo ashomera ab'omu kibiina omugane gwa Ayitte. Nigushemeza munonga, ekide kukyagamba, abaana tibahika nibairuka nk'oku barikukira kukora. Bategyereeza Alice yabanza yaheza kushoma, buri omwe ahurikiize kurungi omugane ogwo.



Ebirungi ebi Twetoroire

Kubagaruka omuka kuruga ahaishomero, bashitama ahameeza kumaririza hoomu waaka hamwe n'okwetegyereeza gye ebi barikuhandiika omu bitabo byaabo. Tikyorobi, baitu bashemezibwa ekyo kugaruka kugira ebyokweega ahaishomero ebyokukora omurundi ogundi.

Bwanyima omumwebazyo, Zara, Mika, na Susan bashitama ahameeza y'okuriiraho, kuzana akazaano k'okuhandiika ebigambo ebikwatiraine na COVID-19. Zara yahandiikamu za ansaa obwo Mika na Susan barikumurunguririza ahamabega. "Hati shi 'Okuzina' kwiine kakwateki nendwara egi?" Susan abuzza, arikworekyereza aha kigambo.

Zara agarukamu ati, "N'omuringo murungi gw'okushemeeza abantu omubiro ebi ebikumire."





Amatsiko ga Nyentsya

Aharwa Mukaaga, amabeho gakasheeshe nigafukiriira kandi ebinyatsi byeine omuroombe gw'enjura egwiire nyekiro. Abeeka ya Kego bashitami hamwe boona omumaisho genju yaabo. Abaana nibareeba omwami Kego arikushooma orupapura rw'amakuru rw'orwamukaaga. Amakuru agari aharupapura orwomumaisho nigakwaata ahaby'omubazi gwokugyeema COVID-19.

"Taat'ento, nobaasa kutugambiira eberikukwaata ahamubazi gw'okugyema COVID-19?" Zara abuuza.

"Ndebiire minisiita w'ebya amagara aha tiivi arikugira ngu omubazi ogwo nigutuubya ahakujanjara kwa COVID-19 kandi gutuubya maani g'obumanyiiso bwaayo," Mika agamba.



"Yeego, Ninyijuka Maama akashemezibwa amazina ga *Jerusalema* agabaire gahangire," Susan agamba. "Shaana niitwe tukore yo amazina agaitu gabe nka agempaka, nka agaitu ag'omu Uganda, nka Amaganda, Dingyi Dingyi, hamwe n'Orunyegye!" Susan ayongyereraho.

Zara atandika ekyeshongoro eki bareije kukozeza omumazina ago. "Kuhikiriza amaani agari omu birooto byangye. Ensi yaaba neetuha ebirungi byaayo, nituza kwemereera tuhamire, abaishikiyi n'aboojo mwaimukye..."

Mika na Susan batandika kutereza oku barabe nibazina, ahonaho, abakuru babegaitamu, bateera omungaro kandi bakwaata akatambi kebishushani byaabo barikuzina. Kubayemerezamu omu kweshongora n'okuzina, Susan yakwaata orupapura rw'erangi ya kacuungwa, yaruta ahameeza. Yatandika kuhandika.

"Nohandiika ki, Susan?" Mika yabuuza obwo naringuririza ahaiguru y'amabeega ge kushomaho.

Susan yabagira ngu bagambeyo ebintu ebirungi eberikugyenda omumaisho omu e'ihanga. Endwaara egi netiniisa, kandi ebintu byiingi bihindukire, baitu kwoonka hariho ebirungi byingyi nabyo eberikugyenda omumaisho ebitwetroire. Omwami n'omukyara Kego nabo bagaita aharupapura kuhika ahurweijuriraho emigane mirungi-abaana bayebakura munonga bari omuka kandi batandiika za bizineesi n'abazaire baabo. Abegyeesa nibashomeseza aha mikutu kandi ebitongore ebimwe biriyo nibihereza abaana abatarikubaasa kuhikwa yintaneeti ebintu by'okushoma hamwe n'okwegyeraho.

Abaana abo bashatu boona bahanika orupapura aha kisiika kandi baruteera ekishushani barikukozeza esimu y'omwami Kego. Eka yona eshomerirwe kandi eine amatsiko obwo baaba nibaza kubyaama ekiro ekyo.

Omwami Kego aimutsya obuso aikirizana nawe, “Mika ahikire.”

“Mbwenu Taata nitubaasa kugyemwa?” Susan abuuza.

Omwami Kego ajunguza omutwe.

“Ti hati. Gavumeenti eriyo negyeezaho kutungira abantu omubazi ogundi, baitu abaana abari ahansi y’emyaka 12 y’obukuru bo tibakabaire abokugutunga,” Abagambira atyo. “Egi niyo nshonga ahabw’enki mushemeraire kwegyendesereza kandi mukakuratira Obuhabuzi bwokurwanisa endwara ya COVID-19 kwenda kuguma muri kurungi.

Omukyara Kego abuzza, “Baana mwe obuhabuzi obwo nibuuha?”

Boona bashatu mukono gumwe, beshongoora, “Naaba omungaro zaawe, Jwara masiiki yaawe kandi reeka omwaanya ahagati yaawe hamwe n’abantu abandi.”

“Kwoonka Taat’ento, hoono omubazi ogu tigwiine akabi?” Zara abuuza, aine okukwatwaho.

“Yeego, Zara,” Omwami Kego agarukamu. “Aba nya saayaansa abakozire omubazi ogu batwiire nibakora n’emibazi endiijo kumara emyaka mingi. Emibazi taine kabi koono.”

“Taata wagyemirwe?” Mika abuzza.

“Yeego,” Omwami Kego agarukamu.

“Kandi shi we Maama?” Mika abuzza.

“Ingaaha. Omushaho akamuhabura kutegyereza kumara emyezi mikye bwanyima ye kukwaatwa akakooko ka corona. Eki nikikorwa kurebeeka ngu omubaazi gwakoragye.

Omwami Kego akubuura orupapura rw’amakuru aza ahu yareeba eby’abaana bihandiikirwe ebya za pazo.

“Mutoore, muronde ekaramu hamwe n’orupapura. Reeba aha hariho ebibuuzo ebikwatiraine n’okugyeema endwara. Ninyenda ndeebe mwaaba nimumanya ebyokugarukamu,” ayongyeraho.

Baatandika kuhandiika obwo omwami Kego arikuguma naabashomera ebibuuzo. Bwanyima yebibuuzo ikumi, bayoreka oku babigarukamu.

Zara arahura Mika, owaahika ebibuuzo mushaanju ahari ikumi. Susan, muto waabo, namanya bikye ebikwatiraine n’okugyema, kwoonka omwami Kego yagananise kwongyera kubamanyisa kubaragarukye omuka omumwebazyo barikuruga omumaduuka kugura ebintu.

Bwanyima y’okwetegyereza ebyo kugyema, abaana obwo bashemereirwe munonga baaza omumotoka kugira ngu ebatwaare omu duuka erikuguza ebitabo. Zara yashitama omumwaanya gwe ogu arikukira kushitama mu omumotoka.

Ishe areeba Susan atashemereirwe ahamaisho atyo amugira ngu omumagara, omuntu tarikubaasa kutunga buri kintu kyoona eki arikuba nayeenda. Abaana bashemereire kuguma nibasiima baaba nibagyendeera omu motoka barikuza ahaishomero, kandi obwo abaana abandi bo barikugyendeera aha bigyere buri’eizooba.



Amaani Gaitu - Turi ab'Amaani Munonga Twaguma Hamwe

Esande nnya yatandiika hariho okushemererwa kwingi. Ahaishomero, Zara na Mika baikirizana kuhweera abaana abandi kukoora hoomu waaka bo hamwe n'omushomesa waabo. Beine ekigyendererwa kyokurundaana ebyokushoma kubihereeza abaana abatarikubaasa kubyetungiira.

"Ekya n'ekiteiso kirungyi!" Omushomesa Akwi abagambira. Yabahiga kukorera hamwe kugira ngu egyi ebe purojeekiiti yaabo y'ebyo kwegyeera ahaishomero ahamuheru gwa taamu.

Okweezi okwakuratsireho, abaana bakora ekibiina bakyeeta "Let Children of Uganda Learn." Abaana bakoreera hamwe kurundana emigane hamwe n'okukora ekitabo kyaayo kuhweera abandi baana kuraba gye omumbeera ya COVID-19. Nabwo nibarundaana ebindi bintu by'okwegyeeramu hamwe n'ebitabo ebikuru kubigabira abaana b'omubyaanga by'eihanga ryoona. Abandi batandikire kukora za masiiki barikukozesa ebintu by'obutoosha. Ekibiina kyoona kyaragarikwamu empapura.

Bwanyima y'ashaaha ibiri nibakora, abaana baaruha baitu bashemereirwe aha bw'omurimo gwaabo oguriyo nigugyenda omumaisho.

"Maawe, eki nikirungi munoonga. Reeba eki twakora. Burikintu kyaboneera," Zara yagamba obwo ashemereirwe, atyo yaayehamura.



Mika yanaanura engaro ze zaziimba bwanyima ye kusharashara hamwe n'okuhandiika munonga. Obwo abaana batandika kupaakira ebintu hamwe n'okuyoonja omwaanya, nikwo bareeba ngu ku baakoreera hamwe baihamu ekintu kihango munonga.

"Ogwo nigweetwa omutiima gwa Ubuntu, ekigambo kirikuruga omu Africa yamashuuma. Nikimanyiisa ngu 'Ndi ahabwokuba turi.' Reeba obuhango bw'ebitwakorera hamwe nka tiimu," omushomesa Akwi abagambira.

"Ekya kyashusha ekigambo ky'Orunyankore Ubuntu, tikwe? Zara abuza.

Omushomesa Akwi aikirizana n'ebigambo bya Zara, kandi agambira abaana kuguma nibamanya omugasho oguri omukukorera hamwe kwombeeka amaka gaabo hamwe n'ebyaanga byaabo.



Okushemererwa kwaabo kwayeyongyera obwo eizooba ryaaba nirihiha haihi. Ah'eizooba ryonyiine, Zara, Mika, na Susan baakyeera kaare munonga omukasheeshe. Bashemereirwe munonga barikuza ahaishomero. Bapakira ama bookisi g'ebitabo by'emigane yaabo, za masiiki, hamwe n'ebindi eby'okushoma babita omu motoka y'omwami Kego ey'erangi ya bururu.

Omwami Kego, Mika, Zara, na Susan batwara za bookisi ezo ahambuga z'abaana omuri Katwe hamwe na Nateete. Abaana abariyo boona bashemereirwe munonga ahabw'okwaakiira ebirabo ebyo, boona bariyo nibazina hamwe n'okweshongora.

Aha rubaju rwa tawuuni orundi, Alice hamwe n'abazaire be batwara za bookisi omuri Nakawa. Abdu hamwe n'abazaire be batwara za bookisi omuri Kawempe.



Abaana ku bahiika ahaishomero, bareeba hahindukire. Embuga eijweiremu motoka na bodaboda, zirikupakuruura enshaho na za bookisi. Baamwe aha baana bariyo nibamaririza kuhuunda ihema, batamu za riboni, enyungu hamwe n'ebimuri.

N'akaire k'amashemererwa ahabwa abaana. Nibamanya ngu nabo nibabaasa kukoraho entaniiso bo nka abantu baitu bakorera hamwe nibakoreerakimwe eby'amaani.



Ekide kyagamba, kandi abaana bayerundana omukishengye ky'emikoro, kutandika okujaguza emikoro y'ishomero. Abazaire, abashomesa hamwe n'abaana nibareeba emizaano. Mika niwe ariyo nagambiriira emikoro. Yatangiriira boona abahikaho kandi yarangiriira ku bagabiire abaan 7000 omw'eihanga ryoon eby'okushomeramu. Abantu boona bateera akari kamashemeerwa kubahuriira amakuru aga.

Mika yayanjura abarabanze kworeeka ebyaabo. Susan yayebembera ebyokworeeka emishoono ya fashooni, yakuratiirwa Zara, Alice, Abu, Justin, hamwe n'abaana abandi. Abaana bayoreeka emishoono eya Uganda hamwe n'eyahandi omu Africa, enshaho hamwe n'ebyokwehuunda. Abantu baboreeka obushagiki obwo abaana baba nibemereera kwetereza hamwe n'okutambura barikutamu obukoryo. Mazima ogu n'omukoro murungi, ogurikushemeza kandi ogutarikuza kweeba.





Eimuka Oyakye

Purojeekiti y'eishomero "Let Children of Uganda Learn" neyoreekwa aha ma Tiivi, aha rediyo, hamwe n'omu mpapura z'amakuru. Zara na Mika bayetwa kujwekyeera purojeekiti yaabo aha'eishengyero rya Uganda, kuhiga abandi baana nabo kukora emirimo yokuhweera ebyaanga byaabo.

Ahabiro 9 byokweezi kwa Mukaaga, e'izooba ry'amamaanzi omu Uganda, Zara na Mika baine ekihiika, bariyo nibakyeberwa abebyokwerinda kandi bayakiira ebipaapura by'okubarabyaho kuza kushitama ahu abakuru bari omu eishengyero. Bwanyima y'okugamba ebyaabo, Zara na Mika baatereerwa engaro z'amaani. Sipiika w'eishengyero yabaha emidaari yokusiima obumaanzi bwaabo, obuhereza hamwe n'omuganda ogubataire aha bwegyeese bw'abaana. Emidaari nimihango ekozirwe omubyooma byekuringirire kandi bagijwaara omubitsya byaabo obwo hateirwemu naza riboni.

Kubagaruka omuka, Zara na Mika bagaburirwa ekihuuro ky'omutaano kandi abazaire baabo baabaha ebirabo ahabw'okukora kurungyi omukureeta empinduka nungi omumagara g'abaana ba Uganda.

Bwanyima y'omwaka gumwe, Zara na Mika bayeetwa kuza omurukiiko rw'Ekigombe eky'Amahanga Ageteraine orurikubaho kutandika omukweezi kwa Mweenda ahambuga z'Ekigombe ekyo omuri New York omu America.

Kurugira kimwe owaabo omuka omuri Nkumba, abaana abo batura nibeegomba enyonyi kubabaire bazireeba nizigwa ahakishayi kyazo eky' Entebbe. Mika aine ekirooto kyokuba omuvugi w'enyonyi, kuzigurutsya zirikuza ahakishayi kyaazo hamwe na zaaba nizerugaho. Burikuza kusheesha kugira ngu batandikye orugyendo rwaabo, Mika na Zara tibaabaasa kubyama. Bariyo nibateekateka aha murundi gwabo gw'okubanza kugyendera omunyonyi. E'izooba eryakuratsireho, bashemererwa munonga barikutemba enyonyi obwo bashendekyerezeibwe omwami Kego.

Zara yamweenya arikwesiba orukoba rw'omuntebe. Yareebera omu diriisa kandi areeba enyanja ya Victoria erikuburirayo obu enyonyi yaaba neyeyongyera ahaiguru omumwaanya.



Omurukiiko rw'Ekigombe ky'Amahanga Ageteraine, amaisho gatairwe ahabaana ba Uganda obwo barikugambira omumaisho g'abebembezi b'amahanga. Hariho abantu baingi munonga omukishengye ky'enkiiko abariyo nibabareeba. Abantu abandi bariyo nibabarebeera aha mikutu obwo bari omumahanga gaabo.

Zara yagamba omugane murungyi munonga, gurimu ebigambo birikwongyera abaana amaani kumanya eki baari, kweyikirizamu, kugira ebirooto bihango kandi hamwe n'amatsiko ga nyentsya.

"Eimuka kandi Oyakye n'okweyesiga

Eiraka ryaawe ryaba niryeteengwa kuhurirwa

Ahabwokuba ensigo z'amatsiko ziri omunda omuri ryo

Kandi omuri ryo, nooza kweimuka n'amaani hamwe n'obumanzi

Guma oreebe obureemezi nk'aidara rikye eririkukutwara omukukura

Nooza kw'eimuka nk'eizooba

Nooza kwaaka obutweire bwoona,

Ahabwokuba tihariho nshonga

Na siizoni y'enyonyoozi zomutaano nk'eimwe

Eimuka kandi oyakye

Hamiraho, otabirugaho kandi ogumisirize.

Mika obwo ahamiire kimwe, yatandika orubazo rwe rwokumaririra. "Turi abebembezi b'eri eizooba. Itwe, abaana ba Africa, nituteekwa kukoreera hamwe kandi tugire eiraka rimwe. Reeka tweraganiise kuhereza hamwe n'okwebembera empinduka omu byaanga byaitu. Murekye tweikirizemu haza tugyende twesimiise Africa yaitu. Naitwe mureembe ogu ensi ebair eategyereize. Ijuka ngu, wagyenda weenka, nogyenda juba, Baitu wagyenda n'abandi, nohika hare."





Biite Omunkora

Ku haaba nihaburayo eizooba riimwe bakarugayo, Zara na Mika babugana abaana abandi aheru yekyombeeko ky'Ekigombe ky'Amahanga Ageteraine kweteza ebishushani nabo. Baijutsyana kuguma nibekuuma, kunaaba omungaro, kujwaara za masiiki hamwe nokuguma nibareeka omwanya ahagati yaabo n'abantu abandi.

Mika yahiga abaana aberundaine kuruga omunsi yona kugarukamu ekishakuzo eki:

“Hakaba hariho ebinyonyi bishatu aha waaya y'amashanyarazi; bibiri byasharamu ngu bigurukye birugyeho. Mbwenu hakatsigaraho bingahe?”

Abaana bagrukamu ebitarikushushana kandi baaha enshonga zitari kushishana, baitu okugarukamu okuhikire kuri ngu: Ebinyonyi byoona bikagumaho. Ahabwokuba ebinyonyi biriya bibiri bikasharamu kuguruka kwoonka tibirakiteire omunkora. Bikaba byaine ekiteiso kirungi kwoonka tihaine kibyakikozireho.

Eki turi kweega omu er'iezooba hamwe na nyentsya, kiri ngu: **Biite omunkora!** Otateekateka ahakintu kwoonka, kikore! Ba ekicweeka omumpinduka. Gamba kandi Gambira ahaiguru. Eiraka ryaawe hamwe n'omugane gwaawe nibikuru.

Kandi eky'ahamuheru, guma oyeyikirizemu, guumya ebirooto, giira emitekatekyere mirungyi, korerahamwe n'abandi, kandi kiizayo kukora ekirungi ekirikukirayo omuri byoona ebi oraabe nokoora!



“Wagyenda weenka, nogyenda juba, Baitu wagyenda n'abandi, nohika hare.”

Enfumu y'abanya Africa

BYAGARUKIRA AHA



Emigane Y'abaana
Ey'amatsiko,
Okuhama,
Okugumisiriza
Hamwe N'okukora

Eizina ryangye ndi Nammagala Hannat

Ndi omweegi omukyamukaaga ahari Sir Appolo Kagwa Primary School-Nakasero. Nyineemyaka 11 y'obukuru.

Ninkimanya kuburi muntu arabainemu munonga omumagiingo ga COVID-19. Abanywani baingyi hamwen'abamaka babuzire baitu ninsiima Ruhanga atubatsise kugumaho kuhikahati. Nyooenk'omuntu nkafeerwa taat'ento kandi na Maama akabaarihahi kufa. Nitusiima Allah ahabwokuba akakira. Maama kuyakyebirwe akashangwa aine COVID-19, nyowe na murumuna wangye tukagwubwa kubi munonga. Tukagira obwooba bw'okufeerwamaawe. Kuyakiiizire, tukashemererwa. Eitwen k'eeke tukatandika kurundaana ebyokurya kubihereza amaka agabaire gatarikwebaasa omuzooni ya Kiwalimu.

Omuzooni ya Kiwalimu, Maama aferiirwe banywani be baingyi hamwe nabariranwa baitu. COVID-19 eretsire okufeerwa kuhango kwoonka hamwe n'amashomo marungi. Eka yangye eyegire kubiika sente z'okutuhweera omuburemeezi oburikweija kitarairaire hamwe nanyentsya. N'ahabwekyo, COVID-19 eretsireo busaasi hamwe n'enaku baitukwoonka eyegyise abantu omunsiyoona amashomo ag'emiringo etari emwe.

Ekiri kukirayo obubi k'orikufeerw aabantu omumagiingo nk'aga, n'okugira ngutori kubaasa kuhikaahamikoro y'okubaziika, kwoonka nabwo abantu abutwafeeriirwe tibarituruga omu mitima.

Mbwenu, burimuntu weena okwo k'orabe oriyo noyehwa amatsiko, oshemereire kukimanya ngu hoona ei ori nihaba hariho omuntu oriho aha bwaawe. Nindamutsya burimuntu orikuraba omubigumire. Kangire amatsiko ngu obutumwa obu hariho owubwagaruramu amatsiko. Endwaar aya COVID-19 neeza kuhwaho kuturakore ekitushemereire kukora. Eijuka kwerinda, Jwaara maasiki yaawe kandi otsigye omwaanya ahagati yaawe n'abantu abandi. Tweena hamwe ebi nituzakubirugamu.



Okuhangahangaho

Omugane! Omwaanya gwangye ogurikweera

N'ebya Mathew Gerald Mugerwa, ow'emuyaka 11, Mother Care Preparatory School Bunamwaya, Kampala

Endwara ya COVID-19 tetusibiire omuka kwoonka, hare na'banqwani baitu hamwe n'abashomesa baitu, kureeka eshatagwiize ebirooto buaitu. Abaana baingi nanye ombariiremu, batsigaire behweire amatsiko ga nyentsya. Nibatekerezera ngu tibyakibasiika.

Albert Einstein omunya fizikisi rugaambwa, akagira ngu "Akamanjiiso k'okwetegereezza tiburi bweengye kureeka okuteekateeka ekya kubaho." Amashomero nigo gatwiire gari oburugo bwaitu buhango bw'okumanya kandi hati nituteekwa kuteekateka ekirikumara egyo ebe enyonoozi y'okutwebembera omuri nyentsya eji abingi etakaturebeekiire Okuteekatekweera hare kungarweiremu amaani g'okutaaha omuri nyentsya n'obu ndabe ntarikumanya ekirimu, nimanjira kimwe ngu n'obu ebinqehinguririze birabe bitari gye munonga, nabwo nintsigara nyine amaani kutooranamu rukundo kutari kutiina. Okuteekatekweera hare, kuntweire aha rugyendo rurungi rwokujumbura omugani murungi ori omunda omurinye.

Mpandikire emigane erikurenga 20 erikushoboroora okutiina kwangye hamwe n'ebirooto ebinjiine ahabwa nyekyakare. Okugana kuhindikiremu omwaanya gwangye ogurikweera ahundikukira kuza nikwo nkeshereka ebirikutiniisa ebikwatiraine n'ekya COVID-19 kwiita abantu, hamwe n'obutashoborooka niryari obu ndigaruka ahaishomero hamwe n'okuburwa eby'okurya birikumara. Burikuba ndi nyeenka haza nyine akacumu n'orupapura, nintebenkana, ndeka kutiina, ngira amatsiko kandi ntegyeka amagara gangye. Ninza kuguma nimpandiika kandi mbagane ebindikurabamu n'abaana abandi ahabwokuba ogu nigwo muringo gwoonka ogu ndi kuhikaniiramu n'abaana boona omu Uganda naabo abariyo nibaraba omuburemmezi nibwo bumwe ahabwa COVID-19.

Eizooba rimwe nituzza kuranzya enyima kandi tusiime Ruhanga ahabw'omugisha gw'okujumbura amaani gaitu gonjiine hamwe n'ekigyendererwa ky'amagara gaitu.

Nkeega emyooga mitsya y'okukora esente.

N'ebya Daniela Owomuhendo, ow'emuyaka 13, P.6. Hillside Primary School - Naalya, Kampala

COVID-19 etiniise buri muntu, kwoonka baingi etwegiise amashomo. Yaaza kuhika haihi emyaka ebiri kwiiha endwara egyo etahirira Uganda. Etumire amashomero gakiingwa juba juba. Abaishiki baingi b'emuyaka y'omushogoyo bagyemirwe kusheerwa bakiri bato nari batoroboziibwe kandi bahinduka ba Maama kandi obwo bakiri abaana. Nikisaasa ahabwokuba abaana bamwe baferiirwe abazire baabo hamwe n'abanyabuzaaere. Omukukingwa kw'amakanisa, amaduka, amashomero hamwe n'emirimo endeijo, abantu baingi baferiirwe emirimo qaabo.

Kwoonka ekirungi, Taata akangurira kanyabwengye kugira ngu nshomere omuka, n'ahabwekyo nimbaasa kuhurizana n'abashomesa bangye hamwe n'abeegi abandi kuraba omunkora yokushomera ahamukutu. Nyegire emyooga mingi y'okukora esente. Muzaara wangye Derrick akeija omuka yanteendeka kukora za maati narishi ebirago bya ahamiryango hamwe n'ahakitanda. Muzaara wangye Rita anyegyiise kuteeka piiza, doonati, amandazi, shumbusha hamwe n'omugaati. Ninteeke amandazi haza Maama anyamba agaguriza aha saruuni ye. Sente ezindikwiihamu ninzibiika omu ka bookisi. Nyentsya, sente ezo ninza kuzikoramu eduuka y'emigaati haza nkoremu sente ezindi nyingui.

Omukihumuuro kireingwa ekibeireho ahabwa COVID-19, mpandikire ebintu bingi omubutabo bw'abaana, aka Rainbow hame na TOTO kwegyeesa abaana abandi kwekuuma COVID-19. Mbahabwiire kujwara za masiiki, kureeka omwaanya ahagati qaabo hamwe n'abantu abandi, kuguma omumaka owaabo hamwe n'okurya ebijuma kwombeeka amaani gaabo omumubiri kurwanisa endwara. Nshemerirwe ahabwokuba abashomesa baitu bariyo nibagymwa kutakwatwa COVID-19. Hati ninshaba ngu amashomero gagarukye gaigurwe. Nimpuriira ninqenda ngu ngarukye nze ahaishomero nze kweega.

Amatsiko nigaabasika

N'ebya Karren Kaila Ikoona, ow'emuyaka 13, Bethel International Christian School, Kampala

Nindamutsya abaana boona omunsi yoono, abundikutwara nk'abeeka yangye ahabwokuba ebirooto baityu by'okutuura omunsi eujjiiremu emigisha, etarimu ndwara hamwe n'okubura oburinganiza, byoono nibishushana, kweenda ngu amaani gaitu garugyeho haza tweyombekye.

Nyowe nk'omuntu, nteganisiibwe munonga okuremererwa okuretsirwe COVID-19 omunsi yoono, empinduka, oburemezi omuby'amagara, okufa kw'abantu, obutamanya ekirabeeho hamwe n'okukingwa kw'amashomero, ogaitsireho n'okugira ngu nkashemezibwa omukweezi kwa Mushanju omwaka 2020. Oburemezi obu bwoona bugumire nibunujitsya amatsiko agataine bugarukiro. Itwe nk'abaana, tushemereire kuguma nitumanya ngu obu nibwo bwiire oburikukirayo oburungi bw'okwimukiramu tukaremeesa oburemezi oburiho. Nitubaasa kureeta ekyererezi hamwe n'amatsiko n'obu harabe hariho omwirima hamwe n'okubuzibwabuzibwa. N'obu abaingi turabe tutamanjiriire amagara agu turimu ebiro ebi, nimpabura abaana boona kuguma baine obucureera kandi batebenkaine.

Nshangire ngu okushoma ebitabo hamwe n'okuhandiika notiisi hamwe n'amabaruha, agundikuhandikira abazaire bangye, kubamanjisa ngu nimbateekatekaho, kimpwiriire munonga kweega ebintu bitsya. Ntaireho oburyo nk'oku ndatwaaze eizooba ryangye-ekyokurebeeraho kwimuka shaaha ibiri buri kasheeshe, okushaba, kuqonja enju hamwe n'okwoozya ebintu ntakatandikire kushoma ekitabo, kutumire okweega kwanshemeeza munonga. Kuguma nimpandiika omukitabo ebintu byoono ebindikusiimira hamwe n'okurebereera eby'obuhangwa nk'okuharagata enyima yenju, okuhiinga hamwe n'okugaburiira za wakame byoono nibinshemeza. Kandi ekindi, okutunguura eby'obuyonjo hamwe n'obwecumi, kukora ebisasaajizi, kurya emboga zirikwiragura nyingui, bitumire naguma nyine amagara marungui hamwe n'amaani. Yeego, hariho amatsiko hamwe n'okugarurwamu amaani n'obu COVID-19 eraabe ekiriho.

Tungayo Ekintu Kirungi omuri Buri Mbeera

N'ebya Efata Shalom, ow'emyaka 12, Uganda Martyrs Katwe Primary School, Kampala

President wa Uganda ku yarangiriire ngu eihanga ryakiingwa, ngumire omuka kumara obwiire bureingwa ntarikuzi ahaishomero. Kwonka omu magingo aga, nyegiremu kuguma niteekatekage omuri buri mbeera. Nkijumwiire ku ninkundirakimwe kushoma, haza kimpwiriire munonga. Maama ampaire ebitabo by'emiringo myingi by'okushoma. Kimwe aha bitabo ebi nashomire nikyeetwa was "Rich Dad, Poor Dad" ekuyandikirwe Robert Kiyosaki na Sharon Leichter. Ekitabo eki kimpaire omuhimbo gwokuba yinvesiita aha myaka mito, mbwenu abazire bangye n'abanyabuzare baabo ku bampiriire sente ahabw'okukoragye ebigyezo by'ekya mushaanju, Sente ezo nkaziita omumirimo. Ndiyo ninyege kuruka ebintu kuruga omu huuzi, kandi ndi haihi kuba natandika kubiguzi nkaihamu sente.

Nkashoma ekitabo ekindi ekirikweetwa "Adapt or Die" ekya Peter Abesiga ekimpaire amaani kweeteeraho ebigyendererwa. Kinyegeyiise ngu nimbaasa kukora enshobi nyingi omumagara, kwoonka ekirungi n'okugira ekinayeega kuruga omunshobi ezo. Nkakora ekigyezo ku'oru Faransa ahamukutu gwa kanyabwengeye kandi kikangwa emirundi etaano. Kwoonka nkaguma nigyezaho. Buri kugarukamu ekigyezo, nkaba nyegyeramu ebintu bitsya. Ku nataireho omutima kureeba enshobi zangye, nkarugaho nahika ekigyezo ekya. Okukingwaho oku okubaire kuringwa, kunyambire kweemanyaho ebintu bingi kandi nyegire okundikubaasa kubutuura emyoga yangye hamwe n'emiteekatekere mirungi ahabwa nyentsya enungi. N'ahabw'ekya, nimpabura buri muntu kutungayo ekintu kirungi omuri buri mbeera kandi hamwe n'okwesiga Ruhanga orikuha obwengeye bwoona. Ruhanga niwe arikutuhweera kuguma turi kurungu buri kaire hamwe nokuguma nitusingura omuri byoona.



Okukora Emirimo

Nkatandika Kuhiinga kandi Nayeega Endimi Ntuya

N'ebya Bugosera Esther Elizabeth, ow'emyaka 10, Kapchorwa

Nkaruga owaitu omuka omuri Mukono naza kutuura na Maama aha murimo gwe ahari Kapchorwa Primary Teacher's College omu distrikiiti ya Kapchorwa, buruga e'izooba bwa Uganda. Omumazooba agabandiize bwanyima y'okukingwaho, nkaba nimbura, ndikukora ebintu bikye bikye omuka Mukono. Nkasharamu kuza kutuura na maama aha murimo gwe omu distrikiiti ya Kapchorwa e'ihanga kurukingirwe omurundi gwakabiri.

Kapchorwa eine amataka g'orwezo, mbwenu nyegire kuhiinga. Nyegire kuhinga kandi nkarebereera ebihingwa nka za kabeege, enyaanya, ebitokye, emondi, ebicoori hamwe n'obutunguru. Ekindi nyegire kuriisa ente, embuzi n'ishekooko. Kandi hati nimbaasa kukama ente. Okubanza okukama kuba ninkutiniisa, baitu ndi omwishikwi emanzi. Nkakikorali

Nyegire orurimi orwa Kupsabiny, hamwe na Kiswahili ezirikukira kugambwa abantu b'omukyaanga. Ndambwiire kandi nashemeziwa emyanya y'oburambuzi, nka ebishukiro by'amaizebya Sipi hamwe n'enyaanga za Sipi. Nkareeba emishoozi y'omuri Kapchorwa, natayaaya omu distrikiiti ya Kween, Bukwo, na Bulambuli.

Nimbaasa kugumizamu emishomo yangye kurabira omunkora ya zuumu. Kwoonka mbugaine oburemeezi bwa neetiwaaka mbi ahabwokuba Kapchorwa n'omwanya gw'ekibungo. Eka yangye teine zakanyabwengeye eza laaputopu. Mukuru wangye omwojo, Maama, hamwe naanyite nitweteenga kukorera ahamukutu, kwoonka kandi twine esimu emwe yoonka eya simaati. Obumwe oshanga tweena twine byokushoma omubwiire bumwe. Nikisaasa ahabwokuba ngumire omukibina kimwe kumara emyaka ebiri ahabwa COVID -19. Nkabaire ndi omukya kataano.

Ebintu bingi bimbareho omumagingo aga kandi nkoriiremu bingi. Ninshaba ngu Ruhanga ankwatse ntungye amagoba kuruga omumirimo eyi natandikire na Maama hamwe n'abeeka yaitu. Ruhanga nagira ngu "nosharuura eki orikubiiba."

Nkahinduka Omuhangu Omu Kushuubura

N'ebya Ainembabazi Ronate, ow'emyaka 13, Bushenyi district

Obu COVID-19 etandika, nkaba ntegyeriize kukora ebigyezo byokumara ekya mushanju. Ekirooto yangye yokuza kushomera Kings College Buddo, kikemereramu. Nkateekwa kugaruka omuka kutegyereza ngu endwara ebanze yahwaho. Ndabire omubintu bibi omu magingo ago. Nkamara amagingo marangwa omukihumuuro kya P7, ekinabaire ntarikuteekateka ngu nikibaasa kubaho. Nkatiina munonga ahabwa abantu baingi omunsi yoonka abaitsirwe COVID-19.

N'obu burikintu kirabe yabaire kihindikire, Nkaiiriza kandi nayega kukozeza obwire obu kweega ebintu bitsya hamwe n'okuhweera abazire banbye. Ninyesiima ahabwokuba nyegire emirimo y'omuka nk'okwooye ebintu, emyeenda, okuteeka hamwe n'okuhaata by'okurya. Kandi nimpweera munyanzazi omubizineesi ye enkya kumutereereza ebitabo bya bizineesi ebya sente. Nabwo nimuhweera kurebereera omwana we owabaire aherize kuzaara. Ojhireho kweega emirimo y'omuka, nabwo nkakora za siikaafu hamwe n'enkwanzi, nkaziguzi nehamu sente ezimbiikiire eishomero. Munyanzazi, akantwara omu'eishomero ririkwegyetsa okugambira omu bantu ahari Innovation Village omuri Mbarara. Ebi byoona bihindwiire amagara gangye. Ntandikire kushoma ebitabo byingyi kumanya ebirikukwata ahansi. Nyegire kugamba mpamire, ninyeqikirizamu kandi nyegire kuronda ebintu ebirungi ebinyetoroire. Bur'eizooba kundikusimuuka, ninkikora kw'eimuka kandi nkaaka omumwanya gw'okuhuriira obusaasi nk'oku yabaire kiri emyezi mikye ey'enyima.

Ninyenda kuha abaana batahi bangye obutumwa bw'amatsiko: COVID-19 tiyo muheru gw'ensi. Eri haihi kuhwaho, ensi neza kugaruka ebe nko oku yabaire eri kare. Nituzi kugaruka omumashomero. Mutahwa amatsiko kandi mugume mwiine okweikiriza.

Ninguzza Ebikwiiyo Kugura za Paadi

N'ebya Nekesa Stella, Kyaka Refugee Settlement, Kyegegwa

Gavumeenti ekakinga amashomero omwaka ogwahwiire kwemereza okujanjara kwa COVID-19. Nkateekateka ngu gakaba nigaza kurahuka kwigurwa, kwoonka hati kyatwaara amagingo mareingwa.

Kare nkaba nitunga za paadi kuruga omuba Finn Church Aid ababaire bazitugabira ahamashomero. Amashomero ku gakingire, nkaba natikubaasa kutunga za paadi. Nkasharamu kuguma ninkozesa obweenda bukya kunabaire nza omukweezi. Kwoonka, Maama akampa amagezi kuguma ninjiha ebikwiiyo omumusiri nikwo nkabiguzza kweihamu sente z'okkuguramu za paadi. Buri mwebazya, ninta ebikwiiyo omumaisho genju yaitu, mbiguzza abantu abarikuba nibahingura. Hati nimbaasa kukora akasente kakya kandi Maama niko arikutuguriiramu za paadi nyowe na ba nyanyazi.

Nimpabura abashikwi obutaikiriza ebirabo kuruga ah'abantu abu batarikumanya. Bashemeraire kuguma omumaka gaabo bahweere abaziare kukora emirimo omumisiri. Barekya kutambura omu bwiire bw'omwiirima ahabwokuba omumagingo ago nihaba nihatamburiramu abantu bataribarungi abarikubaasa kubahamba nari kubatorooba.

Nkaba ninshoma ekya kataano obu amashomero gabiire gatakakingirwe. Hati ninsiiba omuka eizooba ryona. Tindikwikirizibwa kutayayira banywani bangye. Nyine n'orushisho rwokuzza omukanisa. Ebindi kukora omu'eizooba harimu okweyereera enju, kusheenyanya enku, hamwe n'okuhweera abaziare bangye kuteeka. Ningiraho n'akaire kukushoma omubitabo byangye butakaizire. Nimpabura abaana abandi kuguma nibashoma ebitabo byaabo obwo twaaba tutegereze ngu amashomero gagaruke geigurwe.

Nkatandika Kuhiinga

N'ebya Kembabazi Eryn, ow'emuyaka 11, St. Mary's Central School - Kyera, Mbarara

Ku president yaragiire ngu amashomero gakingwe omukweezi kwakashatu omumwaka 2020, nkagira okwerarikirira. Eby'okugaruka ahashomero bikaba bitashoborokire. Nkaba ninjebuza eki nabaire ninza kukora omukihumuro kiringwa kityo. Nkasharamu kuteekateka ahabintu by'okukora.

Abaziare bangye bakantaatsya omumirimo yokukora omumisiri, kandi twabyaara emboga nka sipinakuji, ebisheenda na sukuma wiki. Bwanjima y'okweezi kumwe, maweento akampa obukoko bw'esande ina z'obukuru. Zikatandika orugendo rwangye rw'okuriisa enkooko. Kuzakuzire zatandika kuteera amahuri, amahuri nkagaguzza.

Omwaka ugu okweezi kw'okubanza, nkataayira maawenkuru omukyaromuri Bushenyi. Okuzayo kukanshemeeza ahabw'okuba nkeega kuruuka ebyiibo. Nkaruka ebyiibo kandi nabiguzza. Kunagarukire omuka, nkegyetsa bariranwa hamwe nabanywani kuruka ebyiibo. Kikaba kirungi kubagana emyoooga nabandi baana b'omu kyaanga kayitu.

Oburemezi obuhango n' okuremwa kuboona ebintu byokushoma ahabwokuba nkaba ntarikubaasa kushomeera aha mukutu nk'abaana abandi. Nkashomera aha tiivi hamwe n'aha reediyo, kwoonka nabwo tibirabaire nk'ebya ahashomero. Nimpabura abaana abandi, bakore emirimo barekya kuba bakirereesi. Mutahwa amatsiko, nituzza kusingura akakooko ka Corona twaguma nitujwara masiiki, tukakozesa saaniitajiza kandi tukareeka emyanya ahagati yaitu hamwe n'abantu abandi. Abaana bagenzi bangye, mugume omumaka ganu. Kandi nimpiga abaziare kugurira abaana ebintu byokushoma baaba bari omumaka gaabo. Nitweetenga kuguma nitweega. Nk'oku Purezideenti Nelson Mandela yagambire, "Obwegyetse nikyo kikwato ekirikuriraye amaani eki omuntu arikubaasa kukozeza kuhindura ensi."

Omugane Gwangye Gw'Obumanzi hamwe n'Okugumisiriza

N'ebya Akakwatsa Theophilus, ow'emuyaka 12, P.4. Kabuyanda Central Primary School, Isingiro

Okukingwaho okwaretsirwe COVID-19 kungumiire munonga, ahabw'okuba nkaba namanyiriire ebya ahashomero. Nkozire emirimo yona ei abaziare bampire kukora. Abaziare bangye bombi n'abashomera omumashomero agatari ga gavumeenti. Bakaba nibataatsya sente kuruga ahashomero nk'omushaara gwaabo gwa buri kweezi. Bakaba bakozesa sente ezo kuturebereera. Kwoonka hati abaziare bangye tibarikutunga emishaara hati. Ebintu bihindukire kandi amagara gagumiire kimwe.

Nitwiimuka burikasheeshe tuzza omumisiri. Omurundi gumwe nkashaba abaziare bangye kungurira emyenda, hakaba hatariho sente. Kunashabire Taata kunyikiriza kwootsya empimbi ina zebiti kuzeihamu amakara, Taata akatangaara. Akaba atarikubaasa kweikiriza ngu nkaba nimbaasa kukora ekinto nk'ekyo. Nkamugambiira ngu nkaba nabaire ndebire omwe ahari ba Taata'ento barikwootsya amakara nikwo naany kumweegyeraho. Taata akampa emiti, yampweera kugyeekoreera hamwe n'oku gyootsya. Kikaba kigumire munonga, baitu tukakoreera hamwe nk'eka.

Ahamuheru tukeihamu enshao ibiri z'amakara, buri emwe nkagiguzza emitwaara ebiri nekicweeka. Sente nkazitwariira Taata atyo yangurira emyenda. Taata akashemerwa munonga kandi akampabura kuguma ninkora kandi ngu ndekya kuguma ninza ahu abantu baingi berundaniire Omurimo guriyo nigukura, kandi twine abantu abarikukora ebirikuba bigumire. Nyowe obujananzibwa obwangye n'okureebuza ebirikuba nibikorwa kwenda ngu ba kasiitooma baitu tutabamara amaani.

Nyowe nk'omukozi omuto, tindikweebwa obwegyetse bwangye. Burikuheza kukora emirimo yangye y'eizooba, ninshoma ebitabo byangye. Maama nampweera kukora ebibaro. Hati ninshaba abaana boona kuguma nibakora n'amaani. Nyentsya yaitu neza kugira ekyeererezi kuturatungye obwegyetse. Murekya tugumizemu nitweega!



Okukorera Omu Kyaanga

Okugaruka ah'aishomero n'Omugisha gw'Amaani ahabw'etitwe Abaana Empuungi

N'ebya Ukuna Mariam, ow'emuyaka 12, Kyaka II Refugee Settlement, Kyegegwa

Niinye Ukuna Mariam, nyine emuyaka 12 y'obukuru kandi ndi omu P4. Nkaruga Congo. Nintuura n'abazaire bangye, barumuna bangye hamwe n'banyanqazi omunkambi y'empuungi eya Kyaka II omu Uganda.

Omwaka ogwahweire, purezidenti wa Uganda akakiinga amashomero. Abazaire bangye hamwe n'abashomesa bakangira ngu eki kikaba kiri ekukuzibira okujanjara kwa COVID-19 endwara erikureetwa akakooko ka corona, kandi kakaruga China. Omuntu yakwaatwa endwaara egi, nagira senyiga, ashaasha ahamumiro, nagira okupiipa kandi ashaasha omutwe. Nyowe tindikwenda kukwatwa COVID-19.

Ahabw'eihanga kuringwa, tindikubaasa kutayajira abanyabuzare bangye abarikutuura omu byaaro ebindi. Mbiinire orushisho rwingy. Nintekwa kwehangana kuhika obu COVID-19 erahweho nikwo mbone kuza kutayayya. Omwe ahabaana abuturi hamwe omu kibiina akakwaatwa COVID-19 kandi yarwaara. Tindikwenda kuba nka we ahabwokuba akaba aine obusaasi bwamani kandi akaba aguma nariira obwiire bwoona. Ninguma omuka kandi abazaire bangye kubarikuntuma aha duuka, obutoosha ninjwaara masiiki, nindeeka omwaanya ahagati yaangye hamwe n'abantu abandi kandi kundikugaruka omuka ni naaba engaro zangye kurungi munonga. Naabwo nimpiga beine'maawe hamwe n'abazaire kuguma nibeerinda.

Nimpurira ninnyenda kuza ahaishomero kweega kandi nkaguma n'abashomesa bangye. Ninyetenga obuhabuzi bw'abashomesa baitu abarikutuhabura kukora n'amaani kugira ngu nyentsya tube abantu barungi. Nkaba nkira kuheebwa sabuuni hamwe na za paadi, kwoonka hati tinkizitunga ahabwokuba amashomero gakakingwa.

Obwiire bwangye obwingi nimumara ndikuhweera abazaire bangye kkukora emirimo y'omuka. Ninnyeyerera embuga kandi ndeera bato bangye. Ekindi, nyegire kuruka ebujibo, nitubikozesa omuka. Kundaije kutunga emyoooga erikumara kubiruka, nituza kutandika kukora byingi nywowe n'abeeka yangye tubiguze omunkambi y'empungi.

Mpuriire omwe ahari banywani bangye arikugira ngu we tarikwenda kugaruka ahaishomero, amashomero kugarigurwe. Ngu nayenda kuguma arikukora omu duuka ya'ishe. Ekyo kigwiire. Nimpabura banywani bangye boona kugaruka ahamashomero kugarajje kwigurwa.

Nkahereeza Abandi Baana

N'ebya Rahma Kamulegeya, ow'emuyaka 10, Kabojja Junior School, Kampala

Nkaba ntarikumanya ku nabaire nyine omugisha kuhika obu COVID-19 eteera. Ku purezindeenti yarangiriire ngu amashomero gakiingwa, nkaba ntarikumanya ekinabaire ninza kukora. Eizooba eryakuratsireho, e'ihanga rikakiingwa.

Nkaba nimpuriiriira kimwe ninnyenda kuza ahaishomero, banywani bangye hamwe n'abashomesa. Obumwe nkaba nyimuka omukasheeshe ntandika kurira. Nk'oku nabaire ndi mukuru w'abeegi ahaishomero, nkaba manjiriire kuba ndi omwe aha baana ababaire babaanza ahaishomero kugira ngu tutebkanisize eizooba. Omuka hakaba hatariyo ekirikushemeza munonga.

Nkaba nshoma ebitabo ebubaire biriho, mba naherize zaaza kuba shaaha itano omukasheeshe, ahatsigara mburwa ekindi ekukukora. Omukweezi kwa mukaaga omwaka 2020, burikintu kikahinduka eishomero ryangye kuryatandikire kushometseza ahamikutu. Omuka hakaba hariyo za kanyabwengye ina, emwe eyangye, eya murumuna wangye Amaal, n'eya munyanqazi Muniru hamwe n'eya muzaara wangye Asra. Kwoonka tiharabaireho mpinduka ahabwokuba banywani bangye abamwe bakaba batarikushomera ahamikutu, ahabwokuba abazaire baabo bakaba batatine sente kubashashuriira fiizi hamwe na yintaneeti. Abamwe bakaba batatine na za kanyabwengye, abandi bakakozesa amasimu g'abazairebaabo, kwoonka abazaire bo bakaba baba nibenda kuza ahamirimo kukora. Obu COVID-19 etandika nkaba ndi omu P4. Hati ndi omu P5. Kwoonka banywani bangye abaingi nahati bakiri omu P4 ahabwokuba tibarabasize kushomera aha mikutu.

Obwo nibwo namanjire ngu nyine omugisha kushanga ngu nkshomera aha mukutu. Amazooba gamazaarwa gaitu nago gatweire gatarimu birikushemeza bingi ahabwokuba tukaba tutarikubaasa kweeta abantu baingi kwijja omuka.

Nobu ndaabe twiire tarikuhikaana na banywani bangye, Okuguma omuka kunyegyiise ebintu byingi ebi nabaire ntarikumanya. Nyegire kuteeka, kuyoonja embuga, enju hamwe nokuguma ninnyata kashasiro buri Sande.

Maama hamwe n'omuhweezi w'omuka tibo boonka abarikukora emirimo y'omuka. Nimanya ngu n'omurimo gwangye kandi ninkorerahamwe na munyanqazi hamwe na murumuna wangye kwenda ngu tugirahutsyeho.

Maama wangye akasharaho TV, mbwenu nkamara obwiire bwingi nabantu bomuka yaitu kutari kushiisha obwiire ndikureeba za katuuni. Aha Sande, Ninshomera Quarani hamwe n'ediini y'obusiramu aha mukutu obwo ndi na beine maawe hamwe n'abaana abandi haza tuhanuura aha diini yaitu. Beine maawe hamwe nanye, tukarundaana emyenda, enkaito, amacupa, enshaho zeishomero, ebitabo hamwe n'ebindi nikwo twabigabira abaana abataine ebirikumara. Eki kinnyegyiise kuguma ninsiima Allah hamwe n'abazaire baitu abarikutuha ebintu ebitwiine. Twegire kuteekateeka aha baana abandi.

Kuturagarukye ahaishomero, nituteekateka kuhiga abaana abandi nabo kutandika kugaba ebintu ebibarikuba batarikukozesa. Ninkimanya ngu COVID-19 egumire, kwooka ninsiima ahabw'okugira amaka hamwe n'ahabwokuba ndi omu'eishomero. Ninshaba ngu omwaka ogurikwijja abaana abandi naabo babaase kugaruka ahaishomero.



Okugumira Embeera

Maama hamwe na Taata Bakafeerwa Emirimo yaabo

N'ebya Oyella Mary Immaculate, Primary Six, El-Shaddai Primary School, Gulu

Amagara gakaba gatebenkaine kuhika obu Purezidentii akinga e'ihanga kuzibira COVID-19. Nkaba nkira kutayaaqira maweenkuru hamwe n'abanyabuzare abandi, kuza ahaishomero hamwe n'ahakanisa kwoonka Corona ekeja. Kuruga obwo, titwakagaruka ga kugira akamweenyo omuka yaitu, Maama akaba ari omushomesa ahari Pope Paul VI Secondary School Anaka omu distrikiiti ya Nwoya, vbaitu akafeerwa omurimo gwe. Burikimwe kikahinduka kuruga obwo kuhika nahati. Nkiri omu P6. Abantu nahati bariyo nibiitwa COVID-19, haza eki nikikira kuntiniisa. Taata nawe akafeerwa omurimo gwe. Akatandika akaduuka kakye omu tawuuni kuguma arikurebereera eka yaitu. Omwebazyo gumwe, police ekateera mukuru wangye obu yabaire nagyendeera ahari piki shaha emwe yomwebazyo omushaha ei kafyu erikutandikiraho. Akaba nagaruka omuka kuruga ahaduuka.

Nimara obwiire buringwa ndi na Maama (ahabwokuba nitusiiba omuka). Anyegiise kuhiinga, kusimuura enju hamwe n'okuteeka ebukurya byab'Acholi nka *malakwanga* hamwe na *boo*. Okuguma nawe, kumpindwiire omwishikwi w'obujunanizibwa, ahabwokuba omukubanza, nkaba ningira ngu mukuru wangye niwe yabaire ashemereire kukora emirimo weenka. Nyowe hamwe na banyanyazi bangye babiri, tukakora taapu kuruga omukaveera, akadomora ka liita itano hamwe necuupa yamaizi omuka owaitu, nituguma nitunaba omungaro na sabuuni kurwanisa akakooko. Abandi bantu omukyaro kyangye nabo bataire emyanya u'okunabiraho omungaro omumbuga zaabo barikukuzesa ebintu by'obutoosha. Tweena nitweriinda kugira ngu tugarukye omumashomero ku gareigurwe.

N'ebintu ebi byoona, ninyikiriza ngu akakooko aka kakeja ah'abwenshonga. Ruhanga ariyo natugyezesa kureeba yaaba nitumweikirizamu. Abantu tibashemereire kuhwa amatsiko. Eka yangye ekaguma eine emiteekatekyeere mirungi hamwe n'okwehaya. N'obu Maama na Taata bafeerirwe emirimo, tukabaasa kutandikaho eduuka eriyo netuha entaatsya. Amagara gakigumire, baitu tukiriho.

Murekye tweekume haza burikimwe tukikwaatse Ruhanga. Amagara gaitu garabainemu, kwoonka titurikweefuuzza, ahabwokuba twegire byiingi. Tihariho mbeera u'entuura. Ruhanga byoona nabibaasa.

Okugumira Embeera

Okuta Amaisho aha Birungi

N'ebya Oriana Jasmine Ruhunde, ow'emuyaka 12, Kasana St. Jude Primary School, Luwero

Ndi Oriana Jasmine, kandi ndi omu P6. Ntwiire omikibiina kimwe kuruga omwaka oguhwiire. Hatagira omuntu weena owambuuzza enshonga, ahabwokuba ensi yona nemanya ngu n'ahabwa COVID-19! Ekihumuro kiringwa kikabanza kyanshemeza, baitu hati nshobeirwe, tindikumanya yaaba ensi eragaruka etebenkane. Ninkira kuhurira abantu barikugira ngu bakafeerwa abanyabuzare baabo kandi abandi barikugira ngu abaana baingu babaishikwi baboonabweine munonga, nka okuhambwa, kushweerwa bakiri bato hamwe n'okutwara enda.

Nkahitsya emuyaka 12 u'obukuru omukweezi kwa 6 obu Uganda yabaire neza kulingwa omurundi gwakabiri, omwaka oguhwiire, harikuburayo amazoba makye nkahitsya emuyaka 11, nibwo natandikkire kuza omukwezi omurundi gwangye gw'okubanza. Hati nimanjira kiimwe kurebereera bato banje bashatu. Nimpweera muzaara wangye omukuru kurebereera eka ye. Ninjooonja, nteeka ebukurya kandi nteeka emigati u'omu oveeni. Maweenkuru anyegiise kuruka ebitambara. Amazoba agumazire ntari ahaishomero ngamazire ndikkurebereera abeeka yaitu hamwe n'okukuma absihikwi benyaka nk'eyangye omukyaanga kayaitu kugira ngu batahikwaho akabi koono.

Ekirikuteeganiisa Maama hamwe nabantu abandi baingi, nokuronda oburyo bwajuba bwokuwheera abaana abari omumushogoyo nkaanye, kureeba ngu babaasa kugumira embeera hamwe nokusingura oburemeezi nk'okuteganiibwa omubyenshoni, okugyemwa kushwerwa nari okutwara enda. Ninshaba ngu omu'eihanaga ryaitu habemu ebintu ebirungyi kugira ngu abaana batahwa amatsiko omubirooto byaabo.

COVID-19 Ekatsiga Taata ataine Murimo

N'ebya Jakisa Joel, ow'emuyaka 13, Tororo Parents Primary School, Tororo

Ahabiro 17-3-2020, mukuru w'eishomero akatweeta omukwerundaana kw'omutano. Akatungira ngu tweena tukaba turi abokugaruka omumaka gaitu ahabwa COVID-19. Abaana boona bakaza omuburaaro bwaabo, ba pakira ebintu byaabo, baty bagarukayo owaabo. Tukaba tumazire okwezi kumwe kwoonka ahaishomero. Bwanjima gavumentii ekataho ebiragiyo by'amaani otaireho n'okukingwaho. Okukingwaho kwahitsya haihi emuyaka ebiri kandi amashomero nago gakingirwe. Amashomero gakaigurwaho akire kakye ahabwa abeegi ababaire nibaheza emishome yaabo hamwe n'abe ebibiina ebubaire nibagarukaho.

Taata omushomesa omu'eishomero ritari rya gavumenti akafeerwa omurimo gwe haza oburugo bw'entatsya bwamuhwaho. Kuruga orwokubanza kuhika orwamukaga, tukaba tubyara ebihingwa nka omuceri, ebicoori hamwe n'empokya omumusiri. Tukaba tuhinga kuruga omukasheeshe kuhika Om'eihangwe. Mukuru wangye hamwe na Maama bakaba bashoroma emboga omumusiri buri'eizooba tuba nizo twaaruka. Titwakibaasa kurya enyama, ebunyanja nari enkooko.

Nkaba ndi omukya'Mushaanju. Nkaba nshoma ebitabo nyekiro. Nkaba nshaba Ruhanga bur'eizooba kumpweera ngu mpikye ebiquzezo byangye, ebyarugiremu kubyagarukire, nkashemerwa munonga, nkatunga gureedi yokubanza (obubonero 8), nkashemererwa munonga buzima. Hati ntegugereize ngu amashomero gaigurwe, baitu nujine obwooba ahabwa sente z'eishomero. Taata takyeine murimo, amatsiko ganye gari omuri Ruhanga ahabwokuba burikintu kyoona we nakibaasa. Na'igura omuhanda ahu gutari. Nujine amatsiko ngu COVID-19 neeza kuhwaho. Omusi omu tiharimu embeera ey'entuura.



Amatsiko

Nkewatira Omukushoma Kwangye

N'ebya Mukisa Coreta, ow'emuyaka 11, Brook Christian Academy, Kampala

Tindabaire gye President Yoweri Museveni ku yarangiriire ngu eihanga ryagaruka ryakingwa omurundi gwakabiri ahabiro 18-6-2020. Nkaba ntiniire ahabw'okutaza ahaishomero hamwe n'obutareeba banywaani banyugye. Nkaba shi nimbaasa nta kugaruka ahaishomero? Hatakateirweho eizooba ry'amashomero kwigurwa? Hatariho eizooba ry'amashomero kugaruka kutandika, nkasharamu kugira ebintu by'omugasho ebinaguuma ninkoreera omuka.

Nyowe na banyanyazi, tukashaba Taata kutweikiriza kutandika kushomera omuka. Akatandika kusheruura owokukurira ebyokushomera omuka, kandi tukagira omugisha ngu akabona omukyara Epuchu. Ahindwire amagara gaitu.

Omukyara Epuchu akatwegyeesa kwezoora. Nkajumbura ku ndikukunda enyamaishwa, obuhangwa hamwe n'okuhandiika. Akantadikisa purojekiti erikweetwa "Engaro z'omugisha" tukakorera mu ebintu n'engaro zaitu. Tukakora ebyokwehunda, obuntu bwokutaho ebishumuruuzo, obwokutamu empapura, kandi tukabwira ebimuri byokuguzza. Ebimuri ebi nibikira kukoze sibwa kurebekyeesagye za offiisi hamwe n'amaka g'abantu.

Omukyara Epuchu anyegiise kwekwatiira okweega kwangye omungaro zangye. Eki kimpwiriire kweteeraho ebindikuba ninenda kukora omu eizooba. Ninyimuka kare munonga kukira oku nabaire nkora haza nikwo nshoma ebitabo byangye, ncondooza kandi mpandiika. Ndiyo nimpandiika ekitabo ekirikweetwa "My Animal Friends". Ninenda kushohozo ekitabo ekyo omukweezi kwa II. Okukunda eby'obuhangwa nikutuma narinda eby'omwaishwa kandi mbihandikire omukitabo kwangye. Ninenda kuba omushaho w'amatungo nari omuhangu omubyobuhangwa kundaba nakuzire.

Ntikireeba TV munonga kandi hati obwiire obwingi nimumara ndikukora ebirikumpa obwengye hamwe nokwombeka omurimo gwangye. Hati ninkunda emirimo ahabwokuba nimanya ngu okukora n'omugisha tikiri kibonereezo. Nyowe na beine maawe twegire kukora emirimo y'omuka n'obu abazaire barikuba batatugambiire. Nituhwera eka omumirimo yokuhinga, kandi tunbyiire enyaangya hamwe n'ebicoori, eitwe titwakigura emboga zirikwiragura.

Nimpabura abazaire hamwe n'abaana kumanya ngu COVID-19 n'omugisha ogwesherekire. Murekye tugume turebe oburemeezi nk'oburugo bw'ebintu birungi kutari kushitama, kutonzya hamwe n'okwerarikiriira. Twaakiire empinduka egi ebairiho, okushomera aha mikutu hamwe n'omumaka. Tikyoorobi baitu twataho omutima abaana nkaimwe hamwe naanye nitubaasa kubaho gye.

Nkeega kureera abaana omu Kukungwaho

N'ebya Maria Ainomugisha, P4, Namagunga Boarding school, Kampala

Munyanzazi wa muka Taata, yangira ngu nkuhandikire. Ndi omweegi ahari Namagunga Primary Boarding School. Okukungwaho tikworobi kwooka embabazi za Ruhanga zitubasiise kugumaho kandi hamwe nokukkuratira obuhabuzi obwateirweho kuturinda. Abantu baingwi bakafa kandi abandi bakiriyo nibafa haza eki nikintiniisa. Ninguma munonga omuka baitu obundi nintiina ngu ninye ndagarukyeho.

Obwiire bwa COVID-19 tibumberaire bubi nari burungi. Nujine orushisho rwokuzza ahaishomero, kureeba abashomesa bangye hamwe naba nywani bangye. Eishomero ryaitu rikareeta enkora y'okwegyera aha mikuutu haza kikatuyamba kugumizamu kweega n'omukihumuro. Ekindi nyegire kuteeka eby'okurya by'emiringo myingi nka paani keeki y'aba America, chapatti, kusiika enkooko hamwe nebindi byingi. Nyegire kushaba. Nkaguma ninshaba ngu Ruhanga agume naatuhabura. Nimpeza obweire ndikuzana emizaano n'abomuka hamwe n'okuziina aha tiki toku, haza eki kujikatwogera okukwataniisa nka abeeka. Kubaigwiire amashomero omukweezi kwa kashatu omwaka 2021, ekibiina kwangye kikatoranwa kugaruka ahaishomero. Nkashemererwa munonga ahabwokuba nkaba maziire omwaka ntarikureeba banywani bangye hamwe n'abashomeesa bangye. Ku nabaire mperize esande ibiri ahaishomero, bakatugira ngu tugarukye omumaka gaitu kumarayo okweezi ahabwokuba ahaishomero ryangye bakaba nibaza kuyebererayo ebiquzezo by'eihanga ryona.

Ruhanga abaire murungi ahari nye hamwe neeka yangye omumagingo ga COVID-19. Abaana mweena nyabura muteebwa kujwara masiiki, kunaaba omungaro n'amaizi amayonjo hamwe na sabuuni kwenda kwiita obukooko, haza mwerinde hamwe nabantu b'omumaka gaanu. Mukama abahe omugisha.

Obutoosha guma Okunde kandi osiime kyoona eki'oine

N'ebya Marscha Kasamba, ow'emuyaka 10, Kampala Community International School

Kunabandiize kuhuriira endwara ya corona, tindagiteekatekireho munonga. Shana ku nahuriire ngu ekataaha omu Uganda kandi ngu ekaba etaine mubazi kandi ngu ekaba erikwiita abantu, obwo nkatiina munonga. Omuka kuhabaire hagira owayetsyamura nari kukorora, nkaaba ntiina munonga. Nkaba nintiina kukwatwa endwara egyo. Kwenda kurwaniisa okweyongyera kwokujanjara kwa COVID-19, gavumenti ekakinga amashomero hamwe n'eihanga ryona. Tukaba twine kushomeera omuka.

Omumagiingo ago, okweega kukabamu oburemeezi kwoonka bakuru ba'ishomero ryangye bakaronda emihanda y'okumaraho oburemeezi obwo. Bakareeta enkora erikuzesa zuumu eyatuwhereire kuguma nitubugana n'abashomesa baitu. Abashomeesa bakaba batwoherereza eby'okukora kuraba ahari za imailo adureesi z'abazaire.

Okukungwaho kukatweihaho omugisha gw'okuzanira aheeru. Ebisasaajizi bya Joe Wicks by'aha YouTube bikatuhweera. Kaingi, muto wangye akaba arundaana entebe, za burangiti hamwe nebintu ebindi atyo ayombekamu za obusitako kugira ngu tukore empaka z'okubirabaho kureeba n'oha orikubibaasa juba kusiinga aband. Kikaba kitarikyo kirungi munonga kwoonka kikatuhweera kukora ebisasaajizi.

Omu za wiikendi, tukaba tukorayo ebintu birikutushemeza, nk'okuteeka keeki. Obumwe nkaba nkorayo na kyokoleeti. Nkashanga ngu tibyoobi nk'oku birikurebeeka. Kweenda kuhumuraho, tukaba tureeba akazaano ka TV akarikweetwa Matilda and the Ramsay bunch.

Okukungwaho kukantama, kwonka kukampweera kumanya omugasho oguri omubugabe hamwe n'obusingye kandi ngu tibushemereire kukwatwa ejaga. Hati nimana ngu ndi omunyamugisha kushanga nimbaasa kuza ahaishomero, kugira abanywani hamwe n'ahabwokuba nyiine eka erikunkunda. Ninsiimiira kiimwe byoona ebi nyiine. Waaba n'ohuriira otarigye, teekateeka ahabirungi. Amagara gajwiiremu ebintu birungi munonga hamwe n'okubaasika kwingyi. Obutoosha guma Okunde kandi osiime byoona eki'oine.

Akanyururano K'Okubaho omumagingo g'Endwara

N'ebya Odulla Jonathan, ow'emuyaka 10, P4. Tororo Parents School, Tororo

Kuruga obutamba P5, tinkazahoga ahaishomero ahabwa COVID-19. Amashomero gatwiire gakingirwe kuhika haihi emyaka ebiri. Gavumeenti ya Uganda ekataho ebiragiro byokuhwera kuzibira okujanjara kw'endwara egyo. Hati eri haihi kuhika emyaka ebiri kuruga Taata afeerwa umurimo gwe. Eki kituteganiise munonga. Nitutuura omu tawuuni kandi okugura eby'okurya hamwe n'ebintu ebindi nikitwaara sente nyingyi munonga.

Eka yaitu y'abantu mwenda ekaba neteekwa kugira ebi yahinduura. Tukatandika kurya omurundi gumwe gwoonka om'eizooba. Tukaba tunywa chaayi etarimu shukari kandi turya muhogo ahabwokuba tukaba tutakibaasa kugura omugaati.

Tukaba twine omusiri mukye gwa muhogo. Tukatandiika kurya emboga nka *dodo, sukuma wiki* na kabeegi buri eizooba. Obumwe tukaba tunaaba amaizi goonka tutaine saabuni. Tukaba tutaine mashita gokwesiiga. Amagara gakaguma munonga kandi boona ab'omuka bakaba baine kuhinduura aha mituriire yaabo. Twiine ente emwe, kandi egi ekaba netureetera entatsya buri'eizooba. Ente egyo n'euyankore erikukamwa liita 2 z'amate buri'eizooba ezirikurugamu shillingi 3000. Ezo tiziri kumara eka yona, kwoonka habaasa twine akasente akarikuhitsya ebintu ebirikweteengwa.

Amashomero ku garagaruke kwigurwa, Tindikumanya eki turakore. Abazaire bangye tibaine sente zokushahsura ahaishomero. Tinjiine buhame oba ninza kugarukayo nari ntaragarukweyo. Baitu turi aba kurisitayo, nitushaba munonga. Ruhanga nabaasa kuhindura aha bintu. Ago nigo matsiko gangye ga nyentsya.



Okurwaahisa COVID-19

Enaku y'okurwara akakooko ka Corona

N'ebya Carissa Irankunda Komugisha, owe'myaka 9, Gayaza Mixed School, Isingiro

Oku nikwo abomuka hamwe naanye twabobaboine obu turwara COVID-19. Eizooba riimwe nkaimuka ndwaire orukororo rw'amaani orwandetaire kusaasa ekifuba munonga. Taata akantwaara omu irwariro kandi omushaho akampa omubazi. Nkakozeza omubazi kumara esande, kwoonka orukororo rukaanga kukira. Maama akantwaara omu'eirwariiro erindi ahu bankyebereire nikwo omushaho akagira ngu nkaba ndweire COVID-19.

Maama akatangaara. Nkarira. Nkatekateeka ngu nkaba ninza kufa. Abanyabuzare bangye baingyi na banywani banje bakaitwa COVID-19. Nkaba ntiniire. Maama akangwa omukifuba kandi yanshabira. Akangira ngu tindaafe. Nkakimanya ngu akaba atiniire nawe ahabwokuba nkareeba amaziga omumaisho ge. Omushaho akahabura Maama kureeta boona ab'omuka kugira ngu bakyeberwe.

Nyenyakare yaaho, boona bakaza kuyeberwa. Banyanzazi Alvin na Asher, Taata hamwe n'abakozi baitu babiri boona bakaba baine akakooko. Maama weenka hamwe na mukuru wangye Cara, na muzaara wangye Mackie bo bakaba batarwaire. Nkaba niteekateeka ngu tukaba nituza kufa tutsigyehe Maama weenka.

Tweena bakatuha omubazi, batugira ngu tugume tukore ebisasaajizi, twoote akashana, tunaabe engaro, tujwaare masiiki kandi twetanuure turugye omubandi. Kwoonka okukira byoona tukaguma nitushaba Ruhanga kwenda ngu atukize juba. Maama akaba ashoroma omubazi gw'ebishaka gw'emiringo myingi, aguteeka nikwo tweyoteza.

Bwanyima y'esande ibiri, tukagaruka om'eirwariiro kwekyebeza kandi Mukama Ayebare! Alvin, Asher, hamwe naanye tukagaruka ahaiguru. Maama hamwe na Taata nabo bakashemererwa. Bwanyima y'esande ibiri kubatukyebeire bakashanga tweena twakiriire kimwe. Ruhanga ni murungu! Mazima tukakira. Kuruga obwo, nitukurata obuhabuzi nk'okukora ebisasaajizi, kunaba engaro na sabuuni hamwe n'amaizi, kujwaara masiiki hamwe n'okureeka kuza omumbaga.



Eby'okukora

Ebi nibiza kukuhweera kwetegyereeza hamwe n'okweijuka amakuru g'omutambo agarikukwata aha COVID-19. Nobaasa kukora ebi weenka nari ori hamwe n'abaana abandi. Oijukye kuguma n'obihandiika.

“ Bwiino erikukirayo kutagira amaani nehita okwijuka okurikukizayo amaani. Enfumu kuruga China ”

Eky'okukora 1: Manya Ebikuru

Entwaaza: Kozesa akacumu, kyebeera aka bokisi akahikire. Nobaasa kuhandiika aharupapura kwenda ngu ogume oijukye kandi ogume orikwegyezamu.

	Ebirimu	Ebi Bikore	Birekye
1	Jwaara massiki waaba ori omubantu aheru yeeka yaanyu.		
2	Bagana ebikopo, amasohaani, ekaraamu, n'obucumu na abaana abandi ahaishomero.		
3	Yoonja edesiiki yaawe waguma wahika omu kibiina.		
4	Hoobeera kandi okwaate omungaro buri muntu ou orabugane.		
5	E'ikiriza ebirabo kuruga aha beegi abandi.		
6	Juuramu massiki yaawe waaba nogambiira omu kibiina haba hatariho muntu weena arikukureeba.		
7	Naaba omungaro zaawe emirundi myingi omu e'izooba.		
8	Shweeka omunwa gwaawe hamwe n'enyindo waaba noyetsyamura nari nokorora.		
9	Shoma aha notiisi boodi kumanyirakimwe ebiri kukwata aha kakooko.		
10	Reeka omwanya ahagati yaawe n'abaana abandi waaba ori omukibiina hamwe n'aheeru.		

Ebigambo bitsya hamwe n'Ebibuuzo by'okwecumintirizaho:

1. Nibigambo ki ebitsya ebi wayeega kuruga omumugane?
2. Zara na Mika bakakoraki kugira ngu b'eimukye kandi baakye?
3. N'ooaha ondeijo orikugambwaho omu mugane?
4. N'ooaha owakizireyo kukushemeeza kandi n'ahabwaki?
5. Nibintu ki bishatu ebi oyegire kuruga omumugane ogu?
6. Waaba noshoma ogu mugane omu'eiraka ry'ahaiguru, nibicweeka kyi by'ekitabo ebirikukwata aha magara gaawe?

Eky'okukora 2: Ebintu Ebirungi Eberiho

Ebiri ahaifo, nibimwe aha bintu ebirungi ebiri omumaka gaitu hamwe n'omu eihanga nobu endwara erabe yatuteganiise.

Entwaaza: Bishome haza otoranemu ebintu 10 ebi orikureba nari kuhuriira omu kyaanga kyawe.

Ebintu Ebirungi Eberiho

1 Okw'imukiramu kukora

Abaana hati nibakora n'amaani omumaka gaabo hamwe n'omu byaanga.

2 Okukora ebirikurugamu sente

Abaana hamwe n'abazaire bariyo nibakora za saanitayiiza hamwe na masiiki; baziguza kuruga ahaka kuza ahandejjo, bazitwaara omu za supa maketi, ama hoteeri hamwe n'omu maduuka g'emibazi.

3 Okweega

Abashomesa, kwegyetseza aha mikutu; Ebitongore bitari bya gavuamenti hamwe n'abantu buntu kugaba ebintu byokushoma hamwe n'okwegyeramu omubaana abari omu byaanga ebitaine yintaneeti.

4 Emituriire

Akaire kaingyi n'abeeka yaawe; kuguma orikukora ebisaasayiizi, okwereberera, kugeita ebijuma hamwe nemboga omubyokurya.

5 Emikutu erikugaita baingyi

Kubagana amakuru gomugasho ahamikutu erikugaita baingyi. Otairamu okugamaba ahamagara g'abantu omumiteekatekyere.

6 Obwegyetse

Abaana kukora n'amaani kwenda kweijuza obwiire obu baferiirwe, okuhikiira ahaiguru ebigyezo byaabo.

Eky'okukora 3: Okusherura Ebigambo

Entwaaza: Yetegyereeze ebigambo by'okutoranamu orondemu ebigambo 20 nari ebirikukiraho ebirikukwata aha COVID-19. Nibibasa kuba biri ebintu ebi abantu barikukozesa kwerinda nari kuraguriira akakooko, nari ebi bari kukora kugira ngu bagumeho nobu endwara erabe ekiriho.

A	C	O	V	I	D	1	9	O	V	I	R	U	S	O	M
C	O	X	G	Y	E	N	R	N	N	N	S	L	I	V	E
N	Y	C	A	O	M	E	D	I	C	I	N	E	O	I	N
Q	L	O	C	K	D	O	W	N	A	X	E	D	C	R	T
L	E	R	O	D	I	C	O	V	I	D	E	X	O	U	A
O	D	O	V	E	S	A	N	I	T	I	Z	E	R	S	L
C	M	N	I	D	T	Q	W	E	N	T	E	P	O	T	A
K	E	A	D	O	A	Z	O	O	M	G	L	U	N	O	T
D	D	O	I	K	N	C	B	N	U	I	V	J	A	B	S
O	I	E	S	O	C	I	A	L	S	N	I	Q	X	B	S
W	C	D	C	A	E	J	B	I	V	G	T	O	H	O	P
N	I	O	H	E	A	L	A	N	M	E	A	L	O	O	R
E	N	C	O	V	I	D	W	E	A	R	M	A	S	K	A
L	E	T	O	A	A	I	I	M	X	S	I	E	P	S	Y
E	S	O	K	C	S	S	T	E	A	M	N	O	I	O	E
A	X	R	K	C	D	T	O	L	O	M	I	N	T	R	R
F	A	S	T	I	F	A	B	E	D	O	A	S	A	L	T
Z	O	O	M	N	G	N	I	M	M	U	N	E	L	N	L
I	M	O	X	E	H	C	L	O	V	E	S	A	S	E	A
L	N	B	C	S	J	E	O	N	U	R	S	E	O	Q	N
T	V	I	T	A	M	I	N	S	Y	E	O	W	E	N	T



Eky'okukora 4: Ebibuuzo hamwe n'Okugarukwamu aha mubazi gw'okugyema COVID-19

Oburugo: Africa Centres for Disease Control and Prevention (Africa CDC)

Entwaaza: Tunga orupapura hamwe n'akacumu ohandiikye amakuru aga g'omugasho agarikukwata ahamibazi y'okugyema hamwe n'okugyema endwara omu Uganda. Nyabura gabagane n'abeeka yaawe hamwe n'banywani baawe.

Q1. Emibazi y'okugyema neekora eta?

A1. Emibazi egi nekora kuraba omukuteekateekyeesa omubiri ngu gwatahirirwa akakooko, kituma gweimutsya amaani g'okwerwanitsiza akakooko.

Q2. Omubazi tigwaine kabi?

A2. Emibazi teine kabi, terikukukora kubi, kandi nebaasa kurinda abantu kutakwatwa akakooko ka COVID-19. Ebirikubaho omuntu yateerwa omubazi ogu tibyaine maani kandi nibibaasa kubamu nka ka Senyiga kakye, okupiipa, okusaasa enyama z'omubiri hamwe n'oburuhe.

Q3. Abantu abashemeraire kubanza batunga omubazi ogu niibahi?

A3. Abakozi b'ebyamagara nibahebwa omwaanya gw'okubanza kubarinda kukwaatwa endwara hamwe n'obutagijanjaaza kugituriza abarwaire. Abandi nibakirinju hamwe n'abantu abaine endwara ezindi nka shukari. Abandi, ni abakozi bakyeembera nka abegyeesa hamwe n'abantu abarikukora emirimo y'obuhereza nk'abarikukora omuma banka.

Q4. Emibazi y'okugyema eri hoona om'eihanga?

A4. Emibazi eri hoona om'eihanga, baitu nk'oku za doozi eziriho zitarikumara, buri omwe tarikubaasa kugyemwa hati. Ekigyendererwa n'okukora omubazi ogurikumara kugira ngu burimuntu weena orikwetenga kugyemwa agutungye.

Q5. Nimbaasa kuruga ahakujwara maasiki naheza kugyemwa?

A5. Tihariho makuru garikumara kushoboroora kumanya niryari obu kireije kuba kitari kyakabi omuntu yareka kujwara za maasiki. Baitu hariho amatsiko ngu omuntu orikuba agyemirwe naaza kurindwa obutarwara COVID-19, kwoonka yamukwata nabaasa kuturiza abantu abandi akakooko kaayo. Nooba otari ahakabi wajwara maasiki waaba ori omubantu baingi kandi okatsiga omwaanya ahagati yaawe hamwe n'abantu abandi ogaitsireho okukurata obuhabuzi obundi bwokurwanisa COVID-19.

Kumanya ebirikiraho, taayaya ahamukutu ogwa <https://africacdc.org/download/questions-and-answers-on-covid-19-vaccine>

Eky'okukora 5: Okusiima Hamwe N'okuhandiika

Entwaaza: Gira akaire oteekatekye ahabintu nka 10 ebi orikusiimira. Nikwo, bihandikye aha rupapura nari omukitabo. Guma okore eki buri mwebazyo otakagiire kubyaama. Baganaho n'abandi baana oreebe ebi muri kushushanisa.

Eky'okukora 6: Niinye Oha?

Eki nikiza kukuhweera kujumbura ebigambo birungi ebi orikubaasa kukozeza kushoborora ou ori. Eki ku ori kukikora, emiteekatekyeere yaawe neza kuhindikaho buri'eizooba, kandi nooza kugira kweikirizamu waheeza kukimanya ou ori kutari oku abantu abandi barikukureeba nari bakagira ngu nikwo ori.

Entwaaza: Buri kasheeshe, reeba omundeberwamu haza oyebuuze oti "Niinye Oha?" K'orabe otaine ndeberwamu, guma oyeshushanisirize nk'orikwerebera omu ndeberwamu. Oyijukye kukozeza ebigambo kweshobororaho.

Eky'okukora 7: Omuzaaano gwa Guruka Amatsiko

Omuzaano ogu nigukuhweera kugira ebirooto bihango, kugira ebigyendererwa kandi gukuha amatsiko ga nyentsya. Niywo omuzaano ogu gurikweteerwa guruka, guruka, amatsiko.

Entwaaza: Kozesa kyooka nari amakara, oteere obubokisi mukaaga ahansi haza otandikye kuzaana omuzaano gwa guruka, guruka. Guruka emirundi etaano ahakuguru kumwe, nikwo oyemerere aha maguru abiri. K'orayemerere, gamba eki orikuza kuba k'orikura kandi hamwe nenshonga y'amaani ahabwenki. Reeka gube gwenyine kandi gurikushemeza.

Reeba eby'okurebeeraho ahaifo:

Guruka, guruka, guruka, guruka, Ndi omushaho, kandi ninjuna amagara.

Guruka, guruka, guruka, guruka, Ndi omunyamakuru, kandi ninjanjaza amakuru marungi.

Guruka, guruka, guruka, guruka, Ndi omuvugi w'enyonyi, kandi nimpweera abantu kuza omumyaanya etari emwe.

Guruka, guruka, guruka, guruka, Ndi Maama, kandi ninkuza abaaba b'amaani.
Guruka, guruka, guruka, guruka, Ndi omu poliisi kandi nindinda ebiragiiro
hamwe n'obutebenkana.

Guruka, guruka, guruka, guruka, Ndi omubazizi w'amaani w'emyenda
y'emishoona ya Uganda kandi nitunguura entwaaza ya Africa omunsi yoona.

Eky'okukora 8: Ekyeshongoro hamwe N'omugane

Entwaaza: Shoma kandi ohurikize ekyeshongoro eki hamwe n'omugane,
kyeegye, kandi okyeshongore buri'eizooba kikugaruremu amaani, orekye kutiina
kandi ogume oine ebirooto bihango. Nobaasa kuguma nokyeshongora nari
nogaruka omubigambo weenka nari ori n'abaana abandi. Tebekaanisa empaka
z'okweshongora nari kugarukamu emigane omukyaanga kyanyu haza mureebe
n'ohan orikukizayo kubikora. Murekye kyibe ekirikushemeza obwo muri kweega.

Enyonyoozi eri kw'eimuka: Amaani g'Ekirooto

Ekicweeka:

Ndi enyonyoozi eri'kweimuka; Tindi w'obutoosha,
Nindoota, yeego Nindoota, Nindoota ahabwokuba ndi enyonyoozi
eri'kweimuka

Nyiine obumanzi... Kushagatira ebindikutiina

Ninyiriirira... enyonyoozi

Kuhikiriiza amaani g'ebirooto byangye, amaani g'ebirooto byangye.

Okutongyereera:

Kuturi kwikiriza nituhikiriiza,

Kujumbura amakuru gaakyo, kuturiira omubusingye kandi hamwe
n'okweimuka.

Kukira ahabitwarotsireho omunda yaitu

Okwo omunda omuri buri mutima, hariyo amaani g'omutaano

Agarikwaatsya okuteekateeka kwaawe kukakuhitsya omumaani maingi
munonga,

Kuhinduka kuza omu maani

Kuhikiriiza amaani g'ebirooto byangye, amaani g'ekirooto.

Ekicweeka:

Ndi enyonyoozi eri'kweimuka; Tindi w'obutoosha,
Nindoota, yeego Nindoota, Nindoota ahabwokuba ndi enyonyoozi
eri'kweimuka

Nyiine obumanzi... Kushagatira ebindikutiina

Ninyiriirira ...enyonyoozi

Kuhikiriiza amaani g'ebirooto byangye, amaani g'ebirooto byangye.

Okutongyereera:

Ensi yaaba neetuha ebirungyi byaayo ebirikukirayo

Nituuza kwemerera butsimba

Abaishikiyi, Aboojo, Mwimukye

N'eimwe murembe... ogu ensi etweire etegyereize

Ensi teriba nikyo kimwe kuturiba tutagirimu

Twiine amaani g'ekirooto x2

Ekicweeka:

Ndi enyonyoozi eri'kweimuka; Tindi w'obutoosha,
Nindoota, yeego Nindoota, Nindoota ahabwokuba ndi enyonyoozi
eri'kweimuka

Nyiine obumanzi... Kushagatira ebindikutiina

Ninyiriirira... enyonyoozi

Kuhikiriiza amaani g'ebirooto byangye, amaani g'ebirooto byangye.

Ndi enyonyoozi eri'kweimuka; Tindi w'obutoosha,

Nindoota, yeego Nindoota, Nindoota ahabwokuba ndi enyonyoozi
eri'kweimuka

Nyiine obumanzi... Kushagatira ebindikutiina

Ninyiriirira... enyonyoozi

Kuhikiriiza amaani g'ebirooto byangye, amaani g'ebirooto byangye.

OMUGANE – Eimuka kandi Oyakye

Ni nyimuka kandi nyaka

Nk'eizooba

Ni nyimuka kandi nyaka kandi nyeikirizamu aha bw'okuba eryo n'eitungo
ery'amazima.

Amagingo kugarikuhinduka kandi ebintu bikaguma

Ningira omukono ogu nakwaata kandi mbagana ekyererezi kyangye

Nka'eizooba

Ni nyimuka kandi nyaka.

Ni nyimuka kandi nyaka ndi kweyesiga,

E'iraka ryangye ryayeteengwa kuhurirwa

Ah'bwokuba ensigo z'amatsiko nimwo ziri

Kandi omuri zo
Ninza kw'eimukirakimwe n'obumanzi
Kandi ndeebe oburemeezi nk'orutambwe rworoobi rurikuza omukukura.

Ninza kw'eimuka
Nk'eizooba
Ninza kawaka omu magingo goona
Ahabw'okuba tihariho nshoonga, nari amagiingo
G'enyonyoozi z'omutaano nkaanye
Ni nyaka ndikweiririra ebirooto byangye
Nyekwatiremu ahundikuza
Nkozese amaani g'ebirooto byangye kwaatsya etabaaza nyingyi
Ninza kukora ekirungi ekirikurirayo omuri burikintu kyoona
Ninza kutsiga enyima endibatiro hoona ahu ndagume ninza.

Ninyimuka kandi nyaka
Nokutahinduka, okuremeraho, n'okugumisiriza
Abw'okuba gye omu busingye hamwe n'okuhikiriiza
Nibiza kutuma naguma nyehiireyo
Kuguma ninkora ekihikire kandi amazima
Ahabwangye
N'habwabo abundikufaho
Abundi kwemereera ah'bwaabo.

Ninyimuka kandi nyaka
N'eka yangye n'ekyaanga kyaangye
Ahabwokuba orugyendo orwahare munonga nirugyendwa
Twagyendera hamwe
Ninyimuka ku kora n'abandi
Kutambura orugyendo rw'omusinguzi
Nitunga ekiindikutaho omutima.

Niinyaka kw'ebembera empinduka
Kureeta emigane mitsya erikukwata ahari Africa.
Ahabw'ebyafayo hamwe n'ebirikukwata aha baana w'Africa narratives
Niinyaka kw'ebembera empinduka
Kuba omuntu w'ekitiniisa kandi oine obushongookye
Kukora ekicweeka ekyangye omukuhindura ensi egi omwaanya murungi
gw'okutuuramu
Omurembe ogu
Omumurembe ogurikweija
Niinyimuka kandi nyaka.

EIMUKA
kandi
OYAKUYE

Eky'okukora 9: Empaka Z'amazina

Entwaaza: Hurikiza ekyeshongoro ky'Enyonyoozi erikw'eimuka kandi orebe amazina. Yegaite omumpaka z'amazina obwo orikukorayo kandi okabagana amazina agarikuruga omugaitu ag'obutoosha.

Eky'okukora 10: Okuraganiisa hamwe N'okweehayo

Instructions: Handiika ebintu bishatu ebi orikuza kweheerayo ahabwaawe, ahabw'eka yaawe, hamwe n'ekyaanga kuhereza abandi. Bibagane na munyaanyoko, murumuna waawe, omunywaani, nari omuzaire haza kikuweere kuguma ahamiire ahakwehaayo kwaawe. Ekyokureberaho, Niinyehayo kushoma ekitabo buri'eizooba kumara emyeezi mukaaga ey'omumaisho.

Nyoowe..... nindaganisa ngu

Zara & Mika

Kwebempera Empinduka Nungyi omu Kyaanga Kyaabo

E'iraka ry'Abaana n'Ekitabo ky'emigane ekirikwegyeesa kandi kakashemeza abaana kirikushoboroora omumuringo oguri kuha abaana amaani g'okugumisiriza hamwe n'okubaho kuraba omu mbeera ezigumire, z'obutaba mumashomero hamwe n'okufeerwa abantu b'omumaka gaabo omumagiingo g'endwara ya COVID-19. Kuraba omukugamba emigane, Ekitabo nikikozesa amagyezi kujanjaaza amakuru g'omugasho kandi agari kwegyeesa hamwe n'enkora erikuha abaana amaani kuhaangaho, kushagika kandi kuhiiga abaana abandi n'okwejuumba omukugamba ebirikubakwataaho.

Ekitabo eki nikikwaata ahaby'Uganda kandi nikyoreeka abaana ebintu byingi nka eby'okurya, eby'obuhagnwa, emituriire ey'obutoosha, hamwe nemitwariize erikukyamutsya abanya'Uganda kandi bakashemererwa nobu hakuba hariho oburemeezi. Ebihandikirwemu nibireteera abaana kushemererwa kandi bakeega kuraba omumigane erikureeta obumanzi, okuremeraho, amatsiko hamwe n'omutiima gw'okukora omu baana. Ekitabo eki ebirimu nibikwaata ahabantu, nikijwekyera, kyoreeka ekiriho kandi kyeihayo entwaaza, ebiriho hamwe n'oku abaana barikutwaaza omumagara gaabo.

E'iraka ry'Abaana n'ekitabo ekirikuha abaana ebikwaato by'okweinegyeza okugumisiriza, kubaho hamwe n'okurabamu. Emigane egi nekwaata n'aha ntwaza yekinyakare, ebyaanga by'abantu abarikuribatiriirwa nk'ekyokwegyeeraho kandi kyoreeka obutashushana oburi omumahanga. Ekitabo eki, nikihweera abaana batunga omwaanya gw'okwemanya eki bari, okumanya emituriire hamwe n'okukora ebirikubakwataho omumituriire ey'obutoosha.

E'iraka ry'Abaana ryeijwiremu amatsiko hamwe n'amaraka marungi agu abaana baitu baine enjara y'okuhurira. Enfumu y'abanya Africa erikugira ngu "Watambura weenka, norahuka, mwatambura hamwe, nimuhika hare" neyeegyesa abaana kuguma nibakorera hamwe. Abaana b'omu Uganda bataireho omutima hamwe n'ebikorwa by'okukoreramu, entwaaza eyi ensi erikweteenda.

— **GERALDINE LAYBOURNE**, *Omurwanirizi W'enshonga Z'abaana kandi owabaireho Purezidenti wa Nickelodeon.*

"Reeba okukirikushemeza kushoma emigane ey'oburiho erikugambwa abaana b'omu Uganda erikukwata aha magara gaabo hamwe n'ebi barikurabamu omu bweire obu. Nikirungi aha bw'abaana b'omumahanga ga burug'eizooba bwa Africa hamwe n'omunsi yoono kukishoma. Nitweetenga ebitabo ebindi nk'ebi kuhimbya omurembe oguriho hamwe n'oguragarukyehe!"

— **NISHA LIGON**, *Mukuru w'abashoize Akili and Me hamwe na Ubongo Kids.*

