

PLEDGE

Be the Change! Choose Kindness

Today I will use kind words and actions.
I will befriend those who are sad or lonely.
I will show appreciation and share my smile with everyone!
I will look for opportunities to be kind.

I will not be unkind. I will never think it's fun making other people cry.
I promise to be kind, to help, include and share with others.
I will make friends, and work to show I care to other children, family,
community, and the WORLD.

Name: Age:

www.kids-voice.org

be
KIND
#DoNoHarm

