

Zara & Mika

Doro Alokaloکا Mabecu Ikin Gang

Rehmah Kasule



Zara & Mika

Doro Alokalo Mabece
Ikin Gang

Rehman Kasule

© Twero 2021 – Twero ducu ma ogwao.

ISBN – 978-9913-9930-0-5

Coc ma tye ii buk man ngat moo keken peke ki twero me koporo, loko onyo cwalo woko labongo nungu twero ki bot ngat mucoyo Rehmah Kasule onyo Mastercard Foundation.

Pe kibinu keto ladot onyo pidu ikom lucwal woko, onyo lacoyo ne, pi bale, yupu onyo rweny pa lim calo adwogi me ngec ma nunge ii nuk man, romo bedo atira onyo peke.

Ngec bot Danu weng:

Twero me tic ki buk man weng tye ii cik. Tye ka me akwana bot ngat ma tye kede. Pe iromo loko gin moro keken iye, poko ne, cato, tic kwede, miyo calo lapor onyo loko kaka moro keken, onyo ngo ma kicoyo ii buk ma, labongo nungu twero ki bot lacoyo ne onyo lucwalo ne woko.

Ywene ki ii Ngec man:

Pire tek me niango ni ngec matye ii buk man tye me pwony kede galowang keken. Watimo jami weng mamitte me wek omi ngec ma tye ada, ma rwatte kede kit kare man, iromo geno, dang ogwaro jami weng. Pe omiyo ikom kit waranti moo keken icoc wa. Lukwano ne moko ni ngec matye ii buk man ki nwongo ki bot danu ki dule mapadi padi. Tim ber inwong tam kibot ludiro mapud peya itemo tic kede diru moo keken ma kicoyo piny ii buk man. Ii kwanu buk man, lakwano ne moko ni pe ebinu keto kit ladot moo keken ikom lacoyo buk man pi bal moo keken maromo kato macalo adugi me tic ki ngec ma ibuk man, matye iyee, ento pe ogik ka kanu macalo kalu jami mogo, weko ngec mukene woko onyo miyo ngec mogo ame petye atira.

Kicwalo woko medo ki goyo ii karatac ii Lobo Uganda.

Dyero mic

Wadyero buk man bot Lutino me wilobo. Wageno ni ka ikwano buk man, bino miyo boti tam wek ikwany kare me loko kwo ni ite doru aloka loka ikin gang. Wilobo duc mito winyo tami malubbe kede kwo ni pi anyim. Omito winyo lworu ki gen ma itye kede ii cwinyi; kacel ki tek cwinyi medo ki miti ma itye kwede pi anyim. Wek dwoni owinye, tammi pire tek!

Pwoc – Teko wa

Coyo ki cwalo buk woko mito tic kacel. Kit ma an akato ki tam mabeco, amito danu ma aromo tic kwed gi wek buk man okati woko. Amiyo pwoc bot jo ma abedo katic kwed gi ma gumiyo kony mapatpat ikare ma atye ka tic ikom buk man. Amiyo pwoc madit bot danu ma gukonyo coyo buk man ame lutelo wii gi obedo Pheona Nakishero, ki Zura Nakiwoga Mukasa. Ladiru goyo cal ki lanyutu ne, apwoyo wun ducu me medo tam mapatpat ii buk man me wek okato woko. Amiyo pwoc bene bot lutino ducu ma okato ki tam mabeco mapapat macalo Asra, Amaal ki Rahma ma gumiyo kony bot lawer wa manyen Kauthar Lukwanzi ma obedo lawer ki lalwod.

Atye kwede yomcwinyi madit bot lutino ducu ma ii Uganda ma gu nywako ododo kwo gi kwed wa. Ododo magi tye ka dok pwony madit ma bimiyo kero ngec bot lutino ma ii wilobo ducu. Adwoko pwoc bene bot lunyodo ma gu cukuru cwinyi lutino gi me cwalo ododo gi bot wa. Apwoyo wun weng pi yele wu me tic kwed wa.

Lanyutu obedo: Davis Bamwine

Goyo cal buk: Patricia Businge

Ikom Mastercard Foundation

Mastercard Foundation tiyo kacel ki dule ma tye ki neno me konyo danu ma tino ki ii Africa kede lutedero me Canada me nongo tic maber ma konyo. Tye ikin iryonget madongo ii wilobo ma tutte git ye me yilo malu ryom me pwonyere kede coro pi danu weng bedo ki lim icing gi me wek obed ki wilobo ame danu weng tye kakanoro bene nongo rorom pa kwo. Kicako mastercard Foundation imwaka 2006 macalo dul ma cung apire kene matye ki Ludito ma moko tam(board of directors) ki ludoro yuba man.

Foundation man tye akubu ngec ikom COVID-19 ame otye alwongo ni COVID-19 Awareness campaign 2021 ikare ma adwogi pa gemo man ikom ngat acel acel, paci, ki ikin gang ii lobbe me Africa. Yuba man, ame oketo ii Ghana, Kenya, Nigeria, Uganda, Senegal, Rwanda, ki Ethiopia, miyo kare bot lutino me ii Africa me nywako cekko ikom kwo gi ikom kanyo gemo, diiru manyen ma okato gini kwede, medo ki jale me konyo labongo kit cul moo keken ii lweny ikom COVID-19. Jami weng tye ocung ikom wii lok me Gwokke, Gwokko Jo Ot ni, Gwokko lukin gangi, kun nongo coro pi ngat acel acel loko doko tic-cere ite hashtag #ItsUpToUs.

Pi ngec mukene ikom Foundation man, lim wa ii <https://mastercardfdn.org/>; eka me nongo pwonyere ikom kit ma lutino tye ka kanyo kede kwo ikare me gemo man ibut lobbe me Africa, lim wa: www.covidhafrica.com.



Kwena kibot Lacojo ne

Rehmah Kasule

Lutino,

Baaba na otoo ma pud atidi, eka kwo obedo ma tek, ento Jo Ot wa pe gi jalo! Maama na oweko wa niang ber pa kwan. Macalo lutino mukene iyi akina wu, kinywalo an ki icalo, ento pea bin abedo dako ma lacalo pien an akwano.

Ii gang kwan wa ma icalo, pe wabedo ki bukke. Ikare ma aceto ii senior, lurem an gucwala kan ma bukke dwong iye, eka kwo na te lokke matwal. Ki kwan, anwongo ryeko, tek cwiny, acako tam madongo pi anyim, eka gen te dongo ii cwinya. Pi manu atutte matek, atyeko kwan na eka ate tinge ki digri me acel ki university.

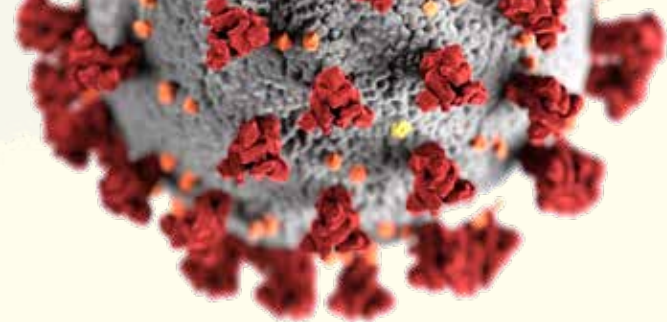
Nwongo atye ki mwaka 24 ame acako cato wil eka, lacen acako dul iryonget ma pe jenge ikom gamente, CEDA International. Apwonyo lutino ma gitye calo wunne me ngeyo nga ma inne ibedo, bedo ki awaka ka ma ii aa ki iye, medo ki tamo pi kwen ma imito ceto iye. An bene acwako lutino me nwongo kwan maber me wek diki maca gi bed lutela ki Lucak biachara.

Nino ki nino, apoyo wii lutino anyira na ariyo ni ka ii leko, inwongo gin ma imito bene pe tye lek moo keken ma dit tutwal. Bot an, miti na ma pud atidi nwongo obedo me kwan ii Havard University ame tye ii United States me America. Imwaka mukato anged, acobo miti ikare na kilwonga ka bedo fellowship pi mwaka ariyo, advanced leadership initiative ma neno wa nwongo ocung ikom Kwan ki anyim pa tic ii Africa.

Tin, atye ka cako yoo kwo manyen me coyo kwo gi piny kun nwongo woko ki medo tek cwiny pa lutino me waco kwo gi kun wok ki icoyo bukke macalo kit man. Ajalo kwo na me konyo lutino wek opwony gini kit me kwan, Ayee ni Lukwan aye Lutela!

Tam ma bot lutino matye kan noro ducu en aye "Kan ma ii aa ki iye petyero gengo anyim-mi. Itwero loko anyim-mi ka itye ki niyee ikom inne ite cako kwo maber."





Peko Gemo COVID-19

COVID-19 onyo gemo me coronavirus ame obedo kudi aburu mager maneko danu, ma ocakke ii dwe me apar ariyo ii mwaka 2019 ki China, eka te nya room wilobo weng. Gemo ni bene tye ka yelo lutino matek kadi bed ni kibieko ni two COVID-19 pe yelo onyo mako lutino tutwal.

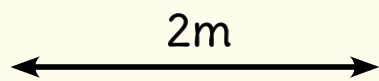
Ii Uganda ki lobo mukene ii Africa, lutino ma tye mwaka 14 dugu piny room percent pyero abicel wiye abic pa danu ma ii lobo. Ni cakke ma peko man ocakke, gang kwan mapol odong alora, eka lutino, jo ot gi kede lugang tye ka beyo ii lworu adwongo pi anyim ikare man me gemo ni. Kadi bed ni kibieko ni two COVID-19 pe yelo onyo mako lutino tutwal, peko gi madit maloyo en aye loro gang kwan ki ngec moro madi bedo peke ikom yoo me ngii bedo ki gemo ii kwo gi. Alip ki alip me lutino kwan tye acanne pi peko man. Dul me *Save the Children* bieko ni cok lutino million 10 romo pe dugu ii ganga kwan inge gemo man. Jami tye marac makato pi lutino ma goro gi dwong macalo ii kema kii ma ii gangi ma lim nok icing gi. Lutino peke ki jami me akwana onyo gaa kwan me konyo weko gi bedo mede ki pwonye medo ki nywako gin ma gitye ka beyo iye me wek onwongo kwe cwiny. Manonok ma waketo piny pe Loko ki lutino, pe nyutu ngat ma gibedo, bene pe cung pi dwon gi. Man cok lokke!



Ruk lawum wang



lwok cingi ki cabun onyo tii ki sanitizer



Gwok bor piny ikin wu obed-bat 2

Lok kom Buk man

Dwon lutino obedo ceko ki ododo aboka ma orayo ki bot lutino ma tye ii but piny me lobo Uganda nywako neno gi ki jami ma gi beyo iyee ikare me gemo man. Buk akwana man ocoyo ii Uganda bene cwali ii wot mapapat me yaro jami anyen, nyutu kwoni cem, lonyo me lobo, kwo ma jwi, kede tekwaro ma weko lobo Uganda ryeny kadi bed ni peki dwong.

Kun wok ki book ododo, buk man miyo ngec apirgi tego me gengo nya pa gemo aburu mager ma medo boti kero me kanyo kede temo kwo ma ipe ii gang kwan, rwenyo wat ni, ki peki mukene ma binu calo adugi me gemo man.

Inwongo pwony madwong kibot ceko pa lutini dodo me tekwin, kanyo can, Gen, mito ngeyo, tic, ki cwiny gi me rwako lim cako biashara manyen. Buk man amiyo kero me lok ki dwoni malu, ki miyo boti jami tic, ngec, tam, kede ngec ma itye kede ikom peko me gemo aburu mager.

Iyi buk man oketo jami me akwana tye ki jami pwony me atimma ame aweki idonyo ii Pwoc Matek, Ngiyo kwo ni, tam matut ki diiru me cobo peko me gero cwiny me koporo, bedo ma ii kwo kede coro kwo. Ngec, ki jami tic magi akonyi pwonye, eka ite doru alokaloka ii gang wu kede ikin gangi kwen ibedo iye. Lutino bene apwonyo, atimo gaa eka ote cukuru lurem, lunyodo ki danu ma ikin gang me gumede ki lubu cik ma kiketo me juuko gemo corona virus.

Iromo nongo copy me buk man iyoo macalo pdf, audio, flipbook, ki video version ii www.rehmahkasule.com



KA NWONGO NGEK

Wii lok 1
Jami ducu tye ki
kare ne

Wii lok 2
Pwoc madit ki
Coyo piny kwo ni

Wii lok 3
Ngeyo ngat
ma ibedo

Wii lok 4
Lok malongo,
Tammi pire tek

Wii lok 5
Kwo ki Gemo
COVID-19

Wii lok 6
Jami mabeco ka
ma wabedo iye

Wii lok 7
Gen pi Anyim

Wii lok 8
Teko wa -Watek
Kacel

Wii lok 9
Aa malu ite
Ryeny

Wii lok 10
Tii Tic

Ceko
Ceko Pa Lutino
Manyutu Gen, Tek
Cwiny, Kanyo Peko
Ki Cato Wil

Tic atimma

Buk man obedo mic bot

“
**Kan ma ii aa ki iye Petwero
gengo anyim-mi. Itwero loko
anyim-mi ka itye ki niyee ikom
inne ite cako kwo maber.**
”

Rehmah Kasule



Jami ducu tye ki kare ne

Obedo ceng abic idyee ceng ma piny nen leng tutwal. Ngwec labolo ki rec ma otwoo ma kitedo ki pul tye opong ii jokon I gang pa Kego ka gibedo piny ka camo cem ma idye ceng. Ngwec dek man kato ki iwang Ot kun duny dok tung Nkuma, kabedo acel manonge ii Entebbe.

“Man dek ma amaro maloyo weng! Aromo camo ne jwi jwi,” Mika ame tye mwaka aparacel owaco, kun nwongo nango moo moo ki icinge.

“En dek ame ingeyo tedo enu keken nicak ma ipwonyo kwede tedo, Mika. An aromo tedo dek luwombo ma mit makato inne,” Zara owaco. Mika lanye ki mwaka acel dang pol kare nwongo gitye ka pyem.



Min Ot pa Kego bwonyo kun ngiyo lutini ne. Mika tye abunyo ki awaka, “Nen, mama tye ka cwako an. En maro dek ma an atedo.”

Min Ot pa Kego ogamo, “Amaro, pien ber pi yotkoma.”

Kot omwoc eka te ngolo lok dog gi, eka kot te cako Oony kede pwodo wii Ot. Pii te cako oony ki iwii mabati kun pototo ite ot ki inge Ot, te pong alele ibut Ot.

“Won wu myero oyub wii Ot ame cwer nu ka odugu gang,” Min Ot pa Kego owaco. Yweyo doko ire tek ma tye ka lok.

“Mama, iwinyo maber? Komi dak odoko lit?” Mika openyo, ki para.

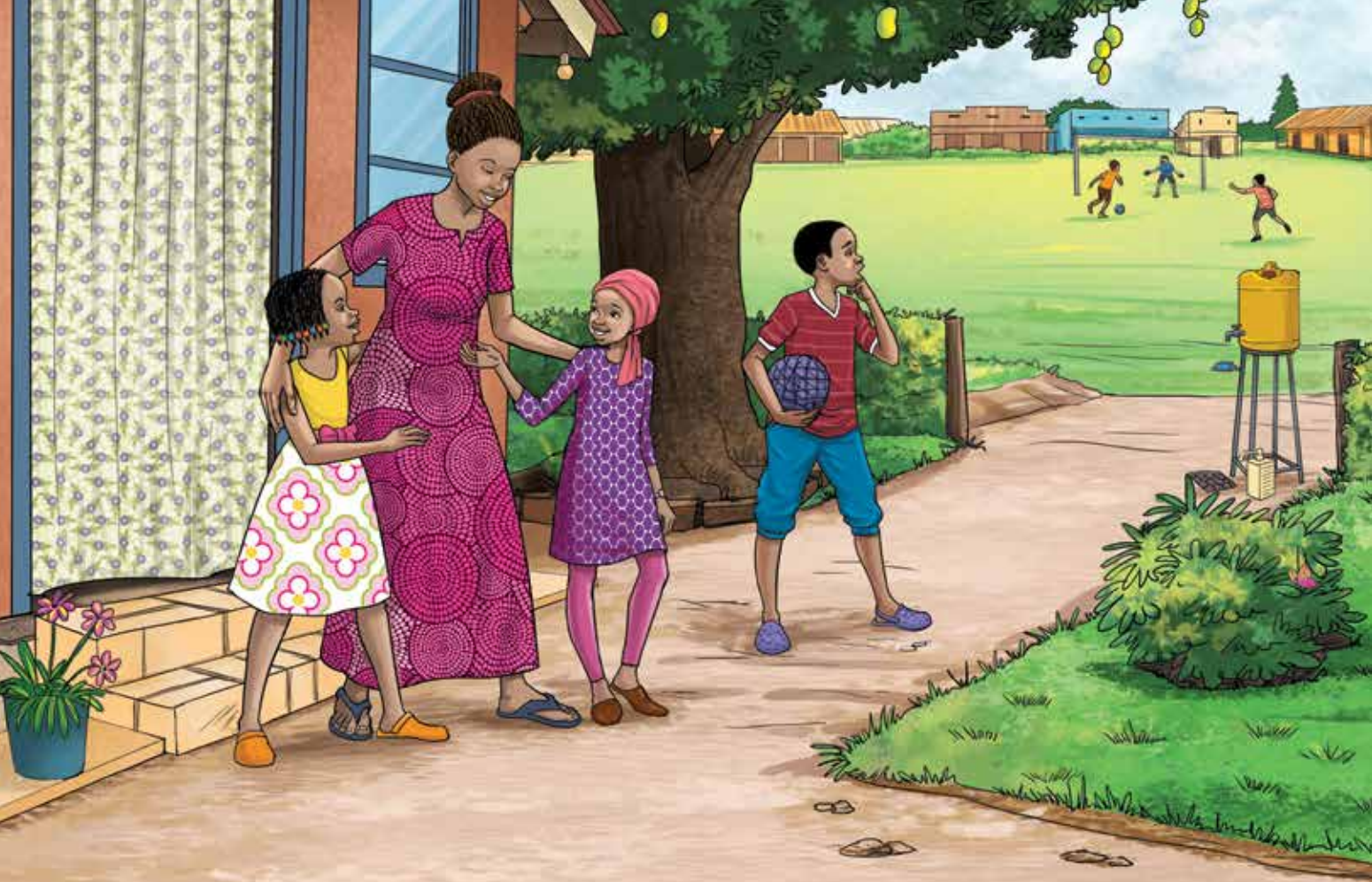
“Koma dong pe karama,” Min Ot pa Kego owaco, “Ento bi tero kare ma pud pe acang maber me dok bedo kit ma yam atye kwede.”

Min Ot pa Kego onwongo tye ki kwidi COVID-19 ii cabit moro ariyo anged. Kadi bed ni kome ocang ki itwo man, pud winyo magoro. Dakatal owaco ire ni omyero obed ka wot rwene ki bedo itte ceng jwi jwi me wek kero odug oyot.

Woko kot dong ceto ka joro kun ngidu dong angida oyoyot kit ma ocakke kwede. Ceng rweny wa ikom kot.

“Adaa onongo yam Waco ni man time kuman nwongo Labwor tye ka nywal!” Susan ma mwaka ne tye abiru “Waco kun ngiyo woko ki wang Ot.”

“Inge lwoko jami, waromo ceto woko wan weng eka ote bedo wunu ite ceng,” Min Ot pa Kego ogamo.



Inge dakika manok, lutino ki meggi gi guwok ki dogola ma inge Ot gi ma kigero ki tafali ma kwar. Gi ceto wa ite muyeme madit ma idyangkal. Lutini yii gi yom pi bedo woko ite ceng. Susan okwanyo labo wi Zara tuku tuku, eka ote cako gini ringo gini tuku.

Ki tenge, Mika neno lureme idye bar.

“Aparo tuku ludilu ki lurema,” owaco ki yweyo madwong.

Ni cakke ame gamente omoko kede nino 42 me COVID-19 me lockdown, lutino pe gu aa ki gang.

“Aniang ento bedo gang konyo gengo wa poko kudi two COVID-19,” Min Ot pa Kego owaco.

“Waromo tuku ka wa gwoko boo piny ikin wa kede ruku lawum dog ki wum?” Susan openyo.

“Aaah! Anaka peru aneno ngat moo ka tuku ludilu kun nwongo oruku lawum dog ki wum,” Mika opyem.

“Onyo waromo tuku bene ki gang,” Min Ot pa Kego Owaco.

“Labongo akalakala danu ma obi tuku keda obi loyo,” Mika waco ki awaka.

“Wabinu neno nne ka otimme,” Zara odwoko lok ki akemo.

Kadi bed ni Zara pe maru tuku odilu, pe yee ni ngat moo oloye. En oyere te bedo ki Min Ot pa Kego ikom Susan ki Mika.

Tuku odoko mit ki pyem. Zara omato ludilo ma acel, pange kede papangu ludilo kun ngweco madwir matek. Eka te matu odilu ma acel.

“Mummy, atye kede tic ma kicwalo ki gang kwan ma atima,” Susan owaco ame tuku peru ocakke daki.

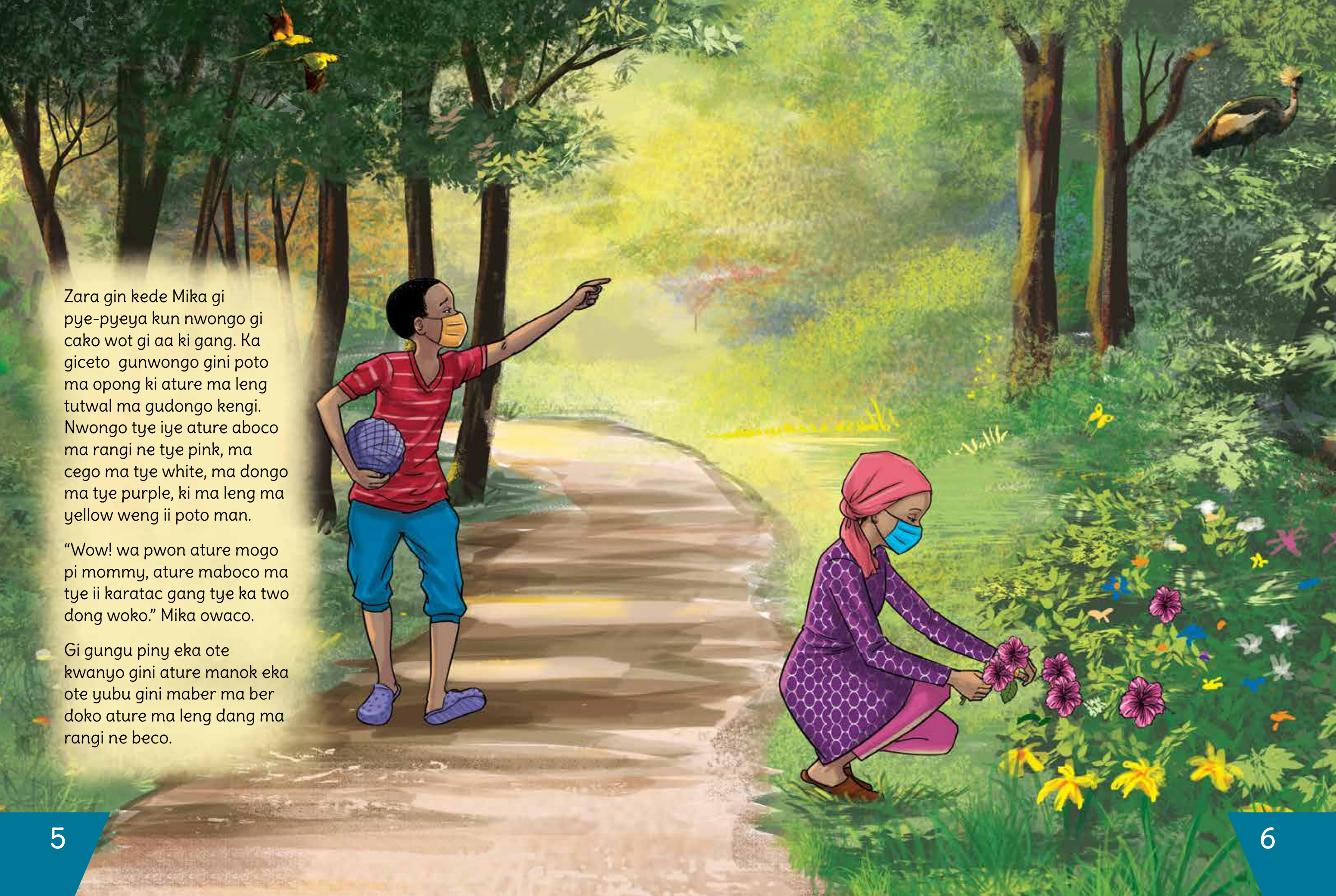
“Manu pien watye ka loyo team wu oko,” Zara openyo.

Min Ot pa Kego onyero, “Kuu, wa dok unu ii Ot. An bene menu oroma oko pi tin.”

“Mama, an ki Zara waromo wot ii dog yoo?” Mika openyo.
“Wabinu moto ka lurem wa ki tenge.”

“Wabinu ruku mask wa icawa weng,” Zara owaco, kun kwanyo acel ki ii jeba lateyiteyi ne ma rangi ne tye purple.

“Angeyo ni ibedo wunu lutino ma niang piny. Gwoke wunu bene poo me lwoko cing wu ka idugu wunu. Gam en, konya iwil wunu nyig yadi ka utye ka dugu wunu gang,” Min Ot pa Kego owaco kun miyo bot gi alip abic ma pote bot Mika.



Zara gin kede Mika gi
pye-pyeya kun nwongo gi
cako wot gi aa ki gang. Ka
giceto gunwongo gini poto
ma opong ki ature ma leng
tutwal ma gudongo kengi.
Nwongo tye iye ature aboco
ma rangi ne tye pink, ma
cego ma tye white, ma dongo
ma tye purple, ki ma leng ma
yellow weng ii poto man.

“Wow! wa pwon ature mogo
pi mommy, ature maboco ma
tye ii karatac gang tye ka two
dong woko.” Mika owaco.

Gi gungu piny eka ote
kwanyo gini ature manok eka
ote yubu gini maber ma ber
doko ature ma leng dang ma
rangi ne beco.



Pwoc Madit kede Coyo Kwo ni

Mika ki Zara gu ngolo wii bao matitidi me dokoro pii ki diro tunu ii bar tuku. Kunaca girwatte kede Lurem Mika ma gikwano kwedgi – Alice, Abdu, ki Justin. Gidipo cono cing gi ii amut kit ma lunyodo gi ki lupwonye opwonyo gi kede nicakke ma kudi COVID-19 ocake yelo kede wilobo.

“Imito tuku kwed wa, Mika?” Justin openyo.

“Eeh!” Mika owaco ki cwinye weng.



En obedo kare malac ma pe rwatte ki luremme. Ikare ma kom mama gi odoko lit inge dyakke ki kudi two corona, pe ki yee ni gudony woko. Danu weng gubedo ka gwokke. Yie yom me kato woko, tuku ki luremme.

“Nyako me ma leng woki? Alice openyo.

Alice tye ki mwaka apar, macalo Zara, bene tye ki miti madwong me mako wat lurem manyen. Ma Zara boyo wiye ki latam wic, Alice otweyo wiye calo pa lukoka.

“Man lakeyo na Zara,” Mika owaco. “Ikare ma uncle ki aunty na kwo gi orweny, lunyodo na gudugu kwede Zara gang inge yik.”

“Apoyo. Momot ki peko Zara,” Alice owaco.

“Asalam Aleikum, Zara,” Abdu omoto en.

“Walaikum Salaam,” Zara ogamo.



Inge tyeko nyutte, Mika openyo luremme ngo ma gibedo katimo ne nicakke ma kiloro gang kwan.

“Pe gin moo ma adii, icawa mukene abedo ki par madwong,” Alice owaco. Lunyodo ne pe obedo ki kero me culu ire pi kwan online.

“Pe itye keni,” Zara owaco. “Aneno ki ii TV ni lutini million ii Africa pe gibedo ka kwan nicakko ma gemo man opoto. Lutini mukene pole wok lutino ma gitye i kema pa luring ayela ki ma tye ikin calo, pe gitye ki gin ma akwana.”

“Yia yom ni kibi yabo gang kwan ii dwe mabinu,” Mika owaco.

“Ateni,” Alice omoko. “Man dong pe abedo ki par ikom nwoyo kilaci 6 imwaka mabinu, ento pud atye lacen tutwal ilok kom jami makwako cukul.”

Atye ki tam moo! Mika Waco. “Wa nongo gin me akwana ki ii kilaci wa matye online. Pingo pe wapeny mama me ogo ii karatac me wek omii bene bot Abdu ke Alice me kony gi kan ma pe gi kwano?”

“Eh! menu ber tutwal,” Alice owaco, “Apwoyo, Wapwoyo tutwal, Mika.”

Zara jungu wangi kun tye ka tam, eka en te dange, “Ateni! Wa tuku wunu gratitude game!”

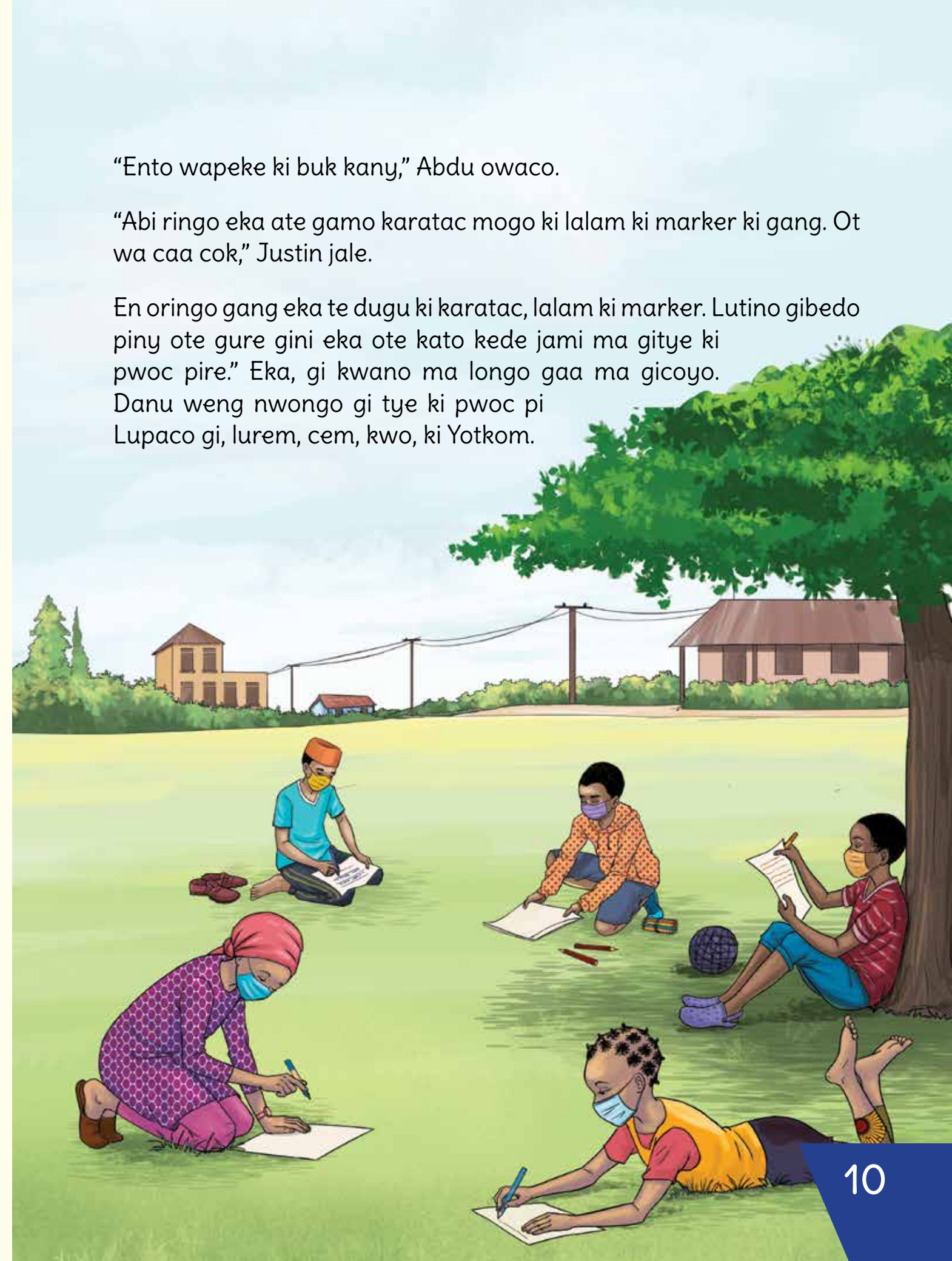
“Kit tuku ango nuu?” Abdu openyo.

“Aunti mamega Madina aye opwonya kwede ikare ma lunyodo na komgi lit,” Zara ogamo. “Nino ki nino, icoo piny jami apar ma ipwoyo lacwec pire ii buk.”

“Ento wapeke ki buk kany,” Abdu owaco.

“Abi ringo eka ate gamo karatac mogo ki lalam ki marker ki gang. Ot wa caa cok,” Justin jale.

En oringo gang eka te dugu ki karatac, lalam ki marker. Lutino gibedo piny ote gure gini eka ote kato kede jami ma gitye ki pwoc pire.” Eka, gi kwano ma longo gaa ma gicoyo. Danu weng nwongo gi tye ki pwoc pi Lupaco gi, lurem, cem, kwo, ki Yotkom.





Ngeyo ngat ma ibedo

Mika cung malu calo lero ma menyo piny. “Man oweko apoo ikom lapeny moo mapire tek.”

“Man dak ngo, Mika? Pe ceko ni mogo me poo daki!” Zara gamo.

“Pe, pe, pe. kur kong watam iye manok. *An abedo anga?*” Mika olwongo lurem me tamo kwede. Wabedo ka tamo iye ikare ma watye ii yuba ma kiketo pi pwonyo lutin kwan ma gi lutela ii gang kwan: “*An anedo anga?*” Mika gonyo ngo ma tere bot danu.

“Manu yot! An abedo awobi,” Abdu owaco.

Zara obwonyo. “Yin ikato bedo ka awobi. Tam peri pi anyim, ngo ma imaro, kede kwen ame ii aa ki iye weng obedo ngat ma ibedo.” zara owaco.

“Adaa, lapwony wa owaco ni ka ingeyo nga ame ibedo, inwongo gin ma imito,” Mika omedo.

Zara okwayo Mika me lok ikom tuku ma gitimo nino ki nino odiku ka gi coo. Danu weng lokke bot Mika me wek gi ngi maber kit ma nyutu bot gi moko niye keni keni “**NGA MA AN ABEDO?**” Mika waco bot gi ni mitte ni myero inen cali iwang maraya eka ite penye lapeny man.

“Tii kwede gupu adwong macalo en ma itiyo kwede ka itye ka cwako tuku lodilu.” Mika owaco. “Pi manu, Ka apeny nga ame an abedo, wun weng gam wunu,” Mika nyutu botgi ngo ma atima.



“Anga ma an abedo?” Mika openyo
“Abedo acer,” gin weng gugamo kacel.

“Anga ma an abedo?”
“An ma loyo.”


“Anga ma an abedo?”
“An abedo latela.”

“Anga ma an abedo?”
“An abedo laloyo.”

“Anga ma an abedo?”
“Abedo atin me Africa ma kwiri.”


Ogito gini nyero eka ote tingo cing gi ma gi dolo malu.

“Ka ingiyo kwo ni keni keni, petye gin moo ma binu diyo inne piny,”
Mika waci gi.



Itenge, Susan tye ka ngwec aa ki gang ringo bot gi. Ame tye ka oo botgi, tiko ma tye iwiye mukado jwane kun winye ni—clink, clink, clink. Tye aomo weyo tutwal, ento pye pyeya kun dange botgi.

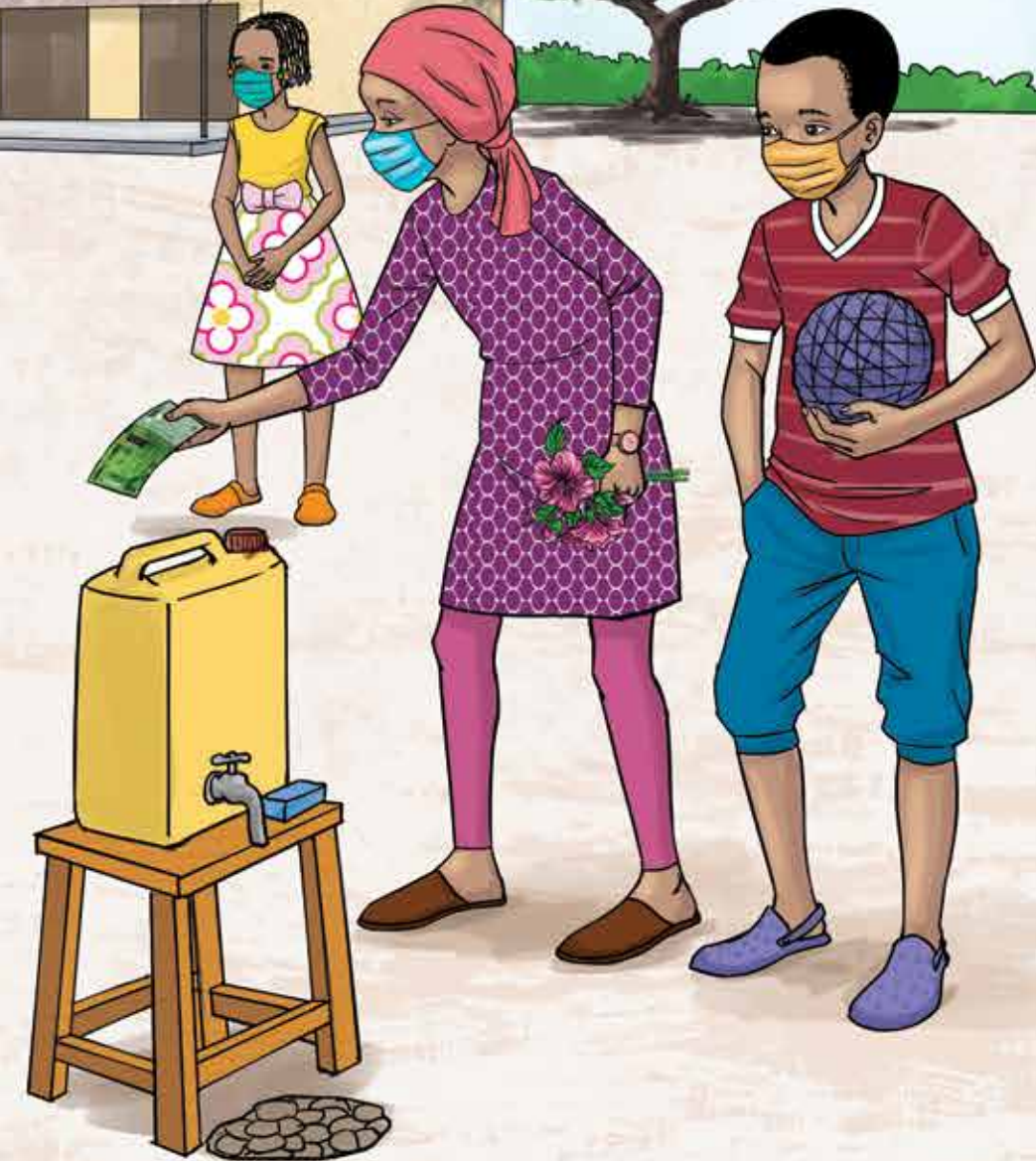
“Mika kwede Zara, mama owaco ni cawa dong oromo oko wudwog gang ka konyo ki tic ii jokon.”



“Wucet maber. Nino ma tin obedo mit madaa,” Abdu owaco.

“Ateni, awinyo maber makato kit ma abedo kawinyo ne ikare ame acoo kidiku,” Alice owaco.

Justin ciko gi eka te kwanyo karatacce ki lalam. “Ogwokke wunu, obed maber, bene poyo me—” ame Justin pud pe otyeko, gin weng ki dange kacel, “Ruk mask peri, Lwok cingi, bene wek bor piny obed ikin inne ki laremi.”



Ma giwoto gidok gang, gubeyo inyim dukan pa Nalongo ma cato iye nyig yadi. Tye ki carrot, lemon, tangawizi, nanaci, kede nyig yadi ki pot dek mukene ma pol ataa. Mika owilo bagala acel me labolo.

Ikare ma Min ot pa Kego nongo komme obedo lit, nwongo giwilo ire carrots, tangawizi, lemun kede ananaci ki ii dukan man. En bene owilo yadi mogo mapol me amwonya ki dukan cato yat kwede Ot yat. Lareme moo acel bene okelo ire yat acholi me buku ki komme.

Obedo kare ma gibedo ki lworu. Igum maber, ngat moo keken pe odyakke ki kudi nu. Gi gwokke kun gi bedo ka lwoko cingi, ruku mask, medo ki gwoko boo piny ii akina gi. Opoko gini bene tic matye oko, me wek Min Ot pa Kego pe obed paro lok kom tic me Ot.

Gu cung iteng gudi ka ngiyo kit ma piki piki kato kede madwir ki danu ma otingo kun oweko gini apuya madwong. Danu weng tye kabunye me oo gang ame cawa 1 Peru oromo pi lworu kop me *curfew*. Gi cakko yutte.

Ma gi oo gang, ceng tye kapoto bene Min ot pa Kego tye ka kuru gi woko. Ame peru gidonyo ii Ot, owaci gi ni gilwok cing gi oko ii tap ma tye woko.

“Myero walwok cing wa pi kare marom mene?” Susan openyo.

“Pi dakika maromo ariyo,” Zara owaco.

“Waromo wero wer me alphabet tyen abic me nwongo cawa kakare,” Mika omedo.

Inge lwoko cing gi, Zara omiyo ature ma gipwonno. Min Ot pa Kego yie obedo yom tutwal pi ature. Okwanyo ature ma pink ikom ature mukene te como iye wiye eka te nyutu bot gi kit marwatte kwede ki bongo ne ma pink ma eruku nu.

Zara bene lwoko labolo eka te donyo ii jokon ka keto labolo ii dwongo me nyig yadi.

“Auntie, ngwec gin moo tye makur tutwal kany,” Zara obwonyo.

“Angeyo. Ayubu gin moo maber ir wu. Wu cit kong olwoke ka ibinu wunu ka cam. Wulwoke bene olok bongi wu,” Min Ot pa Kego owaco.





Lok malongo, Tammi Pire Tek

Ma gidonyo ii ka cam, gi nwongo Min Ot pa Kego dong obedo oko ii meja. ikare me cam, lutino obedo ki wur madwong me nwongo lakit cam manyen iwi meja. Nen calo chapatti ento en dak lac bene rep.

“Daddy, kit cam ango nie?” Susan openyo.

“Man obedo *Injera* aa ki Ethiopia,” Ladit Kego ogamo.

“Mit abene tye tutwal,” Mika owaco.



“Iromo geco gin ango mukene ma ki ngeyo lobo Ethiopia pire?” Ladit Kego openyo.

“Angeyo! Kawa!” Zara ogamo. “Macalo lobo Uganda, kawa obedo gin acel ame lobo Ethiopia cato woko madwong maloyo ikin jami ma gi puru.”

“Menu ber tutwal, Zara,” Ladit Kego owaco kun bwonyo ki awaka madwong.

“Won Mika, waci wa kit nino me acel owoto kede iyunge lockdown,” Min ot pa Kego owaco. Cware momot wace kit ma biashara madwong pud tye alora bene danu manok aye tye ka wot ii boma madit.

“Two gemo man odwoko piny dongo pa wilobo, ento ojingo wat ii paci wa. Watye ki gum me bedo ka cam kacel.” Ladit Kego owaco.

Ame peru oceto ii kabutu, Ladit Kego opoo wii lutini ni kudi COVID-19 pud tye ka nya matek. Ka gucito ii gang kwan, myero gunen ni obedo ma gi wumu dog gi ki wum gi.

“Ento kono ka lapwony owaci wa ni wakwany mask oko ka waloko kono?” Mika openyo.

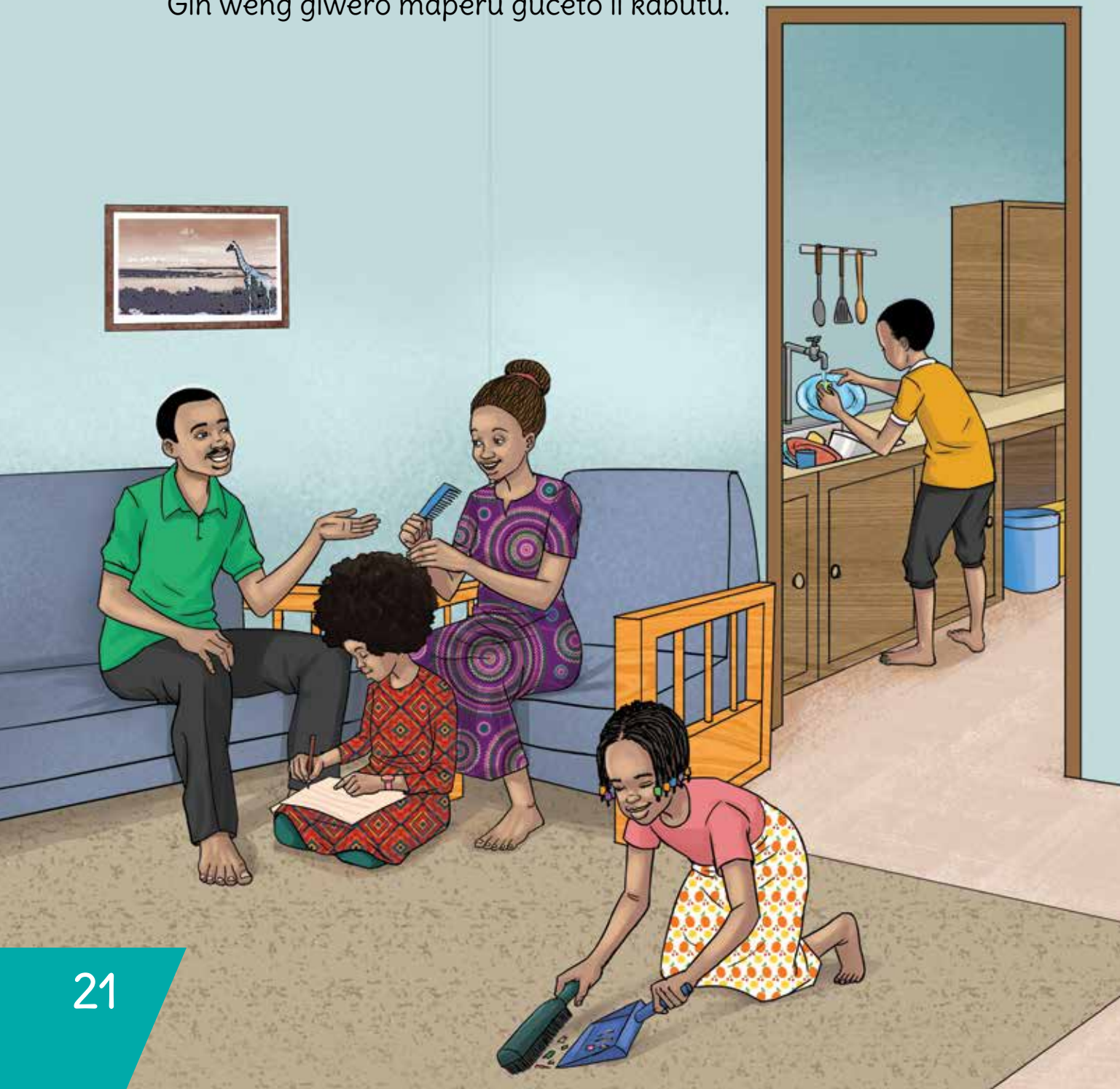
“Menu pe ber. Med ka dwoni malu ka itye ka lok. Nyuti gi ni kadi bed iruku mask ni pud iromo lok madwoni winye eka ote winyi,” Ladit Kego owaco.

“Myero wa bed ka pwonyo. Aromo bene wer malongo ki mask, nen?” Zara owaco eka te cako wero wer.

“Amaro wer nu. Weka wiya poo me pe weko lworu diyo wa, kadi bed ni ngo,” Mika owaco.

“Iwaco adaa Mika. Cukuru wa me bedo ka tam pi anyim.” Zara omedo, eka te cako wer ki dwon malu.

Gin weng giwero maperu guceto ii kabutu.



“An abedo lawer manyen;

Papat na tye

Aleko, ooh adaa an aleko,

aleko pien abedo

lawer manyen

Atye ki tek cwiny

an pe alwor

An a ile malu me mako

lakalatwe

Me nyutu teko pa Lek na

Ka wa tye ki niyee watwero timo nne nwongo

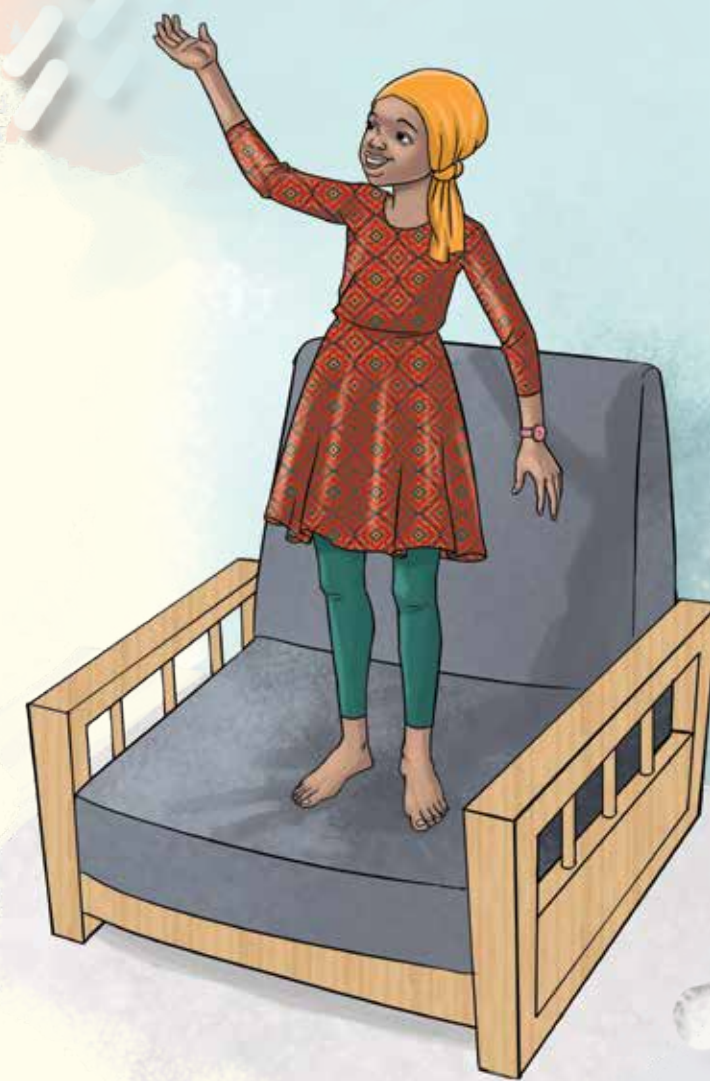
ngo ma gonyo, me bedo agonya ite ile malu

maloyo lek ma wa tammo ki iyi wa.

Kom cwiny ngat acel acel, tye iye gi awura

macoyo tam-mi, loko dok madit lokko doko madi

me nyutu teko pa lek, teko pa leka.





Kwoyo kwo ki COVID-19

Inge dwete abicel me pe bedo ii cukul Ladit Kego ocwalo lutini te weko gi ii Kaboga Primary School odiku con. Ki keto coc inyim cukul kede naka ii dye bar kwen ame lutino gure iye kun coc magi poyo wii lutini me ruku mask, lwoko cing gi, kede keto boo piny ikin gi me gengo dyakke ki kudi COVID-19.



Nino ma acel me cako kwan yamo tye akodo bene piny ngic, ento lutini yii gi yom pien gudugu inge loro piny. Gi motte lworo lworo kun gi jwayo cing gi eka gidipu cono cing gi ii amut. Ma gicakko timu tuku rwene me odiku, gi cung boo piny maromo meter ikin gi.

Inge wero bendera me cukul ki lego, lapwony Akwi ojolo gi me dwogo ii gang kwan eka te beyo ked gi ikom ngec mapirgi tego ikom COVID-19 ki yoo me gwoke. Owaci gi me make bedo ariyo ariyo, kwanyo karatac madit, eka ite gweto bokci matye ateni.

Larem Susan maloyo, Mariam, pe tye, bene en pe ki ngat ma en romo mako bedo kwede gin ariyo.

“Lapwony, pingo Mariam pe obinu ii gang kwan tinne?” Susan openyo.

Lapwony wacce ni Mariam pe obi dugu ii gang kwan. COVID-19 oyelo matek danu ma gang pa Mariam. Ikare ma laminne matidi odugu ki ii gang kwan kwen ame en nwongo butu a buta iyee, pe giniang oyot ni en tye ki kudi man, eka te dyakko danu mapol, ma tye iyee won ne, min-ne ki aunti pere. Ma danu mukene komgi cang, mama pa Mariam kwo ne otum.

“Lamin Mariam nen winyo marac tutwal pi kopo kudi bot jo ipaco gi,” Abdu ogamo.

“Nwongo COVID-19 pe obedo gin amyero ilanne iye, ka danu weko latwo winyo ni etimu rac, manu enu cimo tok,” Lapwony Akwi owaco.

“Iyore mene ma waromo gengo kede cimo tok pa lutwo COVID-19?” Abdu openyo.

“Oromo timo ne kun wok ki koporo ngec makwako COVID-19 makaka lworu, ki nyutu bot lutwo kede wadi gi mara ki cwak,” Lapwony Akwi owaco.

Lutino guringo ceto ii kilaci. Ii Kilaci pa Mika, Lapwony openyolutino me nywako kit ma COVID-19 oyelo gi.

Alice ocakko ceto anyim. “Aneno jami oloke gang,” en owaco. “Ikare ma biashara pa baba kiloro, nwongo pe waromo bene wa wilo cem. Kit lunyodo wa oloke. Aman, cwiny gi kec dang gi lwenyo ikare mene.”

Mika otingo cinge malu eka te medo, “aneno iyi amut ni, ilobo mukene kwen ame cukule odong ame kiloro, lutini mukene kiyeto twero gi pacu.

“Ateni, gero me yii wudi tye adwong tutwal ikare man me lockdown,” Lapwony oyee.

Lapwony owaci gi ni lunyodo myero gubed ki lagam pi jami mogo. Lunyodo mukene gitweyo gi ii buc, ento Lutino madwong pe waci ngat moo keken pien gi lwor.

“Menu rac tutwal. Lutino myero gu cwal dwon gi woko!” Zara owaco. “Atye ki tam moo. Myero wa mii cwak bot lutino mukene me wek olok ma cwiny gi tek medo kanyu peko.

“Menu tam maber,” Alice owaco. “Iwinyo ododo ikom Ayitte me border Busia? En oloyo gero ma ii ot bene tye ka konyo Lutino mukene ikin gangi, ii Uganda ki Kenya.”



Alice okwanu ododo pa Ayitte bot kilaci. Onwongo mit twal, omio ame olang kok, Lutini pe gi aa oyot kit ma jwi. Gukuru wang ma Alice otyeko kwano ne, ngat acel acel nwongo cwiny gi weng tye ikom ododo.



Jami Mabeco Ma Orumu Wa

Ikare ma gii oo gang ki ii gang kwan, obedo gini ii meja me tyeko tic ma omiyo botgi ki gang kwan me atima gang eka ote kwano coc ma kimiyo gi ii buk. Pe yot, ento yii gi yom ni otye kede gin atima ma ii cukul doki.

Lacenera iwi otyeno, Zara, Mika gin kwede Susan gi bedo ii meja me cam, gi tye ka tuku yenyo coc me nyukta ame rwatte kede gemo. Zara pongo lagam kun Mika gin ki Susan bedo ngiyo ki bwong gwokke.

“Myel kono rwatte nini ki gemo man?” Susan openyo, ma cimo lok woko.

“Obedo yoo maber me cukuru cwiny danu ikare man me gemo,” Zara ogamo.



“Ooh, ateni, mama yie obedo yom tutwal ikom pyem myelo *Jerusalema*,” Susan owaco. “Wa romo cakko pyem myel wa kun watiyo ki kwone myel mapapat me tekwaro matye ii Uganda calo *Maganda, Dingi Dingi, kede Runyege!*” Susan omedo.

Zara ocalo wero wer ma gibinu tic kwede ii myel man. “Me wek ange teko matye ii tam na pi anyimma. Ka wilobo miyo wa jami abeco ducu, wabinu cung malu, anyira, awobe, uu aa malu...”

Mika gin ki Susan gucalo myel lakitte moo, dang oyot, ludito ribbe kwed gi, bapo cing ki mako video me ngo ma gi tye ka timo ne. Ma gi juuko wer ki myel, Susan kwanyo karatac ma orange ma bote ka te yaro ne iwi meja. Cakko coc iye.

“Itye ka coyo gin ango, susan?” Mika openyo eka te ngede igwok ka kwano.

Susan openyo gi me Waco jami mabeco ma tye ka timme ii but lobo weng. Two gemo man okelo lworu. Dang jami mapol oloke, ento jami mabeco mapol bene obedo ka time ii but piny. Ladit Kego ki Min Ode bene gi medo ikom ngo ma kicoyo wang ma karatac opong, kero pa lutino me timo gin mo pacu omede eka gicakko biachara ki lunyodo gi. Lupwonye tye ka pwony ii wiyamo me online, eka dule mukene tye ka poko jami me akwana bot lutino ma peke ki kero me bedo ki internet.

Lutini adek gu ngabbo karatac ikor Ot malu eka ote maku gini cal gi kun gitiyo ki cim pa Ladit Kego. Danu weng yii gi yom bene gitye ki gen ma giceto ii kabutu idye wor nu.

kids voice Gen pi Anyim

Iceng abicel, yamo ma odiku kodo ma ngic, eka lum dyak pi kot mucwee idye wor. Jo Ot pa Kego gibedo kacel inyim Ot. Lutino gibedo ka ngiyo ladit Kego ka yabo gajette me ceng abicel. Wiye maditu tye ikom yat agwera me COVID-19.

“Nera, waci wa lok moo makwako yat agwera man?” Zara openyo.

“Aneno ladit ma loyo lok kom yot kom ii televijon kawaco ni yat agwera man dwoko piny kero me nya pa kudi COVID-19 onyo dwoko piny kit ma two man diyo kede dano,” Mika owaco.



Ladit Kego oyengo wiye kun yee, “Mika tye ka loko adaa.”

“Pi manu waromo tucce, baba?” Susan openyo.

Ladit Kego oyengo wiye.

“Kuu. Gamente tye ga temo ne me nwongo yat agwera maromo onywali me lobo ne, ento lutino ma mwaka gi tye 12 dok piny pud pe giromo nwongo ne,” en owaco. “Man omiyo myero igwoke bene inen ni ilubu yoo ma kimoko me gwoke ikom two man (SOPs) me wek ibed maber.”

“En yoo me gwokke magi obedo ngo, Lutini?” Min Ot pa Kego openyo.

Kacel, Lutini adek guwero, “Lwok cingi, ruk lawum dogi ki wumi, eka gwok boo piny ikin yin ki danu macok kwedi.”

“Ento nera, yat agwera man tye maber?” Zara openyo.

“Adaa, Zara,” Ladit Kego ogamo. “Ludiro me Science ma gi kati ki yat agwera man gi bedo ka tic ikom yadi me agwera mukene pi kare malac. Yat agwera magi tye maber.”

“Kityeko gwero inne, baba?” Mika openyo.

“Ki gwera,” Ladit Kego ogamo.

“Mama kono?” Mika openyo.

“Pudi. Daktar owacce ni myero ikur pi dwete mogo manok iyunge nwongo kudi man. Man tye me neno ni yat agwera man tye ka tic maber.”

Ladit Kego oelo papara gajette kwen ame oneno iyee peny pa lutini manonok.

“En, nwong alam ki karatac. Tye lapeny mogo i karatac kan ikom agwera. Amito neno ka iromo wunu gamo lapeny mogo,” Ladit Kego owaco.

Gucako coc kun Ladit Kego kwanu lapeny bot gi. Inge lapeny apar, gi nywako lagam turgi.

Zara oyello Mika ma onwongo okato ka lapeny abiro ikom apar tuku-tuku. Susan, ma dok tidi inge amege ne, ngeyo lok kom agwera loyo gi, ento Ladit Kego ocikere me nywako ked gi maloyo kanu ka e’dugu otyeno inge wilo jami ki dukan.

Ki ngec madwong manyen matye ikom agwera, Lutini gi donyo ki yomcwiny madwong ii motoka me owot gini ii dukan bukke. Zara opye oduyo obedo ikom ma anyim. Susan ojungu wange pien Zara tye obedo ka ma jwi en bedo iye. Baba gi oneno loko wang pa Susan eka te wacce ni ngat moo pe twero nungu gaa weng ma mito ii kwo ne. Lutino myero gubed ki pwoc madit ni pien gicito gang kwan ki motoka kwen ma lutini mukene giceto ki tyen gi jwi jwi.



Teko wa - Watek Kacel

Cabit manyen cakke ki kero madwong. Ii Gang kwan, Zara gin ki Mika gi nywako tam gi me konyo lutini me wek gu nong gini jami ma gi keng oyot wek gi wot kacel ki lapwony. Gi piru yupa me guru kacel jami me akwana pi lutini ma pe obin gunongo gini.

“Man tam maber tutwal!” Lapwony Akwi owaco. Ocukuru gi me tic kacel me weko purujek man me keto jami akwana kacel obed pi kwero tum pa term me kwan.

Ii dwete ma olubu, Lutini gi cako club ma gilwongo ni “Wek Lutino me Uganda Kwan” onyo “*Let Children of Uganda Learn.*” Lutini gitiyo kacel me kato ki ceko ki buk ododo me konyo lutini mukene coro kare man me two gemo ni. Bene gi guru kacel jami ma akwana ka girayo bene bukke me apoka bot lutini ma gitye itwong lobo mapapat. Mukene gi cako yubu mask ki ikom jami ma ginwongo ikin paco. Dye kilaci tye opong ki kwone jami mapapat.

Inge cawa ariyo me tic kacel, lutino nwongo gu ool ento yii gi yom ki kit ma purojek gi tye awot kwede.

“Wow, man leng leng moo. Nen kong ngo ma wa cweyo. Jami weng okato mabeco,” Zara owaco ki yom cwiny, eka te aamu.



Mika orweno cinge. Tye arem ki ikom adwogi me awanu me ngadu gaa kwede coc. Ame lutino cako dolo ki weyo piny, gi neno lwaki tic ma gi tiyo kacel.

“Menu kilwongo ni Spirit of Ubuntu, lok ma oo aa. Gonye “An atye pien Wa tye.” Nen kong jami ma wa cobo timo ne kacel,” Lapwony Akwi owaco.

“Menu winye calo lok ii leb luganda ma Waco ni Obuuntu, kuu?” Zara openyo.

Lapwony Akwi oyee ki neno pa Zara, eka te waci Lutino me kare weng ngeyo pingo pire tek me tic kacel me dongo paci ki gangi ka ma gi aa ki iye.



Yom cwiny gi obedo mede kun nino dire. Nino madit oromo, Zara, Mika, ki Susan gu coo odiko con. Yii gi nwongo yom tutwal ma gi ceto ii gang kwan. Giketo bokci gi me bukke me ododo, mask, ki jami kwan ii motoka pa Ladit Kego ma tidi ma blue.

Ladit Kego, Mika, Zara, ki Susan gi cwalo bokci ii centre pa lutino ii Katwe ki Nateete. Lutino ii gi yom tutwal me nwongo mot, gi jollo ki myel kwede wer.

Itung boma mukene, Alice gin ki Lunyodo ne gicwalo bokci gi Nakawa. Abdu ki lunyodo ne gi weko bokci gi bot lutino ii Kawempe.



Ma lutino gu oo ii gang kwan, piny nen papat. Dye bar opong ki motoka ki boda boda mapol, ma gitye ka tingo cao ki bokci madwong ki iye. Lutino mukeno tye ka keto deyo ma agiki ikom tandabari kun gi medo ribbon, a gulu ki ature.

Obedo kare me yomcwiny tutwal bot Lutino. Gi ngeyo ni gin bene giromo keto aloka loka ii kwo pa ngat moo ento makato keto alokaloka adwong ka gutiyo kacel.



Olang kok, eka lutini gi gure kacel ii bar kwen ame omaro gini gure iye me cako nino man me kwer ii gang kwan. Lunyodo, Lupwonye, ki Lutino kwan neno tuku mapapat. Mika obedo lador yupa pi nino man. En jolo lwak ma tye kaneno eka te cwalo ngec woko ni omiyo jami kwan bot lutino alip abiro ibut lobo weng. Lwak obabo cing gi medo ki goyo kijira pi amut man.

Mika nyutu tuku me acel. Susan doru wii lunyut kwone ruk mapapat, ingeye binu Zara, Alica, Abdu, Justin kede lutino mukene. Lutino nyutu woko bongi, okapo ki tiko mogo ma giyero ma nyutu woko deyo pa Uganda ki Africa. Lwak olelo kun cukuru gi ma nwongo lutino loko kit me cung mapapat ki wot ma weko gi nyero. Ateni man obedo kare amwonya me ni poo.





Aa malu ite Ryeny

Kinyutu purojek man me cukul “*Let Children of Uganda Learn*” ii televijon, radio ki gajette. Zara gin ki Mika gunwongo waraga ma lwongo gi ka yaro yupa gi ni inyim Ot moko Cik madit me Uganda me wek cukuru cwiny lutino me rwakke ii timo jami ikin paco.

Ii nin dwe 9 me dwe me abicel, ame obedo nino pa Oteka ii Uganda, Zara gin ki Mika gi pong ki lwooro ento bene yii gi yom tutwal, ka gi wok ki karoto ka itye labongo gin ma kelo awanu ikomi eka ote gamu gini VIP pass me donyo ii Ot moko cik.

Inge yaro woko yupa gi, lumema me ot moko cik ocung me miyo woro bot Zara gin ki Mika. Lador Ot Moko Cik omio gi medalio pi tek cwiny gi, tic gi, ki kony malubbe ki coro kwan pa lutino. Medalio ne obedo nyonyo mugure madongo ma gi ruku ingut gi ka awaka kun otweyo ki tol.



Ma gi oo gang, Zara gin ki Mika nwongo kiyubi gi cem amit bene gunwongo mot ki bot lunyodo gi pi tic maber ma gitimo me keto aloka loka mabeco ii kwo pa lutino me Uganda.

Zara gin ki Mika gumedde me rayo bukke ki gaa ma akwana pi lutino. Gi cukuru lutino kwan mukene ki ii gang kwan me konyo iyi ajok man.

Inge mwaka acel, dul me Kacokke Madit pa United Nations ma gure gi bedo tye ii dwe me abongwen ii gang kal gi madit madoro gi manonge ii New York, United States of America olwongo Zara gini Mika me bedo ii cokke gi.

Ki ii paco gi matye Nkumba, lutino nwongo gi gomo dege ma poto ii bar dege madit Entebbe. Mika mito dongo bedo Ladwo dege, ma dwoyo dege binu ki aa ki ii bar dege man.

Dye wor ma gi aa kwede, Mika gin ki Zara nino obedo irgi mapeke. Gitye ka tamo ikom bedo idege gi tyen ma acel kit ma obibedo kwede. Oruu ne, yii gi yom me donyo ii dege kacel ki Ladit Kego.

Zara bunyu kun twene ki tol me kom. Ngiyo woko ki ii wang dinija eka neno nam madit me Victoria dong cen rweny ka dege ile malu ii pol.



Ii kacokke madit me United Nations General Assembly, tam weng nwongo tye ikom lutino ma oo aa ki Uganda matye ka yaro yupa gi inyim lutela me wilobo. Dano tye mapol ii Ot cokke ma tye ka neno gi. Danu mukene tye ka neno gi ki online ki lobo gi.

Zara omio ngec apirgi tek ii yoo me carolok, ma tye ki lok ma cukuru lutino me gi nge nga ma gibedo, bedo kede niyee ikom gi kengi, bedo ki lek madongo, kwede bedo ki gen pi anyim.

Aa'aa ate ryeny ki tek cwiny

Ka dwoni mito ni ki winye

Pi nyig kodi me gen tye obutu iye

Eka iye, ibinu donyo yare kede teko

Eka ite ngiyo peko calo bolo tyen acel me cako dongo

Ibinu a'aa, ite ryeny macalo ceng

Ibinu ryeny ii aloka loka piny ducu

Pien tye gin mo, pe tye kare moo

Bot lacer ma nen papat calo inne

Aa'aa ate ryeny

Labongo keng, labongo jalo, ki kanyo can

Pi nwongo kwo aber ii gen ki cobbo.

Mulubu, Mika ki tek cwiny ocalo miyo lok mere ma agiki. "Wan wabedo Lutela tin. Wan, lutino me Africa, myero wa kwany yoo me timo jami kede ribu dwon wa kacel. Wek ocikke me tutte pi tic pi kwede doru aloka loka ikin paci wa. Wa wot woko ki tek cwiny eka ote pongo Africa ki awaka. Wan obedo lutino ma wilobo obedo ka kuru ne. Poo, Ka iwoto keni, iwoto oyoto. Ka iwoto ki danu mukene, iwoto mabor."





Ii nino ma peru oyaa gini oruu ne, Zara gin ki Mika gi rwatte ki lutino mukene woko inyim Ot me United Nations me wek gi mak cal-le. Gipoyo wii gi me gwoke gini, lwoko cing gi, ruku mask, kede gwoko boo piny ikin gi.

Mika oketo lapeny bot lutino ma gi guru ki tywong wilobo weng me gamo koc ni:

“Nwongo tye winyo adek ame gicung ii wire me mac elengtwic; ariyo omoko tam gi me twar woko. Adii ma odong?”

Lutino obedo ka miyo lagam ma padipadi kede pingo gi tamo ni amenu, ento lagam nwongo tye mayot ni kuman: Winyo ducu gudong. Winyi ariyo omoko tam gi me tuk woko ento pe obin otuk. Gibedo ki tam maber ento pe gitimo gin moo keken iye.

Pwony ma pire tek pi tin kwede pi anyim en tye kuman: **Tii Tic!** Pe igak ka temo ne atama, timi! Bed ikin aloka loka. Lok ma longo bene Lok icwal dwoni woko. Dwoni ki Ceko ni pire tek.

Ki me agiki, bed ki gen ikomi keni keni, bed lek, bed kede cwiny maber, tii kacel ki danu mukene eka tim gin moro keken ma ibitimo maber.



“**Ka iceto keni, iceto oyot; ka iceto ki danu mukene, iceto mabor.**”
Caro kop me Africa

AGIKI



Ceko Pa Lutino Manyutu Gen, Tek Cwiny, Kanyo Peko Ki Cato Wil

Nyinga obedo Namaggala Hannat

Atye i kilaci abicel i Sir Apollo Kaggwa Primary School-Nakasero. Atye ki mwaka II.

Angeyo ni danu weng owok ki ii gaa mapol ikare me COVID-19. Lurem kede wadi mapol kwo gi orweny ento amiyo pwoc bot Lacwec ni watye kwo wa tin. Kibota arwenyo nera eka bene mama obwot ki i too. Wamiyo pwoc bot Allah ni komme ocang. Ikare ma kinongo mama na tye ki COVID-19, an ki lamera wii wa obwot bale. Nongo watye ki lwooro ni mama obi too. Ikare ma kome ocang, cwiny wa obedo yom. Macalo danu ma ii paco wacako jogo cem eka ote miyo cem bot paci ma tye ka yeke ii kiwalimu Zone.

Ii Kiwalimu Zone, lurem mama na ki jirani mapol kwo gi orweny. COVID-19 orwenyo gaa mapol ento bene omiyo pwony mogo mabeco. Danu ma igang wa gupwonyo kanu cente pi peki mabinu atura kede pi anyim. Pi manu two COVID-19 okelo arem ki para ento bene opwonyo kwoni pwony mapol bot danu ii but wilobo weng.

Gin ame dong rac maloyo ki ikom rwenyo danu ma imaro ikare man en aye nip e iromo bedo tye me lwoko gi ki miyo gi woro me agiki ento danu ma warwenyo binu bedo ii cwiny wa pi kare ducu.

Bot inne ma itye woko kanu, ka itye ka rwenyo gen, bed kun inge ni kan mo keken ma iceto iye ki gin moo keken ma ibeyo ki iye, tye ngat moo matye aparo piri. Acwalo bot inne amut gin ame itye awok ki peki mapapat. Atye ki gen ni waraga na man omiyo bot ngat moo woko kanu gen. Two gemo me COVID-19 agik tek ka watimo gin ma mitte ni watim, poyo me gwoko kwo ni, ruk mask, gwok bor piny ikin ine ki danu mukene. Wabino loyo lweny man kacel.



Diiru Me Katu Ki Gin Manyen

Lemo! Kaaka Me Imunga

Laceko ne Mathew Gerald Mugerwa, mwaka 11, Mother Care Preparatory School Bunamwaya, Kampala

Two gemo Covid-19 pe opungu wa ka gang, ikom lurem ki lupwonye ento oturu lek wa. An kacel ki Lutino mapol wa dong labongo gen pi anjirim kun watamo ni wa rwenyo jami weng.

Albert Einstein ladiiru ma ngene owaco, "Anjut atira me kwiri pe obedo ryeko ento bedo kwone tam mamenyo bor." Gangi kwan aye nwongo ka ma wan onwongo ngec iyee maloyo ento man mjero walokke eka ote cakko tic ki adam wa macalo acer ma menyo anjirim ame pud pera ki nyutu ir pol wani. Menyo tammi keni keni odugu kero na odoco me donyo iyi anjirim ma pe ngene ki tek cwinu kun nwongo angeyo ni kadi bed ni jami tye ka timme mapol ma oguro an, pud atye ki teko me qero mara kaka lworu. Menyo tam mabor ocwala ii neno jami mabeco te weka niang ni nwongo abedo ii diiru me lwod.

Acoyo lwod dong makato pjero ariyo kun loko ikom lworu kwede lek para pii anjirim. Lwod odoko ka kane na me imung kwen ma amaro wot eka ate kane ki ikom lworu makwako too kede para ikom two gemo COVID-19, akala kala ikom dok ii gang kwan medo bene ki bedo labongo cem me acama. Tek atye kena ki kalam kwede karatac, awinyo atye agonya, lworu doko nok, abedo ki gen, bene anwongo ni atye kede twero ii kwo na. Abedo mede ki coyo lwod mamega ki nywako jami weng ma abeyo iye ki lutino mukene pien man obedo yoo keken ma anwongo ni akubbe ki lutino weng ii Uganda ma gitye ka beyo ki peki ame cal ki mamega calo adwogi two gemo yamo aburu mager.

Ceng moro wabinu ngiyo kwen ma wa aa ki iyee eka ote pwoyo Lubanga pi gum ame en omiyo wa me ngiyo nongo mapir wa ken wa kero wa ki ngo ma mjero wa tim ka wa kwo.

Apwonyo Diiru Manyen Me Tiyo Cente

Laceko ne Owomuhendo, mwaka 13, P.6. Hillside Primary School - Naalya, Kampala

Corona virus obedo abar wic bot danu weng, ento opwonyo wa pwoy mapol. Cok doko mwaki ariyo ni cakke ma gemo man ki loko pire ii Uganda. Kudi man oweko kiloro gangi kwan atura. Lutino anjira mapol ki diyo gi inyom cono onyo butu kwed gi ma pud pera guromo mwaka apar aboro ki gidugu megii lutino ma pud gi tino. Rac tutwal ni lutino mukene orwenyo lunyodo ki wadi gi. Ikare ma ki loro kwede pinu, Kanica, Dukan, cukule, ki catowil mapadi padi weng ki loro, bene dano mapol orwenyo tic gi.

Ki bute mukene, ber ne tye ni Baaba na owilo bot an computer me kwan paco, pi manu aromo dong kuppe ki lupwonye medo ki lutino kwan ma wa kwano kwed gi kun wok ki ii qupa me kwan online ii computer. Apwonyo bene diiru mapol me tiyo cente. Okeyo ya Derick odugu gang eka te pwoy ki qubu laduny tyeno injim dogola ki ii Ot butu. Lakeyo na Rita, opwonyo ki qubu pizza, doughnuts, mandazi, samosas ki mugati. An ayubu mugati ma maama konya cato ii salon ma mege. An akanu cente ma anungo ii piggy bank ma mega. Iyi anjirim, abinu tic kede cente ma mega ma agwoko ii piggy bank me cako dukan cato mugati me tiyo cente madwong makato.

Ikare ma ki diru kare me weyo ki ikwan pi two yamu aburu mager, acoyo pinu bukke ii gajette pa Lutino me Rainbow kede TOTO me pwoy lutino mukene yoo me gengo nya pa coronavirus. Amiyo gi tam me ruku lawum dog ki wum, me gwoko boo pinu ikin gi, lwoko cing, ki bedo gang medo ki camo kwone yadi me gero askari me kom gi. Yia yom ni lupwonye wa tye ka nwongo agwera pi COVID-19. Alego ni mjero ki yab gang kwan con. Aparo gang kwan tutwal. Pe aromo kuru me dok ii gang kwan.

Gen Twere

Laceko ne Karren Kaila Ikoona, mwaka 13, Bethel International Christian School, Kampala

Acwalo mot na ma aa ki icwinyo bot lutino weng ma ii wilobo, ma atero gi calo wadi na mukene pien lek wa me kwoyo kwo ii wilobo ma opong ki gum mapapat, Ma two pe iyee bene ma rorom injim cik, cal gini me wek wa dong wang ma wacobo kero wa.

Peki ma two gemo man okelo ii wilobo obedo madwong tutwal, peki me Yotkom, too pa danu ma imaro, akalakala ikom kwo me nino ki nino, loro gang kwan, medo ki ayanga madit ma kitimo ikoma ii dwe me abiru ii mwaka 2020, dwete 20 mukato anged anwongo odiya tutwal. Peki magi ducu omede ki poyo wiya ikom gen ma pe gik. Macalo lutino, mjero wii wa pe owil ni pet ye kare mukene maber makato ikom kare me wan aa malu ote lweny ikom peki magi eka ote dwogo lero ki gen ii col pinu ki rucu rucu matye. Kadi bed ni pol wa pe ongii ki kwo wa ma ikom kare ni,acukuru lutino me bedo ma cwinu gi opye mot medo kede tek cwinu.

Anwongo ni kwano bukke kede coyo coc pinu medo ki coyo waraga bot lunyodo na, wek gin onge ni atye ka tamo pirgi, okonya omia abedo ki kero me mede pwoy gaa manyen. Oweko akato woko ki kit me timo jami nino ki nino- apore, Coo jwi cawa ariyo me odiku, lega, dunyu Ot, ki lwoko jami ame peru abedo pinu ka kwano buk oweko kwan obedo mit. Bedo ki buk me coyo pwoc na bot lubanga kede donyo ii jami mogo ma atima ame otikke ki lonyo ma lobo mio, macalo pur inge Ot kede pitu apwoyo, olonyo kwona tutwal. Eka, gwoko lengo, tuku ma medo gupu, ki camo pot dek adwong oweko adong ma koma tye matek. Adaa, gen ki cukuru danu me bedo ma cwinu gi tek pud tye kadi bed ni gemo tye ka nya.



Nongo Gin Maber Ikare Mo Keken

Laceko ne Efata Shalom, mwaka 12, Uganda Martyrs Katwe Primary School, Kampala

Ikare ma Ladit lobo Uganda owaco pi Pungu lobo, abedo gang pi kare malac. Aparo gang kwan. Ento kare man ma ki pungu lobo, apwonyo bedo ki tekwinu ii gin moro keken ame atye iye. Abin anwongo ni amaro kwano buk. Maama na omiya kwone bukke mapapat ma akwana. Buk acel iyee ame akwano nwongo obedo "Rich Dad, Poor Dad" ame lacoyo ne obedo Robert Kiyosaki ki Sharon Leichter. Buk man ocukuru an me bedo lacak biachara ame nwongo pud atidi, weko ikare ma lunyodo na ki lurem gi omiyo bota cente macalo mot pi kato peny me kilaci abiro, arwako cente nu ii biachara. Atye ka pwonyo yupu ajora cing, bene atye ki gen ni aromo cako cato gaa magi ki kanu cente.

An bene akwanu buk "Adapt or Die" ame lacoyo ne obedo Peter Abesiga ma omia bot an kero me keto piny gin ma amito timo nne. Opwonya ni aromo timo bal madwong ii kwo ento gin maber en aye nwongo pwonwere ki ii bal magi. Atemo peny ii leb French ii online eka ate poto tyen abic, ento amide ki timo ne. Tyen weng anwoyo peny odoco, apwoyo jami manyen. Ikare ma akwanyo kare me moyo balma mega, abin akato. Loro piny magi ame pud orii wok-ki okonya oweko angeyo nga ame an abedo bene opwonya ikom kit ame aromo medo diiru na kede me wek abed ki anyim maber. Pi manu, amito cukuru danu ducu me nwongo ginoro aber ii kwo moro keken ame itye ibeyo iye medo ki bedo ki gen ikom Lubanga ame miyo ryeko ducu. Lubanga aye konyo wa me bedo ki tekwinu ikare weng bene konyo wa me lanyo peki ikare me can.



Cako Biashara

Acakko Pure Ka Ate Pwonyo Leb Manyen

Laceko ne Bugosera Esther Elizabeth, mwaka 10, Kapchorwa

Aweko gang wa Mukono me wot bedo ki mama na ka ma en tiyo iye Kapchorwa Primary Teacher's College ame tye ii distrik me Kapchorwa ame nwongo ii Eastern Uganda. I nine mucako me lockdown, nwongo kwo tek, bedo tek, medo ki bedo abeda ki gaa manok tutwal ma atima paco mukono, amoko tam me wot bedo ki mama ii Kapchorwa kwen ame en tiyo iye ii lockdown ma ariyo.

Ngom Kapchorwa tye ma moc ne dwong, pi manu acako pur ame apuro jami mapapat ki pur bene inge Ot. Apwonyo pur, pitu cem, kwede gwoko cem ma apito macalo cabbage, nyanya, labolo, laqata munu, anywagi, ki mutungulu. An bene apwonyo gwoko dwangi, dyegi ki turkey. An dang aromo ciro cak dyang. li acaki abedo lwor. Ento abedo nyako ma cwinye tek. Atimo!

Apwonyo bene leb kupsabinu, ki Kiswahili ma kimaro tic kwede kany. Alongo angiyu piny bene amaro ka lim ma watye kede macala Sipi Falls ki Sipi caves. An bene aneno ping ma tye godi godi ii kapchorwa bene alimo distriki me Kween, Bukwo, kede Bulambuli ikin mukene.

Aromo mede ki kwan na kun wok ki kwan ii zoom. Awok ki peki macalo network me internet bedo magoro pien Kapchorwa obedo cer cer. Nyony tic macalo cim ki laptop nok tutwal kany. Omera madit, mama na ki an mvero watii online ento watye ki cim smart acel keken gang bene icawa mukene cawa me pwonye wa rwatte amen gat acel keken aye romo kwan icawa nu. Obedo me cwer cwinu ni gemo COVID-19 oweko abedo ii kilaci acel pi mwaki ye ariyo. Nwongo mvero abed ii kilaci abic me primari.

Jami mapol otimme ii kwona ikare man bene an dang atimo gaa mapol. Alego ni Lubanga okony an me wek anwong magoba moo ki purojek ma acakko ki maama na kede danu me ii gang wa. Lubanga owaco, "ibinu kwanyo gin ma icyo."

Abin Abedo Acat Will Irwom ma Malu

Laceko ne Ainembabazi Ronate, mwaka 13, Bushenyi district

Ma two gemo man ocakke, nwongo atye ka kuru timo peny na me kilaci abiro me primary-PLE. Lek na me donyo ii Kings College Buddo weng pud ogik kumeno. Adok gang eka ate bedo kuru wang ma gemo man gik kwede. Awok ki ii jami maraca ikare me pungu piny. Abedo ki kare madwong tutwal iweyo me kilaci abiro ame nwongo pe ayubbe pire. Abedo ki lworu madwong ikom wel danu ma gi tye ka too ki two yamu aburu mager ii wilobo.

Ento akadi bed ni jami weng oloke, abin amoko tam ma eka ate pwonyo kit me tic ki kare man me pwonyo gaa manyen ki konyo lunyodo na. Atye ki awaka ni apwonyo timo jami ma ii gang macalo lwoko jami, bongi, tedo dek, kede wito cem. An bene akonyo lamera ii dukan ne kun akonye ki ribu cura ii bukke me cato wil mere. Akonye bene ki gwoko latin okere ne.

Ka waweko pwonyo tiyo jami ma ii gang, ayubu cal medo ki tiko ma acato pi cente ma akanu me dok ii gang kwan. Ma nwongo ape ki gin ma atima, lamera ocwalo ka pwonyo Lok inyim lwak ii Innovation Village ma tye Mbarara. Menu oloko kwo na. Acako kwano bukke madwong me niang ikom wilobo. Apwonyo lok ki tek cwinu, bedo kede niyee ikom an kede pwonyo yenyu jami mabeco ka ma orumu wa. Nino ducu ka acoo, atimo aa eka ite ryeny, Akaka bedo ipara kit ma yam.

Amito cwalo kwena me gen bot lutino wad wa: COVID-19 pe agiki me Lobo. Cok bene gik, eka wilobo binu dok kit ma nwongo tye kede cono. Wabinu dok ii gang kwan. Pe wa rweny gen bene bed unu agonyu.

Acato Tyang me Wilo Gin ma Anyira ruku me Twoyo Dwe

Laceko ne Nekesa Stella, Kyaka Refugee Settlement, Kyegegwa

Abumente oloro cukule imwaka mukato me juuko nya pa kudi COVID-19. Abedo ka tamo ni nwongo kibinu yabo ne oyot ento ogale dong.

Nwongo abedo ka nwongo sanitary pads ikare me tiyo dwe kibot lutic me Finn Church Aid ma gibedo ka poko ne ii cukul. Ma kiloro gang kwan, nwongo ne odok tek. Acako tic ki bongo matino ma ki ngado. Ento, mama na omiyo ira tam me nwongo tyang ki ipoto eka ate cato ne me wek anwong cente me wilo sanitary pads. Otyeno ducu, aketo tyang injim Ot ma meg wa eka ate cato ne bot danu ma gi tye ka kato. Aman dong aromo nwongo latin cente moo manok eka maama tiyo kwede me wilo bot wa lagwok kom wa ikare me tiyo dwe.

Acukuru cwinu lunyira me pe gamo mic kibot danu magi pe ngeyo. Wek gi obed gang bene gukony lunyodi gi ii poto. Pe myero gu bed ka wot idye wor pien danu maraco woto idye wor bene romo wa buyu gi.

Kiloro gang kwan nwongo atye ii kilaci 5. Man dong abedo gang nino weng. Pe bene kiye ni acet kalimo lurema. Aparo ceto ii gang lega. Tic ma atimo jwi jwi en aye me weyo Ot, mwodo yen, kede konyo lunyoda na ki tedo dek. An bene akwanyo kare me kwano bukke na ma pinu peru odoko ma col. Amiyo tam bot lutino wad wa me mede ki kwano bukke gi kun wa kuru yabo gang kwan.

Acako Pur

Laceko ne Kembabazi Eryn, mwaka 13, St. Mary's Central School - Kyera, Mbarara

Inge adwong lobo Waco ni ki lor gang kwan ii dwe me adek mwaka 2020, abedo ki par. Nwongo pe ngene awene ma wa bi dok kwede ii gang kwan. Abedo ka tamo ngo ma abi timmo iweyo man mabor wok ki. Acako tamo gin ma aromo timo me wek abed ki gin ma atima.

Lunyodo para gurwako an ii pur kwen ame wapuru pot dek calo spinach, green pepper, ki sukuma wiki me acama. Inge dwe acel, aunt na omiya gwen ma oromo cabit angwen. Acakko gwoko gwen. Ma lutin gwen gudong, gu bolo tong gi, acato tong gi.

Ii mwaka ni idwe ma acel, alimo adaa na ii calo ii Bushenji. Amaro kare ma abedo kunu pien opwonyo ki cweyo dita. Ayubu dita mapol eka ate cato ne. Ame adugu gang, apwonyo girani na ki lurema kit me kwoyo dita. Nwongo mit tutwal nywako diiru mamega ki lutino mukene ikin paco.

Peko na madit en aye pe aromo bedo ii kilaci matye online macalo lutino mukene nwongo gi tye katimo ne. Onwongo akwano ki ii televijon ki ii radio, ento nwongo perom ki bedo ii kilaci ii gang kwan. Acukuru lutino kwan me cakko timo jami mogo makelo lim me wek ogeng nyapo onyo bedo abeda. Pe orweny gen, wabinu loyo wunu kudi corona ni oko ka wa ruku mask, oyweyo cing ki sanitija, medo ki keto boo pinu ikin wuu. Tim wunu ber lutino wad wa obed wunu paco. Amede bene ki cukuru cwinu lunyodo me wilo jami ma akwana pi lutino ka gibedo kede gang. Myero wamede ki pwonye. Macalo President Nelson Mandela owaco, 'Kwan en aye nyony ame pud tek maloyo ma danu romo tic kede me kelo aloka ii Wilobo.

Ododo Na Me Tek Cwinu Ki Kanyo Can

Laceko ne Akahwatsa Theophilus, mwaka 12, P.4. Kabuyanda Central Primary School, Isingiro

Lapung pinu ame tye pi two gemo aburu mager obedo kare ame kwo na obedo tek maloyo pien nwongo angii oko ii kwo me gang kwan. Atimo tic weng ma lunyodo na gumiya. Lunyodo na ariyo weng gibedo lupwonye ii cukul ma pe obedo pa gamente. Nwongo ki culu gi cente macalo mucara gi. Man gin ma nwongo gitimo me gwoko wa. Ikare man lunyodo na pe ginwongo mucara. Jami oloke eka kwo odoko tek tutwal.

Wacoo odiku jwi jwi te cito ii poto. Nino moo acel ma apenyu lunyodo na me wilo bot an bongo, cente nwongo peke, apenyu baba na me owek an awang maka ki ikom dul agwen matye eka ote wilo bongi mogo ki jami mukene inge cato ne. Baaba na obedo ki wur madwong. En otamo ni nwongo pe atwero timo enu. Awacce ni nwongo aneno nera mukene ka wango makar bene apwonyo. En omiya yadi ma kitongo nu eka te konya tingo tero ne eka ote wango.

Anwongo kutiya ariyo me makar, ame acato alip pyero ariyo wiye abic en acel acel. Atero cente bot baba na, eka en te wilo ira bongo. Baaba na uje obedo yom mada eka te cukuru an me mede kede tic matek ki bedo abor ki kan ma dano pol iye. Biachara wa tye adongo bene watye ki danu mukene matiyo but tic matek ne. Ticca obedo me ngiyo neno ni cwinu luwil odong ma yom.

Macalo la tim biachara matidi, wiya pe wil ikom kwan. Inge tic na ma jwi jwi akwano bukke na. Mama na konya ki cura ma tek. Acwalo lwongo bot lutino weng me gi mak tic matek.

TEKCWINY



Tic Kacel Ki Danu Ii Kin Piny

Dok cen ii gang kwan obedo gum bot wan lutino oring ayela

Laceko ne Ukuna Mariam, mwaka 12, Kyaka II Refugee Settlement, Kyegewa

Njinga obedo Ukuna Mariam. Atye ki mwaka 12 bene atye ii kilaci agwen. An a'aa ki Congo. Abedo ki lunyodo na, omege, ki lumege na ii Kyaka II refugee settlement ii Uganda.

Ii mwaka mukato, adwong lobo me Uganda oloro gang kwan wa oko. Lunyodo na ki lupwonye owaca ni man nwongo tye me gengo nya pa COVID-19 bot luremi. COVID-19 obedo two ma kudi corona aye kelo, bene ocakke ki China. Danu ma tye ki two ni nwongo aburu, arem ii dwon, lyeto, ki abar wic. Pe amito nwongo COVID-19.

Pi lockdown ma ki keto me juuko nya pa kudi two gemo aburu mager, pe aromo limo wati na ma gitye ii calo mukene. Gi muya. Mjero abed ma cwinya tek bene mjero akur wang ma two ni orweny me wek awot ka lim. Ngat acel ii kilaci wa onwongo COVID-19 bene obedo ma komme lit. Pe amito bedo bala en pien onwongo tye iji arem bene obedo ka koko icawa moo keken.

Aparo wot ii gang kwan ka nwongo pwonu ki bedo ki lupwonye na. An bene aparo nwongo pwonu ki tam mabeco kibot lupwonye wa ame nwongo cukuru cwinu wa me tic matek ki bedo danu mabeco ii anjim. An bene nwongo agamo cabun ki laboo kom mon ikare me tiyo dwe ento man pe aromo nwongo ne pien cukule kiloro.

Pol kare abedo ka konyo lunyodo ki tic ma gang. Ayweyo dikal eka ate gwoko lumegi na matino. Apwonu kit me kwoyo dwong, watiyo kwed gi paco. Kono ceng moro abedo ki diiru madwong iye, acakko yubu dwong madwong me wek wa cat ii kema bot luring ayela.

Awinu larema moo acel owaco ni pe imito dok ii gang kwan ka gi yabu gi. En amito mede wot ki Baaba nne ii dukan. Amiyu tam bot lurema me bedo ma cwinu gi opye eka ote dok gini ii cukul teki ki yabu.

Amiyu Jami Bot Lutino Mukene

Laceko ne Rahma Kamulegeya, mwaka 10, Kabojja Junior School, Kampala

Nwongo pe angeyo kit gum ma atye kwede nio ma COVID-19 obinu. Ame adwong lobo owaco ni kilor cukule, pe abedo ki ngec ikom ngo ame abi timo. Oruu ne, ki cakko lockdown.

Aparo gang kwan, lurema, ki lupwonye. Ikare mukene acoo cono eka ate cakko ka kok. Pien nwongo abedo latela ii gang kwan, nwongo atye ikin lutino ma cakko oo ii gang kwan me wek wa yuppe pi nino nu. Maama ma mega oywe ki cwalo wa ii gang kwan ame cawa apar wiye ariyo ma odiko peru oromo pi temo pangu motoka ma mol madwong odiko eka ite moko ii Nakawa pi cawa makato dakika 40 otjeno ka dugu.

Kwo nwongo pe mit paco. Nwongo akwano bukke ame tye ate tyeke ma cawa abic me odiko peru oromo eka inge nwongo ape ki gin ma atimma. Ii dwe ma abicel, jami weng oloke ikare ma acakko kwan online. Paco nwongo watye ki computer angwen, pira, lamera Amaal, Omera Muniru ki okeya Asra. Ento, nwongo pud pe rom pien luremma mukene pe gi donyo ka kwan kwed wa ii kilaci ma tye online pien lunyodo gi peke ki cente me culu pi kwan ki internet. Mukene peke bene ki computer, mukene obedo katic ki cim pa lunyodo gi, ento lunyodo mjero gu cet ka tic. Ma COVID-19 cakke, nwongo atye ii kilaci 4. Atye dong ii Kilaci 5, ento lurema mapol odong ii Kilaci 4 pien pe obedo gini ki kero me kwan online

En kare ame aniang kede ni atye kede gum me kwan online. Kwero nino me nywale wa pe dong mit tutwal pien pe waromo lwongo danu paco.

Kadi bed ni lurema muya, bedo gang opwonu jami mapol ma onwongo pe angeyo con. Me acel, apwonu tede, eka ate weyo dye kal, dunyo Ot ki cwalo quugi woko ii ceng cabit ducu. Maama na kede latic wa pe dong gitiyo tic ma ii Ot. Angeyo ni obedo tica bene atiyu kacel ki omera kwede lamera me wek watii kacel oyot.

Mummy para bene oweko culu TV, me wek wa nywak bedo kacel macalo danu ma ii Ot akaka balu cawa ineno cartoon pi cawa mapol. Iceng Cabit, dini ii buk pa cilam ki pwonu pa ocilam kacel ki omera, lamera, ki lutino mukene. Wanwongo lurem mukene bene wanuamo lok kom dini wa. An ki omera ki lamera wajogo bongi, waro, cupa, okapo me bukke, bukke eka wamiyo bot lutino ma onwongo pegi tye kwede gaa magi. Man opwonu me bedo ki pwoc madwong bot Allah ki lunyodo wa ma miyo wa jami me wamito. Wapwonu paro pi lutino mukene. Ka wadok ii cukul, yuba wa nwongo tye me cukuru cwinu lutino mukene me cako miyo woko jami mogo ma pe gitiyo kwede bot danu mukene. Angeyo ni COVID-19 tek, ento an atye kede pwoc madwong tutwal bot Jo Ot wa kede bedo ii gang kwan. Alego ka ni ii mwaka manyan lutino mukene gubed ki kare me dok ii kwan.



Kanyo Can

Maama Ki Baaba Gurwenyo Tic Gi

Laceko ne Oyella Mary Immaculate, Primary Six, El-Shaddai Primary School, Gulu

Kwo onwongo tye maber tunu wang ma Ladit Lobo Museveni oketo wa ii lapung pinu me gengo nya pa two COVID-19. Onwongo alimo adaa na ki wati na mukene, wot ii gang kwan ki Ot lega ento gemo obinu. Nicakke ma catan man obinu ii wilobo, yomcwinu orwenyo ki ii paco wa ka iporo ki kare ma mama nwongo pud obedo lapwony ii Pope Paul VI Secondary School Anaka ii distrik me Nwoya. Jami weng oloke cakko ikare nu wa tin. Pud atye ii kilaci abicel. Medo ikom menu, danu pud tye ka too ki two ni, ame pud mede ki keto lworu icwinya. Otyeno moo acel abili gugoyo wii lamera ikare ma en nwongo otingo en iwi piki piki cawa acel me otyeno ame curfew pud ocakke acakka. En nwongo tye ka dugu gang ki baaba na guyaa ki dukan ma daddy ocako ikare ma orwenyo ticcere.

Amaro bedo ki maama cawa madwong (pien pol kare nwongo otye paco). Opwonya ki kit me pur, jwayo Ot, ki tedo dek acholi mogo macalo malakwang ki boo. Bedo ilanget en oweko an abedo nyako makwiri matiyo, pien con nwongo atamo ni tic obedo tic pa lamera madit.

An ka limego na ariyo wayubu tap kun watiyo ki kavera ma col, jerikan litre 5 ki cupa pii ki gang. Wa lwoko cing wa kare ki kare ki cabun me lweny ikom kudi man. Danu mukene bene oketo ka lwoko cing ii dye kal gi kun otiyo kede jami ma nwonge ikin paco. Wan weng wa gwokke me wek odok oyot ii cukule ka oyabu gi.

Ki jami magi weng ma tye ka time, amoko ni two ni obinu ii lwilobo pi tyen kop. Lubanga tye ka temo wa ka pud niyee wa tye ma tek ikom en. En gwoko wa, pi manu danu omjero pe orweny gen ikom keo, macalo kit ma lo pacu wa oromo cakko dukan naka ame maama orwenyo ticce eka baba bene nwongo pe ki tic moo ma dii.

Wajal jami weng bot Lubanga kun wa mede ki gwoke. Adaa, kwo wa weng obale ento pe opar pien wapwoyo gaa mapol. Jami weng tye ki kare ne. Lubanga aye twero.



Neno Tung Ma Lero Tye Madwong Iye

Laceko ne Oriana Jasmine Ruhunde, mwaka 12, Kasana St. Jude Primary School, Luwero

Nyinga obedo Oriana Jasmine, bene an atye ii kilaci abicel me primary. Abedo ii kilaci acel ni nicakko mwaka mukato. Pe tye ngat moo ii wilobo maromo bedo ki tekwinu me penyo pingo pien lagam tye acel keken ma wangeyo ne-COVID-19! An a'aa ki bedo ma cwinya yom pi 'weyo ma pe tum' ate doko ngat ma cwinye bedo ka poo kwede tamo ka ceng moro jami romo dok kit ma con tye kede. Amaro winyo lok ni danu orwenyo jo gi me amara, medo ki lok ma ikin paco ikom ngo ma lutino anjira gitye ka wok ki iye-macalo buyu gi, nyom con kede yaco.

Aromo mwaka apar wiye ariyo ii dwe ma abicel inge ki pungu pinu dok tyen me ariyo ii Uganda, eka imwaka mukato anged, nine moro anak ame aceto ka kwero nywale na me 11, aneno remo dwe na ma acel. Menu omiyo ira lworu madit, ento cwinya obedo yom ni otimme ma atye gang pein awobe mukene gi nyero anjira ma remo gi cakko oo ki ii gang kwan. Apwonyo ii diiru kit me gwoko limego na matino adek. Akonyo lakeyo na madit ki gwoko Ot. Ayubu pinu bedo ma leng, tedo, ki yubu cake kun atiyu ki Dutch oven. Adaa opwonya cweyo bongo ki crotchet. Pi an, nine ni ducu ame ape ii cukul abedo ka coro ne kun wok ki ii bedo ki danu ma mara ma gwoko an ma gu miyo ira gwok ikom jami maraco ma tye ka time ikom lutino anjira ame mwaka cok rom ki mwaka na gitye ikin paco.

Gin ma weko maama, ki danu mukene bedo labongo nino idye wor, obedo temo moyo yoo ma oyot ma rii me konyo bulu calo an me nwongo yoo me ciro can eka ote beyo ii jami mogo ii kwo ma turu cwinu danu macalo gero me mit, diyo danu me nyom tetek ki yaco ame lutino mukene imwaka gi nu tye awok ki iye. Aleko pi tekwinu ikin gangi me wek lutino pe gi jal lek gi pi anjim maber.

COVID-19 oweko Baaba na Labongo tic

Laceko ne Jakisa Joel, mwaka 13, Tororo Parents Primary School, Tororo

Obedo dwe ma adek nin dwe 17 mwaka 2020 ma aedi olwongo wan weng me wot iji assembly oyot. Kwena apire tek nwongo wan ducu watye ka dok gang pi two yamo marac. Lutino weng oceto ii dorm ka kwanjo ter gi eka ote aa me dok gang. Nwongo pud wabedo ii cukul pi dwe acel. Cucut gamente te kato kede cik me aluba ma tek tutwal ma myero ki lub ma tye iye pungu pinu. En pungu pinu nu otero dong cok mwaka ariyo ame kiloro kede pinu. Kiyabo gang kwan pi kare moro manok tutwal me miyo kare bot lutino ma tye kapenye imwaka ni ki ma tye ii kilaci malubu.

Baaba na ma obedo lapwony ii cukul ame pe obedo pa gamente orwenyo tic ne eka ote juuko ka kwen ame nwongo en nwongo cente ki iye. Cakke iceng baraja oo iceng abicel, wapiti jami macalo mucere, anywagi ki soya bean ii ngom wa. Watiyo cakke odiko tunu wa idye ceng. Nwongo icawa weng abedo ma aol. Lamera madit ki Maama na pwono pot dek jwi bene man aye nwongo obedo dek wa. Pe dong waromo wilo ringo, rec onyo gweno.

Nwongo atye ii kilaci abiro. Abedo ka kwano buk idye wor. Nwongo abedo ka lega ni Lubanga okonya me wek akat peny bene ma kidwoko adugi ne, uja obedo yom matek ma anungu grade me acel (aggregate aboro). Pi manu icawa ni atye ka kuru ka cukul oyabbe pien atye ki para madwong ikom cente me culu pi gang kwan. Baaba na petye katic, gen para weng tye ikom Lubanga bene ki Lubanga jami weng twere. En romo yabo yoo kwen ma yoo peke iye. Atye ki gen ni two gemo aburu mager binu gik. Jami weng tye ki kare ne ii wilobo.



Amako Kwan na Mapira

Laceko ne Mukisa Coreta, mwaka 11, Brook Christian Academy, Kampala

Akemo omaka ikare ma ladit lobo Yoweri Museveni omoko ni ki pung piny inin dwe 18 me dwe me abicel mwaka 2020. Abedo ka paro kwan ki lurema. Tika abi dok ii gang kwan? Labongo ngeyo nino me dok ii gang kwan, amoko tam para me timo gin moo ma nyako nyinge ki gang.

An ki lamera wapenyo baaba wa ka waromo cakko kwan ki gang. Ocakko moyo ngat ma romo konyo pwenyo wa ki paco, bene obedo ki gum me nungu Mrs Epuchu. En oloko kwo wa.

Mrs Epuchu ocwalo wa ii kilaci me niang ngo ma wabedo. Anwongo ni amaro leji, piny mapatpat, ki coc. En bene onyutu bot wa yupa ma kilwongo ni 'Blessed hands' kwen ma wa yubu jami mogo ki cing wa. Wayubu tiko, gi mako layab, gi mako karatacce kede pitu ature me acata. Ature magi nwongo pol-le obedo yadi bene kitiyo kede me deyo opici ki paci.

Mrs Epuchu opwenyo ki maro kwan. Man okonya ki keto piny gin ma amito timmo ne. Acoo odiko con loyo kit macon me wek akwani, atim kweda ki coc. Atye ka coyo buk ame alwongo ni 'My Animal friends'. Atye katamo me cwalo woko ii dwe me apar wie acel. Mara na pi piny maber woki oweko agwoko jami tim bene anywako lok ne ii bukke na ma tye ka donyo. Amito bedo daktar pa leji onyo lagwok piny ma ki lwongo environmentalist ka adongo. Pe dong aneno tv tutwal bene amaro timmo jami ma medo ira ngec ikom tic ma amito timo ki wilobo. Kombedi amaro tic pien angeyo ni obedo gum ento pe pwod. Lumege na medo ki an wapwenyo tiyo tic me paco labongo kuru ni lunyodo wa owaci wa. Wan bene okonyo pur poto wa inge ot kwen ame wapito iye nyanya ki anyogi ma watiyo kwede pacu, ame dong pe a wilo pot dek.

Atye adiyo cwiny lunyodo ki lutino ma tye woko kanu ni two COVID-19 obedo ka gum ame okanne. Wapwenyo wunu ngiyo jami ma pe beco ii kwo wa eka walok gi odok gin ma beco Akaka bedo piny, cano lok, ki para. Waromo jolo yoo kwo manyen ni, kwan online, ki kwan ki gang. Pe yot ento ki tekwinyo medo kede bedo ki tam ma beco, lutino macalo inne ki an waromo nwongo konyo me wek wa dong.

Apwenyo Kit me Pido Latin Ikare me Lapung Piny

Laceko ne Maria Ainomugisha, P.4, Namagunga Boarding school, Kampala

Lamera, latin pa nyek mama na owaco ni acoo boti. Nyinga Maria. Abedo latin kwan me Namagunga Primary Boarding School. Pungu piny man pe obedo yot ento pi kica pa Lubanga, waromo bedo kwo kun walubo cik ma kiketo ma aluba me gwoke. Dano mapol otoo bene pud gitye ka mede ki too ma weko abedo ki lwooro.

Kwo na ikare me two gemo ni pe obedo maber onyo marac. Aparo ceto ii gang kwan, ki paro lupwenyo medo ki lurema. Gang kwan wa okato ki yuba me kwan online, ame okonyo wa mede ki kwan wa ikare man me lockdown. Apwenyo bene kit me tedo kwone cem mapatpat calo American pancakes, chapati, gweno ma ki cello ikin en mukene. Ikare me lockdown, apwenyo lega. Abedo ka lego lubanga ni oteli wa yoo. Nwongo amaro bedo kede jo ot wa tuku kacel ki myel ii tik tok, ame ojingo wat ikin wan ii gang. Ma gi yabo gang kwan ii dwe me adek mwaka 2021, kiyyero kilaci na me dok ii gang kwan. Yia obedo yom mada pien onwongo odok mwaka acel ma agiko kede neno lurema ki lupwenyo.

Ma abedo ii gang kwan pi cabit ariyo, kiwaco bot wa ni wadok gang pien cukul wa obedo ka gweto peny ma kitimo ii lobo Uganda weng. Lubanga omaro an ki danu ma ii gang wa bene ogwoko wa maber ikare man me gemo ni. Gin ma wa kato ki iye opwenyo wa ni bot Lubanga jami weng timme. Lutino weng, tim ber wii pe owil ki ruku lawum dogi ki wumi, lwok cingi ki pii maleng ki cabun me lonyo cinge. Tim man pi inne ki pi danu ma imaro. Lubanga omed bot wu gum.

Kwog Gin ma Itye Kwede Ikare Weng

Laceko ne Marscha Kasamba, mwaka 10, Kampala Community International School

Ma pud awinyo awinya ikom kudi two gemo coronavirus, pe atamo pire tutwal. Ni oo ma awinyo ni otunu ii Uganda bene ni yat cango ne peke dang danu nwongo gitye ka too, aye acakko kede lwooro matek. li paco, tek ngat moro keken ojiru onyo oono, abedo ki lwooro. Nwongo alwor pe amito two man omaka. Me juuko kobo pa two COVID-19, gamente oloro gangi kwan oko eka te keto lobo Uganda ii lockdown. Wa kwano ki gang.

Ikare me lockdown, kwan odoko tek ento wegii cukul onwongo yoo me cobo peki magi. Ginwongo app me tic ma kilwongo ni Zoom ame otiyo kede me kubu lutini ki opwenyo kacel ii yamo ii computer. Lupwenyo bene obedo ka cwalo bot wa jami akwana ii Gmail account pa lunyodo wa.

Lockdown okwanyo twero wa me tuku woko labongo cik. Timo tuku rwene pa Joe Wick ii yamo me YouTube aye okato kede cawa. Pol kare lamera matidi guru komi, langit, kede gin moro keken ame en onwongo me gero yoo me aluba ii tuku rwene man eka danu weng ii gang pyem me neno ngat ma obilooyo oyot. Nwongo pe opore ento okonyo wa yengo kom wa kong.

Iceng abicel ki ceng cabit, watemo timo gaa mukene ma yomo yic, macalo tedo mugati. An bene atemo yubu chocolate kare mukene. Ento inwongo ni yubu pe yot kit ma itamo kwede. Me weyo mot, wa neno tuku ma olwongo ni Matilda and the Ramsay bunch ii TV.

Adeg lockdown ento oweko aniang pingo pire tek bedo ki twero me timo gin mo keken kwede me pe cayu jami. Man dong omiyo angeyo kit ma koma gum kede pien aromo wot ii cukul, neno lurema labongo peko, ki bedo ki wadi ni ma amara. Apwoyo lacwec pi gin ma atye kwede. Ka iwinyo magoro, tam tam mabeco. Kwo opong ki gum mapapat. Pwo lubanga pi gin ma itye kede, ikare weng.

Yele me Bedo ki Kwo Ikare me Gemo

Laceko ne Odulla Jonathan, mwaka 10, P4. Tororo Parents School, Tororo

Nicakko ma akato ii Kilaci abic, pud pe atunu ii gang kwan calo adwogi me COVID-19. Kiloro gang kwan cok mwaki en ariyo. Gamente me Uganda okato ki cik atek me konyo juuko nya pa gemo man. Cok romo mwaka ariyo nicak ma baaba wa orwenyo kede ticce. Man oloko kwo wa. Wabedo ii but boma bene wilo cem kede jami mukene ame wamito pi kwo ma jwi jwi odoko ma wel gi tek tutwal.

Danu abongwen ma bedo gang wa ocako loko kwo. Wacako cam icel nino acel. Mato cai labongo cukal eka wa camo gwana pien nwongo pe oromo wilo mugati. Nwongo watye ki poto gwana moro matidi. Wa cako camo ka pot dek macalo Sukuma wiki, ki cabbage me konyo wa calo labut cem wa nino ki nino. Ikare mukene wa lwokke ki pii keken labongo cabun. Pe dong wa wiro kom wa ki moo. Kwo odoko matek ento danu weng ma ii pacu oloko kit yoo me kwo gi. Watye ki dyang acel, bene man obin odoko yoo me nwongo cente nino ki nino. Dyang ma gang miyo ka cak litre ariyo eka wa nwongo cente me Uganda ciling 3000. Menu pe romo pitu wa, ento aloyo weng onwongo cente me wilo jami mogo ma mitte pi kwo ma jwi.

Ceng ma gang kwan bino yabbe, pe angeyo gin ma otimo ne. Lunyodo na peke ki cente me culu cente me kwan wa. Pe bene aromo moko ka adok ii kwan. Pien wa aa ki pacu ma tye iye diini, wamaro lega matek tutwal. Ki Lubanga, jami oromo lokke. Man en Gen ma atye kede keken pi anyim.



Twoyo Gemo COVID-19

Bedo ki Kudi COVID-19

Laceko ne Carissa Irankunda Komugisha, mwaka 9, Gayaza Mixed School, Isingiro

Man en kit ma an kede danu ii gang wa otwoyo kede COVID-19. Nino moro acel aya odiku ma atye ki aola moro ma tye ayelo dwona ma oweko kora orem tutwal. Baaba na ocwala ii Ot yat eka dakatar te miya yat. Amwonyo yat man pi cabit acel, ento aona man omede. Maama na dok ocwala ii Ot yat mukene kwen ame kipimo an, eka dakatal te moko ni atye ki COVID-19.

Maama na nwongo peromo yee. An akok. Atamo ni nwongo atoo oko. Wadi mapol ki lurem nwongo gu too ki gemo man. Adoko lwor. Maama ojola ii kore. En te lego pira. En owaca ni an pe atoo. Angeyo ni en bene nwongo tye kede lworo pien aneno pig wange ii wange. Daktal omiyo maama tam me kelo danu ii pacu weng me wek ki pim gi.

Oruu ne danu ii pacu weng oceto me wek ki pim gi. Omege na ariyo Alvin kwede Asher, Daddy na, lutic ariyo weng nwongo tye ki COVID-19. Mama na, lamera madit, Cara kede okeyo na Mackie aye nwongo gitye maber. Atamo ni wan weng nwongo wabi too woko eka ote weko maama kene.

Wan weng onwongo yat, owaci wa me rwene, bedo ikom ceng, lwoko cing wa ki cabun kede pii, ruku mask medo kede pe bedo ikin danu. Ento mapire tek tutwal obedo lego bot Lubanga pi miyo Congo oyot. Mummy na obedo ka rayo koni yadi acholi mapapat ki ii bunga eka te keto ii keno me wek oywe yamo ne malyet.

Inge cabit ariyo wadok ii Ot yat me kipim wa eka Pwoc Bot Lubanga! Alvin, Asher, ki an eka wa cako pye malu ki yom cwinu. Yii Maama ki Baaba obedo yom tutwal.

Inge cabit ariyo mukene maama na odwoko wa me moko ni kom wa nwongo ocang oko duc maber. Lubanga ber! Adaa nwongo wa cang. Anaka, wabedo ka lubu cik ma hiketo calo tuku, lwoko cing ki cabun medo kip ii, ruku lawum wum ki dog, kede pe kato woko ka camo kwo.

ALOKALOKA

ANYIM



Tic atimma

Tic magi ma atimma binu konyi niang ki poyo ngec ma pirgi tego ikom COVID-19. Iromo timo tic magi keni onyo ki lutino mukene me wek ipwony gaa mukato. Poyo me coyo ne piny.

“ Kalam tek loyo adam matek.
Caro lok pa luchina ”

Tic atimma 1: Nong Ngec Ma Mitte

Gin ma attima: Tii ki kalam, gwet bokci ma Waco adaa. Iromo nwongo karatac eka ite coyo jami ni piny me wek ii poyo medo ki mede pwonyo timo ne.

	Ngo ma mitte ni itim	Timi	Pe itim
1	Ruk lawum wang ka itye ki danu ma pe bedo gang boti.		
2	Nywak kikopo, cuwan, kalam kalu, ki kalam ki lutino mukene ii gang kwan.		
3	Duny wii meja ni teki idonyo ii kilaci.		
4	Kwak kor eka ite moto cing danu weng ma irwatte kedgi.		
5	Yee mic kibot lutino mukene.		
6	Kwany lawum dogi ki wumi ka itye ii lok ii kilaci kede ka ngat moo petye ka ngiyo inne.		
7	Lwok cingi tyen mapol idye ceng.		
8	Wum dogi ki wumi tek itye ka jiiru onyo Oono.		
9	Kwan gin ma kimwono malu me angeya ikom kudi.		
10	Gwok boo piny ikin inne ki lutino mukene ii kilaci onyo woko.		

Lok manyen ki Lapeny ma Ngiyo kwo ni:



1. Nyukta anyen mene ma ipwonyo ki ii dodo ni?
2. Zara ki Mika gitimo gin ango me aa eka ote ryeny?
3. Anga mukene ma kilwongo pire ii ododo man?
4. Nga ma imaro maloyo Iyi ododo man bene pingo?
5. Jami adek mene ma ipwonyo ki ii ododo man?
6. Kwanu ododo man malongo, ka kwene ma ii buk man ma gudu kwo ni?

Tic atimma 2: Jami Mabeco tye Atimme

Jami ma ki cano piny kan obedo gaa mabeco matye ikin jami maber mtye katimme ii Paci ki lobo wa kadi bed ni kudi man oyelo wa.

Gin ma atimma: Kwan gi eka ite kato ki jami apar ma ineno onyo iwinyo ii kan ma ibedo iye.

Jami Abeco Tye Atimme

1 Timo tic ma peki Waco

Lutino dong gimaro timo gaa ki pacu kede ikin gangi.

2 Cakko cato wil

Lutino ki lunyodo tye ka yubu sanitija ki lawum wang; tero wa ii dogola gaa ma kiwilo ki ii super market, ka cato cem mu cek ki dukan yat two.

3 Pwonyere

Lupwonye tye ka miyo gin ma atiyo ii kilaci matye online; Iryonget ma pe jenge ikom gamente ki dul magi loyo tic gi apirgi poko jami ma akwana ki pwonyere bang lukin gang ma peke ki internet.

4 Kubu wat

Miyo kare bot dano ma igang; timo tuku ma yubu komi kare ki kare; Gwoko yotkomi, nwongo tye iye camo nyig yadi ki pot dek.

5 Yamo me Social media

Nywako ngec ma pirgi tek ii yamo me social media, tye iye bene lok ikom two wic.

6 Pwonye/Kwan

Lutino tiyo matek me culu kare ma orwenyo gini; kato ii peny gi ducu.

Tic atimma 3: Yenyo Coc

Gin ma atimma: Wok ki ii tuku me yenyo coc mukane ikin nyukta eka ite moyo coc gin pyero ariyo ma tye ikom COVID-19. Man romo bedo jami ma danu tye ka tic kwede me gengo kede cango kudi, onyo jami ma otye ka timo me ngi onyo coro kwo ki peko man.

A	C	O	V	I	D	1	9	O	V	I	R	U	S	O	M
C	O	X	G	Y	E	N	R	N	N	N	S	L	I	V	E
N	Y	C	A	O	M	E	D	I	C	I	N	E	O	I	N
Q	L	O	C	K	D	O	W	N	A	X	E	D	C	R	T
L	E	R	O	D	I	C	O	V	I	D	E	X	O	U	A
O	D	O	V	E	S	A	N	I	T	I	Z	E	R	S	L
C	M	N	I	D	T	Q	W	E	N	T	E	P	O	T	A
K	E	A	D	O	A	Z	O	O	M	G	L	U	N	O	T
D	D	O	I	K	N	C	B	N	U	I	V	J	A	B	S
O	I	E	S	O	C	I	A	L	S	N	I	Q	X	B	S
W	C	D	C	A	E	J	B	I	V	G	T	O	H	O	P
N	I	O	H	E	A	L	A	N	M	E	A	L	O	O	R
E	N	C	O	V	I	D	W	E	A	R	M	A	S	K	A
L	E	T	O	A	A	I	I	M	X	S	I	E	P	S	Y
E	S	O	K	C	S	S	T	E	A	M	N	O	I	O	E
A	X	R	K	C	D	T	O	L	O	M	I	N	T	R	R
F	A	S	T	I	F	A	B	E	D	O	A	S	A	L	T
Z	O	O	M	N	G	N	I	M	M	U	N	E	L	N	L
I	M	O	X	E	H	C	L	O	V	E	S	A	S	E	A
L	N	B	C	S	J	E	O	N	U	R	S	E	O	Q	N
T	V	I	T	A	M	I	N	S	Y	E	O	W	E	N	T



Tic atimma 4: Lapeny ki Agam Ikom Yat Agwera me COVID-19

Kwen ma kikwanyo iye: Africa Centres for Disease Control and Prevention (Africa CDC)

Gin ma atimma: Nong papara ki kalam eka ite coyo piny ngec magi ma pirgi tek tutwal ikom yat agwera kede agwera ii Uganda. Tim ber inywak ki wadi ki lurem.

Lapeny 1. Yat agwera ma tiyo nini?

Agam 1. Yat agwera tiyo kun bwolo komi me tamu ni onongo kudi man, te coro me cako lweny ikom kudi apire.

Lapeny 2. Yat agwera ne tye aber?

Agam 2. Yat agwera tye maber, pe keto ayela yela madwong ikomi, bene romo gwoko danu ikom kudi COVID-19. Ayela yela ma keto ikomi per ac tutwal bene romo keto ka aburu mogo anak macalo lyeto, arem kom, kede oolo.

Lapeny 3. Danu mene ma myero ocak nongo yat agwera man?

Agam 3. Lutic me yotkom myero kicak kwed gi me gwoko gi ki me gengo gi kobo two bot lutwo mameg gi. Danu mukene tye iye danu mutegi ki en ma tye ki peko me two mogo macalo two cukal. Medo ikom menu, danu mukene ma tiyo ki danu mapol calo lupwonye, ki danu ma tiyo ii dogtic ma miyo kony bot danu macalo bank myero otam pirgi.

Lapeny 4. Yat agwera nonge ii twong lobo weng?

Agam 4. Yat agwera tye nonge ii but lobo weng, ento pien petye maromo danu weng, peki romo gwero danu weng ikom kare ni. Miti tye me teto yat agwera pi danu weng ma gi mito.

Lapeny 5. Aromo juuko ruku mask teki kigwera?

Agam 5. Petye ngec muromo ikom awene ma opore me danu juuko ruku mask. Danu mu nongo agwera romo bedo ni onongo lagwok ikom nongo two, ento bene pud giromo nongo eka ote poko kudi bot danu mukene. Pore ni iruk mask ni ka itye ikin danu kede i gwok bor piny ikin inne ki danu mukene medo ki cik me gwokke ikom COVID matye.

Pi ngec mukene iromo nongo ii <https://africacda.org/download/question-and-answers-on-covid19-vaccine/>

Tic atimma 5: Pwoc Madit ki Coyo Lok Kwo Ni

Gin ma atimma: Kwany karee ka ite tammo pi jami 10 ma itye ki pwoc madit pire. Coo gi weng piny ii buk ni matidi onyo ii buk kwan. Tim kuman otyeno weng ma peru iwoto ii kabuto. Nywak ki lutino mukene me wek jami ango ma wun weng otye kede.

Tic atimma 6: An Abedo Anga?

Tic man akonyi kato ki lok mabeco ma iromo tic kwede me nyutu nga ma yin ibedo. Ka itmo kuman, tam peri obi dongo, eka inwongo tek cwiny ingeyo nga ma inne ibedo, pe gin ma danu mukene neno onyo waci.

Gin ma atimma: Odiku acel acel, ngiye ii wang maraya eka penye keni keni ni, "An abedo anga?" Eka ka ipeke ki maraya, tam iwi ni itye ingiye ii maraya.

Tic atimma 7: Tuku Pye ki Tyen Acel

Tii kede coka onyo maka, goo cal bokci abicel ii ngom eka ite cakko tuku. Pye ki tyen acel ma kilwongo ni Hop Hop Hope game.

Gin ma atimma: Ipye tyen abic ii tyeni acel, eka ite cung ityeni ariyo. Ka icung, iwaco jami ma imito bedo ka ceng ma ii dongo eka ite miyo pingo ne. Tuku man konyi bedo ki lek madongo, katu ki gin ma imito timmo ne, bene miyo boti gen pi anyim. En pingo kilwongo ni Hop Hop Hop Game.

Nen lapor piny kan:

Hop, hop, hop, hop, hop, an abedo daktar, bene gwoko kwo.

Hop, hop, hop, hop, hop, an abedo laco amut, bene acwalo woko amut mabeco.

Hop, hop, hop, hop, hop, an abedo ladwo dege, bene akonyo danu wot tunu ii twong piny.

Hop, hop, hop, hop, hop, an abedo toto, bene agwok lutino.

Hop, hop, hop, hop, hop, an abedo abili, bene agwoko cik.
Hop, hop, hop, hop, hop, an abedo akwo bongi aruka ii Africa, bene acato
tekwaro pa Africa ii wilobo.

Tic atimma 8: Wer Ki Lwod

Gin ma atimma: Kwan ite winyo wer ki lwod man, pwony eka ite wero nino ki
nino me wek omed boti kero me mako kwo ni icingi ite lek madit.

Wer pa Lawer manyen: Gupu pa Lek

Chorus:

An abedo lawer manyen; Papat na tye,
Aleko, ooh adaa an aleko, aleko pien abedo lawer manyen
Atye ki tek cwiny... an pe alwor
An a ile malu... me mako lakalatwe
Me nyutu teko pa Lek, Teko pa Leka.

Tyeng:

Ka wa tye ki niyee watwero timo nne
Nwongo ngo ma gonyo, me bedo agonya ite ile malu
Maloyo lek ma wa tammo ki iyi wa
Kom cwiny ngat acel acel, tye iye gi awura
Macoyo tam-mi, Loko dok madit
Lokko doko madi
Me nyutu teko pa lek, Teko pa Leka.

Chorus:

An abedo lawer manyen; Papat na tye
Aleko, ooh adaa an aleko, aleko pien abedo lawer manyen
Atye ki tek cwiny... an pe alwor
An a ile wa malu... me mako lakalatwe
Me nyutu teko pa Lek, Teko pa Leka.

Tyeng:

Ka wilobo miyo wa maber
Wa binu cung malu mabor
Anyira, awobe, ile malu
Wun aye lutino ma ikare ni... wilobo tye ka kuru wu
Wan wa loko wilobo
Wa tye ki teko me lek x2

Chorus:

An abedo lawer manyen; Papat na tye,
Aleko, ooh adaa an aleko, aleko pien abedo lawer manyen
Atye ki tek cwiny... an pe alwor
An a ile malu... me mako lakalatwe
Me nyutu teko pa Lek, Teko pa Leka.

An abedo lawer manyen; Papat na tye,
Aleko, ooh adaa an aleko, aleko pien abedo lawer manyen
Atye ki tek cwiny... an pe alwor
An a ile malu... me mako lakalatwe
Me nyutu teko pa Lek, Teko pa Leka.

LWOD – Aa malu ite Ryeny

An a'aa ate ryeny
Macalo ceng
An a'aa ate ryeny ate bedo kede Niyee ikoma pien manu aye lonyo ada
Ka piny olokke eka jami odoko tek
Amako cing ngat mo eka ate poko lero na
Macalo Ceng
An a'aa eka ate ryeny.

An a'aa ate ryeny ki tek cwiny,
Ka dwona mito ni ki winye
Pi nyig kodi me gen tye obutu iye
Eka iye
Abinu donyo yare kede teko
Ate ngiyo peko calo bolo tyen acel me cako dongo.

Abinu a'aa
Ate ryeny macalo ceng
Abinu ryeny ii aloka loka piny ducu
Pi pe tye gin mo, pe tye kare moo
Bot lacer ma nen papat calo an
An aryeny kun adire bot lek para
Amako kwo na
Atiyo ki teko me lek para me menyö tadoba mapol
Abinu loyo ii gin moo keken ma atimo
Ate weko kor tyena tek kan ma awoto iye.

An a'aa ate ryeny
Labongo keng, labongo jalo, kanyo can
Pi nwongo kwo aber ii gen ki cobbo
Binu weko abedo ki moka
Me ikare weng timo gin ma tye atira ki adaa
Pi an
Ki dano ma aparo pirgi
Danu ma acung pirgi.

An a aa ate ryeny
Kacel ki Jo Ot ki Lugang paraa
Pi bor piny mabor ma wa woto
Wot kacel
An a'aa wek watii kacel
Me wot calo lalanyo ne
Anwongo gin ma amito, atyeko ticca.

An aryeny me telo aloka loka
Me cakko ododo manyen pi Africa
Pi kwen ma wa aa ki iye kede ceko pa lutini Africa
An aryeny me telo aloka loka
Pi danu matye ki kwogo ki woro
Me tiyo tic para we weko lobo ni bedo ka ma ber kato me bedo iye
Lutino ma ikom kare ni
Ki ma obilubu
An a'aa eka ate ryeny.

Aa Malu Ite
RYENY

Tic atimma 9: Pyem Myel

Gin ma atimma: Winy wer pa Anyadwe, ite ngiyo myel ne. Dony ii pyem me myel kun ikato ite nywako myel moro keken ikin myeli wa ma watye kwede me tekwaro.

Tic atimma 10: Cikke ki Jale me Timo

Gin ma atimma: Coö jami adek ma ijale me timmo onyo cobo me piri, paco kede ikin gang me tic pi danu mukene. Nywak ki omeri, lameri, laremi, onyo lunyodo ni me konyi wek icob cikke ni. Apore, Ajale me kwanu buk acel nino ki nino pi dwete abicel mabinu.

An cikke me

Zara & Mika

Doro Alokalo ka Mabecu Ikin Gang

Dwon Lutino obedo ododo matye me pwonyo ki galowang pi lutino kun wok ki cwalo lok ma medo kero bot lutino me pwonyo kwo kede coro kwo ikare man ma piny tek kede me bedo labongo kwan medo ki too pa danu ii gang ikare me gemo COVID-19. ii yoo me ododo, buk man ki diiru cwalo woko ngec mapire tek ma pwonyo danu ki ngec kede ceko ma medo kero pa lutino me yubu, konyo, kede cukuru lutino mukene me doro book lok nwongo gi waco kwo gi.

Buk akwana man ocoyo ii Uganda bene cwali ii wot mapapat me yaro jami anyen, nyutu kwoni cem, lonyo me lobo, kwo ma jwi, kede tekwaro ma weko lobo Uganda ryeny kadi bed ni peki dwong. Inwongo pwonyo madwong ki yom cwiny kibot ceko pa lutino ,dodo me tekwin, kanyo can, gen, mito ngeyo, tic, ki cwiny gi me rwako lim cako biashara manyen. Buk man gudu ngo ma tye atimme ikwo ni, cung pi danu mapapat, ki rwatte ki tekwaro ma jwi ki kwo pa lutino ma jwi. Iyi buk man tye yuba ma ocung ikom timo jami me pwonyo lutino miyo boti jami tic, me wek gi cak timo gaa ma weko git ammo matut ki diiru me cobo peki ka gitye ii gang onyo ii cukul.

Dwon Lutino miyo jami tic ma dongo kero gi kanyo can me wek gi ngii ikom kwo ma kunyo, ngeyo kit me kwo ki tutte me coro kwo anyim. Buk man tye ki yuba ma miyo lutino gaa ma atima ma weko lutino timo jami ma weko gi ngak ka tam matut ki diiru cobbo peki ka gitye gang onyo ii cukul. Ododo magi rwatte ki tekwaro matye, kun nyutu kwo ii kin dano ii kabedo mapapat kwen ma apokapoka tye ikom lutino ma pirgi teko eka te nyutu apokapoka matye ikin lobbe mapol. Jami magi miyo lutino kare me ngeyo kwo kom gi, ngeyo danu, kede ngeyo kit me lok ki dano

DWON LUTINO kelo kacel gen ki dwon amedo kero ma lutino wa tye amito winyo. Caro lok me Africa Waco ni "ka iwoto keni, iwoto oyot, ka iwoto wunu kacel, uceto mabor" pwonyo lutino ki timo jami kacel. Lutino me Uganda tye ki cwiny me mara ki tic kacel, kit cwiny ma wilobo mito.

— **GERALDINE LAYBOURNE**, *Child Advocate kede President me Nickelodeon.*

"Obedo yom cwiny adwong me kwano Ododo ii Uganda ame Lutino owaco makwako kwo gi ki gin ango ma otimo jwi jwi. Ber tutwal me akwana pi lutino ma ii East Africa kede Wilobo. Wamito kwoni buki mmagi mapol me coyo kero pa lutino ma ikom kare ni ki iyi anyim!"

— **NISHA LIGON**, *Executive Producer me Akili and Me ki Ubongo Kids.*



ISBN 978-9913-9930-0-5

